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Jane Dennett

Deputy Principals:

Robin Chand
Alison Gambino
Carla Marchesin

School Captains:

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<https://www.facebook.com/killarahighschool.edu.au>

2016 Uniform Shop Opening Hours

The Uniform Shop will be open

9.00am – 12.00pm

Then every Friday during term time

8.00am – 12.00pm

Parent Information Evenings

Year 7

Tuesday 23 February

6.30pm

Kerrabee Hall

Chinese & Korean speaking parents

Tuesday 23 February

6.00pm

A Block Common Room

From the Principal

Parand shaves for a cure

On World Cancer Day, Parand Tajziehchi of Year 11 shaved her beautiful long hair to raise money for the Cancer Council. Researching a cure is very important to Parand, who was cheered on by the school as her head was shaved in the Quadrangle. So far, she has raised over \$3600. You can still donate to this important cause by going to:

<https://secure.cancercouncilfundraising.org.au/registant/FundraisingPage.aspx?RegistrationID=929314#&panel1-2>

Thank you, Parand. We are so very proud of you.

Assessment assistance

In 2016 we are changing the way we organise assessment of student learning at Killara High School. All common assessment tasks for students in all Stages will appear next week on the KHS online calendar for the entire year. Teachers have prioritised student wellbeing and consequently, there has been a significant reduction of the number of assessment tasks on any given day. In Stage 6, we have set a target of no more than two tasks for any student on any day. This goal has been mostly met in 2016, with two instances of a small number of students having three tasks on one day. In most cases, no student will have more than one task on any day.

Sharing the love on Valentine's Day

The Prefect Mufti Day on Friday 12 February saw our students raise a significant sum of money to support a recycling project in the school. Thank you, Prefects, for caring about this important issue, and thanks also to all those who participated.



Year 7 take to the country

Vision Valley at Arcadia was filled with the sound of excited people having a great time on the Year 7 Camp this week. Students and teachers braved very humid weather to climb, build, hike and swim, with the last activity being the most popular. Thank you Ms O'Donnell and Ms Andrews, and your team of teachers, and our Prefects and Peer Support leaders who came along to help welcome our newest students.

Touch team trounces Turramurra

Congratulations to the boys' touch football team, which was victorious against Turramurra High this week: 7 – 4.

24 million Australians plus two

We say goodbye for the moment to Ms Fionna Hrcka and Ms Catherine Berry, Visual Arts teachers, who have taken leave to prepare for the birth of their first children. We are looking forward to meeting your little ones, and wish you the very best.

Jane Dennett
Principal

Calendar

FEBRUARY 2016

23	Year 11 Studies of Religion Excursion
	Year 10, 11 & 12 Parent Information Evening 6.30pm – 8.30pm
24	P&C AGM
26	Year 7 Vaccinations
27	Year 11 Gold Duke of Edinburgh Practice (3 days)
29	Zone Swimming Carnival

MARCH 2016

6	Year 11 Jindabyne Camp (6 days)
14	School Tour 9.00am
15	Duke of Edinburgh Silver Information Evening 6.00pm
16	Year 11 Mock Interview Preparation Seminar P&C Meeting 7.00pm
17	Sydney North Secondary Schools Swimming Carnival
20	North Shore Schools Spectacular 2.00pm – 5.00pm
21	Year 11 Geography Excursion
22	Year 11 Mock Interviews
23	Year 9 Aboriginal Studies Excursion
25	Public Holiday - Good Friday
28	Public Holiday – Easter Monday
29	Athletics Carnival
30	Year 7 and 11 Student Progress Review Meetings (SPRM)

APRIL 2016

2	Year 10 Silver Duke of Edinburgh Practice (3 days)
3	CHSSA Swimming Carnival (3 days)
4	Year 11 Ancient History Excursion
5	Year 11 and Year 12 Visual Arts Excursion Bronze Duke of Edinburgh Information Evening 6.00pm
6	KHS Cross Country Carnival
7	Year 12 University/Scholarship Applications Master Class 2.00pm – 3.00pm
8	Year 11 PDHPE White Water Rafting Excursion Last Day of Term 1
25	Public Holiday - Anzac Day
26	School Development Day
27	Whole school returns Term 2

World Cancer Day

I am Parand, a student in Year 11 and I shaved my hair to raise funds for the Cancer Council on Thursday 4 February 2016, which was World Cancer Day. Unfortunately, the one person I was extremely excited to show my shaved head to, passed away from cancer in January. As heartbreaking as it is, there isn't much I can do about it other than trying my best to prevent others from feeling the pain and grief I experienced.

The idea of shaving my head in front of the entire school sounded rather nerve racking at first but the support and kind words I received from friends, students, and staff made it one of the best days of my life. With everyone's generosity, I managed to raise \$3,665 which will go towards research, prevention, and raising awareness. I really hope this money gets us a step closer to the day we celebrate the defeat of cancer!



Parand Tajziehchi
Year 11 Student

Green Years 2015 - Collection

The Green Years 2015 has arrived. If you paid last year for a copy of *The Green Years 2015*, each student will be provided a ticket of proof of purchase during their Home Group next week.

Students will then need to bring their ticket of proof of purchase to the Canteen COLA during lunchtime to collect their copy.

For any students with Year 12 2015 siblings or friends of Year 12 HSC students, please let them know to come up to school to collect their copy.

Chris Cigana
The Green Years Editor

Year 7 Parent Information Evening

Tuesday 23 February

6.30pm

Kerrabee Hall

There will be a short information session and an opportunity to meet key Year 7 personnel, including the Principal and Home Group teachers.

Refreshments will be provided

Parent Information Evening for Chinese and Korean Speaking Parents

We would like to invite Chinese or Korean speaking parents new to Killara High School to attend an information evening at Killara High School on Tuesday 23 February. An interpreter will be available to assist on the night.

Further information can be found on the school's website:

Tuesday 23 February 2016, 6.00pm – 7.30pm
Staff Common Room, A Block

Parking Infringements

Please be aware when parking of the double lines on the corner of Warrington Avenue, East Killara (off Koola Avenue), parking

infringements will incur a fine, so please take care to park elsewhere.

Carla Marchesin
Deputy Principal

Islamic Scripture

We are considering the inclusion of Islamic Scripture in our current SRE program. We currently offer the following religions: Protestant, Catholic, Jewish and Bahai.

If you are interested in your child/ren being part of this, please send me an email on:

carla.marchesin@det.nsw.edu.au

Carla Marchesin
Deputy Principal

Laura Morison: Resilience, determination and passion for Taekwondo

Killara High School would like to congratulate Laura Morison on her outstanding achievements in the sport of Taekwondo to date. Laura's accomplishments fit within a broader narrative that showcases her resilience, determination and passion for Taekwondo. Laura has been fortunate to have had opportunities to travel, meet people and to be ranked at number one in Australia for two years in 2012 and 2013.

Laura qualified for and attended Junior Worlds where she competed in Junior Olympic Trials held in Taiwan.

One of Laura's greatest highlights has been attending a prestigious ceremony for past and present Olympic Champions and recipients of nominated awards. They were inducted into the 2013 Taekwondo Hall of Fame at South Point Casino, Las Vegas, Nevada, USA. Laura was invited to attend and be presented with a Youth Excellence Award Australia in recognition of her outstanding achievements. In 2015, Laura competed in the US Open Competition in Florida, received a Kukkiwon Certificate for 3rd Dan Black belt from Korea and a gold medal in her last competition as a junior at the Oceania Taekwondo Tournament in Canberra.

Laura also upgraded her referee accreditation to an N2. This has given her opportunities to be involved in Taekwondo in a different role, when she hasn't had the time to train up at the level of hours needed to compete in a competition.

In 2016, Laura now continues to train and maintain fitness, technique and flexibility. She will try to achieve a balance to meet the commitments needed to complete Year 12.

Laura has inspired many people within the Killara High School community through her sustained diligence. To help other students achieve their potential, Laura has offered to mentor younger students within the school. We congratulate Laura on her achievements and wish her the very best.

Robin Chand
Deputy Principal



Performing Arts Calendar

Term 1, 2016			
Week	Term 1		
8	Sun 20 March	Mixed ensembles Yr7, CB1, CB2, SB1, SB2, Strings	North Shore Schools Spectacular/Chatswood RSL 2.00pm – 5.00pm
11	Wed 6 to Thurs 7 April	MADD Vocal and Strings	KHS 7.00pm – 9.00pm

Expressions of interest are invited for the position of HSC Presiding Officer at Killara High School 2016

The Board of Studies, Teaching and Educational Standards (BOSTES) requires that the supervision of the Higher School Certificate (HSC) examinations is managed by a Presiding Officer, supported by other supervising staff. Killara High School is inviting expressions of interest for the role of Presiding Officer.

The 2016 HSC examinations will commence on Thursday, 13 October and conclude on Friday, 4 November. To be eligible for the role of Presiding Officer, you must be available for duty throughout the HSC examination period and attend briefing sessions with the BOSTES.

BOSTES will pay the Presiding Officer.

Presiding Officers are employed by BOSTES and work closely with the Principal to ensure that the examinations are conducted correctly. It is very important for BOSTES, for the school and for students that the Presiding Officer is – and is seen to be – a person of the highest ethical standards, who is able to maintain the integrity of the examinations. It is essential that the Presiding Officer does not have close relationships with any students undertaking HSC examinations in 2016, or a relationship with the school that could be perceived as compromising the security of the examinations or the Presiding Officer's impartiality in the conduct of the examinations. During the role, the Presiding Officer must maintain the highest level of confidentiality at all times.

The Presiding Officer needs to be well-organised, show good attention to detail, and be able to manage students and effectively organise and supervise their examination supervisors

Responsibilities of Presiding Officers

- Liaising with the Principal regarding preparation for the examinations.
- Conducting the examinations in accordance with BOSTES' rules.
- Managing the supervisors, including organising rosters, informing the staff of

their responsibilities and overseeing performance.

- Dispatching completed examination scripts as per BOSTES' instructions.
- Conduct a briefing session with HSC students at our school in Term 4

Restrictions on eligibility for employment

- A person who has a child or near relative (including siblings, grandchildren, nieces, nephews or first cousins) sitting for the 2016 HSC examinations at any examination centre cannot be appointed as Presiding Officer.
- A person with a child in Year 11 in 2016 cannot apply.
- A person tutoring students sitting the 2016 HSC examinations cannot be a Presiding Officer.
- As a condition of employment, all involved in examination supervision must obtain a Working with Children Check (WWCC) clearance or have existing clearance with BOSTES.
- Presiding Officers must have access to private transport, and the vehicle used must be covered by a comprehensive motor vehicle insurance policy.

If, after reading this outline of duties, you are interested in applying for the position of Presiding Officer at Killara High School for 2016, please submit an expression of interest that is no longer than one page to Mr Robin Chand, Deputy Principal via email at robin.chand@det.nsw.edu.au.

If you have any questions about this role, please contact Mr Robin Chand by phone on (02) 9498 3722.

Expressions of interest should be submitted as soon as possible.

Robin Chand
Deputy Principal

From the Counsellors

To all parents of Years 11 and 12 students

You are cordially invited to join members of Killara High School's Wellbeing team for a special evening presentation.

Topic: Surviving the 'senior' years – setting sights for success, managing stress and trouble-shooting when the going gets tough.

Presenter: Lydia Senediak, clinical psychologist and locally-based practitioner

Date: Tuesday, 23 February – Week 5
Time: 6.30pm - 8.00pm
Venue: Kerrabee Theatre

Please join us for an informative evening, followed by general discussion/question and answer and a chance to informally meet with some of the teachers supporting your child at school.

Emmy Druce and Serge Boyakovsky
School Counsellors

The BRAVE Program.

BRAVE Self-Help is an online program for the prevention, early intervention, and treatment of youth anxiety. It was developed at The University of Queensland by experts in youth anxiety and has now been running for over 14 years throughout Australia. The program is fun, interactive, based on cognitive-behavioural principles and has been found to be effective in reducing anxiety in children and adolescents. It has helped hundreds of children experiencing social anxiety, shyness, separation anxiety, phobias and general worries. **BRAVE Self-Help is now available to use at home for free** due to the support of *beyondblue*. Any Australian young people who would like help with anxiety can access the self-help program via <https://brave4you.psy.uq.edu.au/>. The program can be accessed through any computer or tablet device, at any time and includes up to 10 sessions for youth. Parents can also take part in a separate parent program to learn ways of helping their child or teenagers manage anxiety. Teachers, young people and parents can also find out more about the program or take a trial or any of the programs through the BRAVE website.





FREE ONLINE SELF-HELP PROGRAM AVAILABLE FOR YOUNG PEOPLE WITH ANXIETY!

Anxiety is an extremely common problem that affects people of all ages. Although anxiety is completely normal at times, it becomes a problem when it starts to interfere with a young person's happiness, stops them from doing things, or interferes with social, emotional and behavioural development.

The BRAVE Program is an online program for the prevention and treatment of anxiety in young people and was developed by a team of researchers from the University of Queensland, Griffith University and The University of Southern Queensland. The BRAVE Program is based on cognitive-behavioural therapy and has been running for over 14 years in Australia.

The BRAVE team have now teamed up with *beyondblue* to offer BRAVE as a self-directed therapy program (BRAVE Self-Help), which has been available to all Australian young people and parents since 2014.

There are several different types of anxiety, all of which have distinct signs in young people. For example, some young people with anxiety may worry about meeting new people, being away from home, performing in front of others or even about current global events. Other children and teenagers worry about very specific situations (such as schoolwork, getting injections or flying on planes) and others just seem to be worrying about something all the time. BRAVE Self-Help is suitable for children and teenagers with any of these types of anxiety or worries.

BRAVE is an innovative program that allows young people, and parents of young people, to be proactive and seek assistance through the comfort of their own home.

All you need is access to a computer and the internet. The results of previous trials show that many people completing the online program show significant improvements in their anxiety and are able to overcome many of their worries.

For children and teenagers, the program includes up to 10, online sessions (that take between 30-60 minutes to complete), and 2 additional booster sessions which individuals can access if they need a refresher.



Parents can complete the program together with, or independently of, their child and this program includes up to 6 sessions plus 2 booster sessions if needed. Not everyone will need to do all sessions and participants can come back at any time for refreshers. The program is fun, interactive and can be completed at your own pace.



If you would like to access this innovative program, you can do so by visiting www.brave4you.psy.uq.edu.au or registering through the *beyondblue* website www.beyondblue.com.au

For more information please visit our Facebook page (<https://www.facebook.com/braveforanxiety>).



From the Library

New fiction in detail:

Baillie, Allan. **The China coin**

Leah travels across China with her mum, in search of long-lost relatives and the answer to an ancient mystery. Grieving for her father, she feels increasingly distanced from her mother. But soon the unfolding terror of Tiananmen Square will draw mother and daughter back together in the most drastic way possible.

Baldacci, David. **The Keeper**

The sequel to the bestselling *The Finisher*, Vega Jane was always told no one could leave the town of Wormwood. She was told there was nothing outside but the Quag, a wilderness filled with danger and death. She believed it until one night she stumbled across a secret which proved that everything she knew was a lie.

Brooks, Geraldine. **The secret chord**

A unique and vivid novel, that retells the story of King David's extraordinary rise to power and fall from grace. David is the first man in literature whose story is told in detail from early childhood to extreme old age.

Paul Collins, Paul (ed.) **Rich & rare**

A collection of Australian stories, poetry and artwork – from humour to horror, thriller to fantasy – encompassing the past, the present and the future.

Courtenay, Bryce. **The power of one**

Bryce Courtenay's classic bestseller is a story of the triumph of the human spirit – a spellbinding tale for all ages.

French, Jackie. **The ghost by the Billabong**

At Gibbler's Creek, Jed Kelly sees ghosts, from the past and future, at the Drinkwater billabong where long ago the swaggie leaped to his defiant death.

Harris, Robert. **Dictator**

Riveting and tumultuous, *Dictator* encompasses some of the most epic events in human history yet is also an intimate portrait of a brilliant, flawed, frequent fearful yet ultimately brave man – Cicero, a hero for his time and for ours. This is an unforgettable tour de force from a master storyteller.

Joyce, Rachel. **The Unlikely Pilgrimage of Harold Fry**

When Harold Fry leaves home one morning to post a letter, with his wife hovering upstairs, he has no idea that he is about to walk from one end of the country to the other. He has no hiking boots or map, no compass, waterproof jacket or mobile phone. All he knows is that he must keep walking to save someone else's life.

Joyce, Rachel. **The love song of Miss Queenie Hennessy**

When Queenie discovers Harold is walking the length of England to save her, and that all she must do is wait, she is shocked. Her note to him explained she was dying. How can she wait?

Kagawa, Julie. **The Iron Warrior**

This third instalment in *The Fey* series. Waking from the brink of death, Ethan Chase is stunned to learn that the veil that conceals the fey from human sight was temporarily torn away. Ethan's enemies must become his allies, and the world of the fey will be changed forevermore.

Kiernan, Celine. **The Moorehawke Trilogy, The Poison Throne**

Fifteen year old Wynter Moorehawke – 'Protector Lady', qualified girl apprentice in a man's trade, former King's Cat Keeper and feisty heroine of *The Moorehawke Trilogy*.

Set in a fantastical medieval Europe, *The Poison Throne* is a compelling tale of court intrigue, romance and adventure.

Lagercrantz, David. **The Girl in the Spider's Web**

Lisbeth Salander is back! The Millennium series continues! Lisbeth and Mikael Blomkvist have not been in touch for some time. It seems Salander is a target of ruthless cyber gangsters and a violent criminal conspiracy that will very soon bring terror to the snowbound streets of Stockholm, To the Millennium team and to Blomkvist and Salander themselves.

Riordan, Rick. **Percy Jackson and the Last Olympian**

Most people get presents on their sixteenth birthday, I get a prophecy that could save or destroy the world...NO PRESSURE. The dreaded monster Typhon is also heading our way. So it's me and forty of my demigod friends verses untold evil...

New non-fiction in detail:

Koenig, Cheryl. **With just one suitcase**
Romania 1938: two boys – one Jewish, one Catholic – fatefully meet. This is the story of two parallel journeys; of loss, survival, resilience and daring; and the triumph of love and reconnection in Australia.

Sayer, Rosemary. **More to the story**
Look beyond the negative reports, political speeches and fear-mongering statistics to tell human stories of refugees and asylum seekers in Australia. A powerful, moving and inspiring account of human resilience that every Australian should read.

Smith, Bradley. **The dingo debate**

Explores the intriguing and relatively unknown story of Australia's most controversial animal.

Smith, Garry and Scott, Jennifer. **Living cities, an urban myth?**

This book is about government and public approaches to sustainable development in Australia, documenting the current inability of governments in Australia to address persistent urban environmental problems.

Zaslavsky, Alice. **Alice's Food A-Z**

Packed to the brim with funny food facts, clever cooking tips and kid-friendly recipes, this is the book for those who like to mess about in the kitchen.

Karen Jones and Francie Campbell
Teacher-Librarians

Careers Corner

NEW CHANGES AT THE UNIVERSITY OF SYDNEY

University of Sydney: Introduction of Mathematics Prerequisite

The University of Sydney will introduce a mathematics prerequisite for some courses in **2019**. The courses that will have the prerequisite will be listed in **UAC's 2016 Year 10 guide**.

<http://sydney.edu.au/news-opinion/news/2016/02/01/mathematics-to-become-a-prerequisite-for-university-of-sydney-ad.html>

See this link for the list of courses affected:

<http://sydney.edu.au/study/admissions/apply/entry-requirements/undergraduate-academic-requirements/mathematics-prerequisite.html>

Like Mhscareers' Facebook Page

Click the Like Button on www.mhscareers.com or <https://www.facebook.com/mhscareers> to make sure that you don't miss late breaking news.

Universities

La Trobe University: Sydney Campus Information Session

18 February 2016, 6:00pm to 7:00pm, Level 10, 11 York Street, Sydney NSW, 2000

The information session is targeted at prospective students and families and will include information regarding courses, different opportunities at the university and student support services.

<http://www.latrobe.edu.au/sydney/info-session>

Health Graduates' Statistics

Starting salaries & employment rate.

<https://www.myhealthcareer.com.au/health-industry/employment-and-starting-salaries-2015-gradstats>

CSU: Religious Short Film Prize Entries Close 26 February 2016

Entries for the Australian religious short film competition close 26 February. Films must be no longer than 8 minutes and may be in any form.

<http://news.csu.edu.au/latest-news/religion-and-ethics/entries-called-for-religious-short-film-prize>

UNSW Engineering: Through engineers' eyes: engineering mechanics by experiment, analysis and design

18 April 2016, 12.00pm

This free online course will provide information on the techniques of engineering mechanics as well as use the theory to interpret experiment and designs. The course consists of four hours per week over a seven week period.

<https://www.engineering.unsw.edu.au/all-events/free-online-course-through-engineers-eyes-engineering-mechanics-by-experiment-analysis>

University of the Arts London: Sydney Visit

16 to 25 February, 2016

For those interested in studying at University of the Arts London, staff will be available in Australia. To organise school visits email:

ual@bcic.co.uk

<http://www.arts.ac.uk/study-at-ual/international/your-country/australia/>

Apprenticeships and Traineeships Information

This NSW Government run website provides information on apprenticeships and traineeships. There are also links to further information on apprenticeship providers, rules and regulations, financial help, school based apprenticeships and many more relevant topics.

https://www.training.nsw.gov.au/individuals/apprenticeships_traineeships/index.html

Le Cordon Bleu Chef Demonstrations

Le Cordon Bleu will be providing chef demonstrations to Schools in NSW in 2016.

The Sydney Campus will also be holding after hour tours at 6 pm every second Tuesday.

Please contact Terry Patriarca
tpatriarca@cordonbleu.edu T. 0428 546663
<http://www.cordonbleu.edu/sydney/home/en>

NSW Country Apprentice Scholarship

The scholarship is available to individuals in the country undertaking an apprenticeship. It is valued at up to \$15 000, with ten scholarships awarded each year. Nominations for the scholarship involve obtaining a supporting statement from an employer.

http://www.illawarra.tafensw.edu.au/support-for-students/scholarships/*41*

Barista Training

16 February 2016, 9.00am to 4.00pm, Cliff Noble Community Centre, Corner of Renwick and Suttor Streets, Alexandria

The training is aimed at 16 to 24 year olds. It will provide skills for those looking for part or full time work in a café. The course covers types of coffee and maintenance and cleaning of coffee machines.

Phone: 02 8512 8771

<https://whatson.cityofsydney.nsw.gov.au/events/barista-training-for-16-24-year-olds>

Chef Apprenticeship Positions Available

There are apprenticeship positions for school based and full-time apprenticeships with HTN.

Positions are available in the Greater Sydney region.

Email: recruitment@htn.com.au or

Call: 1300 139 108

Private Colleges

Macleay College: 2016 Scholarship Applications Close

19 February 2016

Two scholarships are available to students. One for a student enrolled in a Business program and another for a student enrolled in an Advertising

and Media program. Each individual scholarship is valued at \$5000.

<https://macleay.edu.au/future-students/scholarships-financial-assistance>

William Angliss Institute Trial-a-trade

12 April 2016, 10.00am – 12.00pm

Trial-a-trade provides prospective students with the opportunity to have a hands-on experience of any of the following areas: chefs, patissiers, barristers and those interested in travel, events and hospitality.

<http://www.angliss.edu.au/register-for-trial-a-trade>

Sydney Aviators Open Days

13 March, 12 June, and 18 September 2016, from 8:30am

The days will include Trial Introductory flights, presentations on obtaining a private pilot licence, BBQ lunch and chats with the instructors.

<http://www.sydneyaviators.com.au/Course.aspx?pid=129>

AIE VET in Schools

AIE's VET in Schools and Certificate courses are commencing once again in February for students in years 10 to 12. These courses are a great way for students to learn the fundamental skills in Animation, Game Art, Game Design and Game Programming. Courses are run in the evenings or the school holidays.

For more information:

<http://www.aie.edu.au/shortcourses> or contact 02 8541 8800

JMC Academy Open Day

30 April 2016, 10:30am to 2:30pm

The open day includes tours, overview of courses prospective students may be interested in, and to listen and view current students work.

[http://www.jmcacademy.edu.au/events/open-days/register-for-our-next-open-day-2016-\(1\)](http://www.jmcacademy.edu.au/events/open-days/register-for-our-next-open-day-2016-(1))

Basair Aviation College

Basair Aviation College runs monthly seminars in Sydney, Brisbane and the Hunter Valley. Learn more about a career in aviation and the benefits Basair can provide for your training as a commercial pilot.

Sydney: 16 February and 23 March

Newcastle: 15 March

Central Coast: 16 March

Brisbane: 22 February and 30 March

See all of the dates:

<http://www.basair.com.au/events-form>

Sydney Design School

If you're passionate about becoming an Interior Designer or Interior Decorator then we invite you to come into our studios to learn more.

Information Session

Wednesday 23 March- 6pm

Level 2, 40 Oxley Street, St Leonards

Register online:

<http://sydneydesignschool.com.au/info-sessions/>

2 Day Interior Decoration Masterclass on 19 & 20 April 2016 for Career Advisors.

9.30am – 4.00pm each day. Cost: \$330

T02 9437 1902 or

info@sydneydesignschool.com.au

Makeup School Sydney

Makeup School Sydney offers an accredited course for students to take while they are still at school.

T 0413 755 299 or

enquiries@makeupschoolsydney.com.au

<http://www.makeupschoolsydney.com.au/>

Barista4Schools Training TAFE NSW

Only \$110.00 per person at **The Sydney Coffee Academy, Ryde.**

Phone: +61 2 9448 6140

Email: sydneycoffeeacademy@tafensw.edu.au

<http://www.nsi.tafensw.edu.au/sca/index.html>

Other News

National Youth Science Forum 2017

The National Youth Science Forum (NYSF) is a 12 day residential program for students entering year 12 who are passionate about science, technology, engineering and maths.

2017 Session Dates

- Session A Canberra
- Monday 2 – Saturday 14 January 2017
- Session C Canberra
- Monday 16 – Saturday 28 January 2017

Expressions of interest open 1 March 2016.

<http://www.nysf.edu.au/>

Defence Jobs Australia Information Sessions

Online – 11 February, Submariners Facebook Q and A

Various information sessions are run about the job opportunities the Defence Force provides ranging from Army Reserve information to Submariner and Aviation Careers.

<https://www.facebook.com/DefenceJobsAustralia/events>

The Horizon: Scholarship Applications Close

19 February 2016

This scholarship is for young people interested in agriculture and about to start a degree in

agriculture. The scholarship will be awarded based on commitment to a future career in agriculture. It includes a \$5000 bursary per year as well as professional development and work placement.

<http://www.rirdc.gov.au/research-programs/rural-people-issues/horizon-scholarship>

Bradman Scholarship: Applications Close

28th February 2016

For a commencing university student, this scholarship is awarded based on academic, sporting (cricket), personal and social skills. The scholarship is \$5000 per annum for the successful applicant.

<http://www.bradman.com.au/bradman-scholarship/>

Student Exchange Australia New Zealand Information Sessions

Sydney – 2 March, 24 March, 4 May, 21 July, 14 September and 13 October 2016, Adina Apartment Hotel Sydney, Cnr Kent and Bathurst Streets, Sydney, CBD

The Student Exchange Information Sessions are a chance to have questions about the program addressed, hear further information about the programs offered, and meet others who are considering the exchange programs.

<http://studentexchange.org.au/info-sessions/in-person-city-sessions>

Lawstuff

This website provides legal information, specifically targeted at children and young people. Some of the main topics covered include bullying, school stuff, sex, love and health, the law, at home and on the job. There is also a further Lawmail service for those under 18 years of age.

http://www.lawstuff.org.au/nsw_law/topics/

The Sydney Water Family Program

13, 20 and 27 February 2016, 3.00pm to 5.00pm, Paddington Reservoir Gardens, 251-255 Oxford Street, Paddington

There will be two different sessions, the first being water science, with a focus on how water is transported from catchments to taps. The second, Water Testing, will provide an opportunity to undertake experiments in the Water Lab.

<https://whatson.cityofsydney.nsw.gov.au/events/the-sydney-water-family-program>

ADFA Education Award: Applications Close 28 February

The Australian Defence Force Academy (ADFA) Education Award is presented annually to Year

12 students in recognition of leadership potential, and academic and sporting achievements exhibited during Year 11. You need to submit an application prior to 28 February in the year you undertake Year 12. However, you are encouraged to apply in Year 11. Applications open for this year's Year 11 students on 1 May.

<http://www.defencejobs.gov.au/education/adfa/howToApply/educationAward.aspx>

Real Estate Certificate of Registration Course

Launch your real estate career in the best possible way by completing the Getting Started Essentials - Certificate of Registration Course.

http://www.reinsw.com.au/imis15_prod/Web/Training/Certificate_of_Registration/Getting_Started_Essentials_Certificate_of_Registration_Course_schedule.aspx

Careers Advisors Association Free Professional Development Seminars

27 June 2016, 9:30am to 2:30pm, S P Jain School of Global Management, 5 Figtree Drive, Sydney Olympic Park.

The Seminar is focused on communication, leadership and diversity. It includes panel discussion, with Q and A as well as specific seminars on the labour market and career pathways. The event is free for CAA members.

http://www.caa.nsw.edu.au/event_view.php?event_id=2198

Myfuture

This website provides information on careers and courses. There are options to read case studies for different careers, browse companies, build a career profile based on interests and skills and information on various industries.

<http://myfuture.edu.au/>

Women in The Arts

1.00pm – 3.00pm, 20 February 2016, Verge Gallery, Jane Foss Russell Plaza, City Road, Darlington.

Five women in different areas of professional practice will give brief talks on their most valuable resources and methods of collaboration in the arts landscape, followed by an opportunity for discussion, debate and sharing.

<https://whatson.cityofsydney.nsw.gov.au/events/women-in-the-arts>

Hotel Career Expo

16 May 2016, 10.00am to 6.00pm, Intercontinental Sydney Hotel, 117 Macquarie Street, Sydney

Information about the various careers available in the hotel industry. The day will include exhibitions, seminar sessions and panel

discussions. Careers in the hotel industry include IT, marketing, commerce, finance and more.

<http://hotelcareerexpo.com.au>

Sydney Royal Easter Show School Sessions & Volunteering

17 to 30 March 2016

The school program has educational programs for the following areas in primary, English and science. In secondary there are programs for agriculture, textiles, science and design and technology.

<http://www.eastershow.com.au/teacher-resources/sydney-royal-easter-show-schools-program/school-sessions-and-itineraries/>

Volunteering has closed for the 2016 show. If you are interested in volunteering at next year's show then express your interest today!

<http://www.eastershow.com.au/about-us/volunteering/>

Clinical Coding Careers

Clinical coders convert information from patients' medical records into alphanumeric codes. Clinical coders must have an excellent attention to detail in order to produce high levels of accuracy. They must also have a comprehensive knowledge of medical terminology.

<http://www.himaa2.org.au/education/>

Jobs of Tomorrow Scholarships

The NSW Government is offering Jobs of Tomorrow Scholarships to students undertaking selected government-subsidised qualifications on the NSW Skills List in areas related to science, technology, engineering or mathematics (STEM). Students who commence training in one of these qualifications on or after 1 January 2016 with an approved Smart and Skilled training provider are eligible to apply for a Jobs of Tomorrow Scholarship worth \$1,000.

https://www.training.nsw.gov.au/news/articles/jobs_of_tomorrow.html

Correction: Cultural Care Au Pair Information Session

The Cultural Care Au Pair Information Sessions, from last week's news (1 February 2016), are in fact not online. Please find information on the locations below.

Sydney: 10.00am 20 February 2016

<http://culturalcare.com.au/join-info-meeting/>

For further information on any of the above or for general inquiries please contact the careers office.

Sophie Allen and Jasmine Crewe
Careers Advisers



GORDON SOCCER CLUB 2016

www.gordonsoccerclub.com.au

Gordon Soccer Club has been providing a game for players in our local community for over 50 years.

Team registration is available for ALL age groups:

- ✓ U06 to U18, mixed (boys & girls) teams,
- ✓ (MAA) Men's All Age teams,
- ✓ (WAA) Women's All Age teams, and
- ✓ (M35) Men's over 35 and (M45) Men's over 45 teams.

For registration enquiries please email registrar@gordonsoccerclub.com.au.



Registrations are now open and close on Friday 19th February!

Please keep an eye on our website www.gordonsoccerclub.com.au

- Match times for Under 6 to Under 13 are Saturday mornings from 2nd April to 20th August, 2016
- U6 & U7 age groups are friend oriented and ungraded
- U8 and above age group are graded and teams are formed according to grading results & match play (play with friends not guaranteed)
- Grading Day is Sunday 21st February at Gordon East School Oval – please see our website for more details.

Want more information?

Come along to GSC Information Day: Saturday, 6th February, 11am-2pm at Gordon Centre Shops

or email The Registrar: registrar@gordonsoccerclub.com.au

Play soccer in 2016 and be part of a great local community!!



Dealing with Teen's Back Chat!!



PARENTS OF TEENS OR ALMOST TEENS

"Learn how to restore a respectful and positive relationship between you and your teen"

Topics include:

- Similarities & differences between being a teenager today & their parent's day
- What it is like being a teenager in this fast paced & competitive world
- Assertiveness skills to deal with teen's behaviour, set boundaries & consequences
- Listening skills to find out what is going on in our teenager's world & support them

VENUE: Chatswood Community Health Centre
57 Hercules St, Chatswood

DATES: Tuesday 23 February 2016

TIME: 7.00pm – 9.30pm

COST: \$50pp

PLEASE PHONE 8877 5152 TO BOOK YOUR PLACE IN THIS WORKSHOP

www.nslhd.health.nsw.gov.au/Services/CAP

This workshop will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District



Health
Northern Sydney
Local Health District

Come for a Walk or Run!

THE
KURINGGAI CHASE
AND BARRY EASY WALK

FOR



Special Olympics
Sydney Upper North Shore

Claude Cameron Grove, Wahroonga
Cnr Kintore St & Westbrook Ave

Starting 9am on Sunday the 13th of March 2016

The 4.5km Barry Easy Walk
Or
The 9km Kuringgai Chase Run

For registrations, donations and more information:

www.kuringgaichase.com.au

Join us for entertainment and a sausage sizzle afterwards
A shuttle bus will run from Turramurra Station from 7:45am



With thanks to our sponsors:



Do you want to make a difference in the life of a child?



Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0-18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required. Aboriginal and Torres Strait Islander people are encouraged to apply.

All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 02 9765 5000 or email fosteringwithfac@fac.nsw.gov.au



Family & Community Services



Can you sing in tune? Find yourself tapping your feet to songs on the radio? Got a little bit of X, Y or Z factor? Perhaps you'd like to join our local choir!

Challis Singers is a non-auditioning choir that performs one major concert each year, as well as singing at other local community events. This year our concert (in August) will be a "chorister's choice" and will feature a wide range of music, from classical to current pop songs.

We rehearse on Monday nights in Turramurra from 7.30pm - 9.45pm.

We welcome any new members, men or women.

We will also be looking for children to join us for our August concert. Children will need to attend (probably) our Sunday afternoon rehearsals and one dress rehearsal – details of rehearsals are yet to be developed.

Contact Isabel Palethorpe on [0408 217 187](tel:0408217187) or register your interest via our website: www.challissingers.org.au

RUN FOREST RUN
FORESTVILLE FUN RUN & FAIR

RUNNERS, JOGGERS & WALKERS
FORESTVILLE'S OWN LOCAL FUN RUN IS BACK!

**SUNDAY
MARCH 20**

2KM 5KM 10KM

KIDS
COMPETE TO HELP YOUR
SCHOOL BRING HOME THE
PRIMARY SCHOOL TROPHY!

ALL KIDS
COMPLETING
THE EVENT
RECEIVE A
MEDAL

FAMILY FRIENDLY EVENT
AFTER THE RUN STAY FOR THE FAIR!
FOOD - ACTIVITIES - STALLS
GREAT PRIZES TO BE WON!

FREE EVENT T-SHIRT
WITH EARLY BIRD REGISTRATION

REGISTER NOW!

runforestrun.com.au

STALLS AVAILABLE - SEE WEBSITE FOR MORE INFO
PROUDLY SUPPORTING
FORESTVILLE PUBLIC SCHOOL

TUNING IN TO TEENS
EMOTIONALLY INTELLIGENT PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: Chatswood Community Health Centre
57 Hercules St, Chatswood
DATES: Tuesdays 1 March - 29 March (5 sessions)
TIME: 7.00pm - 9.30pm
COST: \$175pp (Concession \$150)

PLEASE PHONE 8877 5152 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District

 Health
Northern Sydney
Local Health District
www.nslhd.health.nsw.gov.au/Services/CAP

6 weeks
recording and production
workshop

Ku-ring-gai Youth Services

Fridays 26 February - 1 April
6pm - 8pm (6 Fridays)
The Fitz Recording Studio at The Fitz Youth Centre
St Ives Community Hall, Memorial Ave, St Ives

Learn the art of studio sound recording and music/audio production processes. During the six-week course you'll use the latest hardware and software available in our dedicated studio facility.

Bring an instrument or add your vocals to jam with the group and create a track from scratch! All levels welcome.

12-18 YEARS

COST: \$60 - Spaces are limited so get in early!
BOOKINGS ESSENTIAL. P: 9424 0981 E: youth@kmc.nsw.gov.au
DON'T FORGET! Fill out the consent form on the back of this flyer!

kmc.nsw.gov.au/youth  [kcouthservices](https://www.facebook.com/kcouthservices)

Ku-ring-gai Council and the RMS (formerly RTA) are running a **FREE** practical workshop specifically for the **supervisors of learner drivers only**, (not appropriate for the learner) on how to help learner drivers become safer drivers.

**On Wednesday 9 March 2016 6:30pm – 8.30pm at the Ku-ring-gai Council Chambers
Level 3, 818 Pacific Highway, Gordon**

Early bookings are essential

Contact Council on **9424 0798** now to reserve your place



The workshop will provide information about:

- Completing the *Learner Driver log book*.
- Recent changes to the GLS.
- The new RMS SAFER DRIVERS COURSE.
- The current laws and restriction for L and P licence holders.
- Supervising learner drivers and young driver road safety issues.
- The benefits of supervised on-road driving experience.