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Friday, 2 December 2016

**Principal**: Jane Dennett

#### **Deputy Principals:**

Robin Chand Alison Gambino Carla Marchesin

#### School Captains:

Scarlett Cheesman Matthew Lee

#### Address:

Koola Avenue Killara NSW 2071

#### Telephone:

9498 3722

#### Fax:

9498 2202

#### General Email:

killara-h.school@det.nsw.edu.au

#### Newsletter Email:

newsletter@khs.nsw.edu.au

#### Website:

www.killara-h.schools.nsw.edu.au

#### Facebook:

https://www.facebook.com/killarahighschool.edu.au

### Congratulations

Hannah Mackay, who is performing in the youth production of CATS the musical during January at the Concourse in Chatswood.

For tickets go to:

http://theconcourse.com.au/cats/

and

Georgia Hodges in Year 7 who attended the National Ice Skating Championships and participated in synchronised figure skating. Georgia's doubles team mixed age and novice place 3rd, and this placed her 3rd in Australia at this skating level.

### **Schools Spectacular**

The *Schools Spectacular* is an outstanding showcase of the talent in NSW public schools. In terms of sheer size, scale and scope, the *Schools Spectacular* is unequalled in the world with a 2700-strong choir, 2300 diverse dancers, an 80-piece symphony orchestra, a world-class stage band and a huge number of outstanding solo performers.

On Friday 25 November, a whopping 5,500 New South Wales school students, including 19 Killara High School students, took part in a historic moment when they set a Guinness World Records title, in Sydney. Congratulations to the following students: Lucy Allen, Dion Aryana, Taylor Beale, Elise Bergersen, Leah Berry, Anna Chandler, Luka Djordjevic, Estelle Fleeting-Sainsbury, Michelle Kazarinov, Angus Kent, Amy Levinson, Grace McGlynn, Lauren McNamara, Alyssa Mighell, Maddie Pincott, Irene Sornvichai, Alyssia Quan, Sara Ebina, Lily Tindale.

Together with thousands of passionate performers, from the kids on stage to the family supporters and volunteer teachers, each one had a vital role in making this performance a reality, and created a world-class performance.





### The Duke of Edinburgh's Gold Award

Two weeks ago fourteen students received the coveted Gold Award in the Duke of Edinburgh's Award Scheme (DEAS). The Gold Award is the highest award available, and recipients clearly demonstrate enormous levels of skill and commitment. Congratulations to the following students, and their coordinator, Kelly Johnson, HT Administration. Kristen Bergersen, Oscar Brady, Brianna Gibson, Katarina Gusavac, Benjamin Mackay, Samantha Morrison, Lauren O'Hara, Isabelle Pont, Damon Sahota, Stephen Scollay, Nathan Sully-Harries, Tobias Teh, Ellen Wildey, Thomas Wilks, Christopher Woon and Melissa Xu

Jane Dennett Principal





### Calendar

	DECEMBER 2016
6	Year 7 2017 Orientation Day 9.00am
7	Year 9 Aladdin Musical (Elective) Capitol Theatre
8	Successful Seniors: RYDA Day 1
	The World's Biggest Beep Test 12.10pm
9	Successful Seniors: RYDA Day 2
12	Graham Hyman "Survive Program" for Year 10
	Year 8 Luna Park
14	Annual Awards Ceremony 10.00am
16	Last day of Term 4 for students
19	School Development Day
20	School Development Day
	JANUARY 2017
	School Development Day
	Years 7, 11 and 12 Return to school
	Whole school returns

#### **ARTEXPRESS**

In 2016, 9004 students across NSW submitted Bodies of Work for the HSC Visual Arts examination. 500 students were nominated for ARTEXPRESS, the annual exhibition. From these nominations 228 bodies of work are selected to create the exhibition.

Three of these students are from Killara High School. Congratulations Alexis to Edinburg, Jaewoo Hwang and Tiffany Soans, who are part of this elite group. If you attended our Annual Visual Arts Exhibition and saw their works, you will not be surprised at their selection.

### **Zone Sport**

Killara High School zone sport teams had marvellous results with 5 premierships in the spring season.

#### **Mixed Netball**

A fast paced final with all players working as a team and communicating their moves. Turramurra were a fierce opposition but the Killara team out paced and out ran them to get a head in the first and second halves and then continued to maintain their lead. Great shooting from our shooters, Justin Beyers, Sam Thoms and Tayla Beadle. Excellent defence from Josie Segal, Sophia Pitts and the most consistent defensive player was Rory Gunn. They were never going to let Turramurra fight back.



Killara won 16-11 Coach: Daniella Costa

#### **Mixed Basketball**

The mixed basketball final was very closely fought with the opposition staying within a goal of our score throughout. It took a couple of blinders by Sean Madarasz and deflections by Karen Tsang to galvanise the team into action and suddenly, with less than 5 to go, they went on a rampage and won with a tidy margin.

Killara won Coach: Caitlin Whitby

#### **Girls Speedaway**

What an excellent send off for our year 11 Speedaway girls for their last ever season of grade sport! The girls showed an abundance of enthusiasm and teamwork throughout the entire season. The game was tough with a half time score of 9-5 our way. Cherrybrook were not going down without a fight and came back 60 seconds after half time to tie the score at 9-9. With a great deal of encouraging feedback and motivation we came back to dominate with a few 3 pointers to win 24-11. Player of the match went to our



goal keeper Jordan Vink who executed some excellent saves and showed no fear by diving on that ball and putting her body on the line for her team and the green and gold. Outstanding work girls MCDA!

Killara won: 24-11 Coach: Janelle Garland and Heather Byrne

#### **Boys Open Basketball**

The boys showed determination and stamina in the final. They had a small bench compared to the Turramurra side (as we had a few away), but managed to hold on for a tie. All of them dug deep to frustrate Turramurra, who also had the benefit of a coach that knew what he was doing. So the boys organised it all themselves, and nearly pulled off an amazing upset.

Draw: 28 all Coach: Lachlan Olive

#### **Boys Speedaway**

The boys U15 Speedaway team faced a fired up Pennant Hills High School outfit in a tough final encounter. The boys played well, using their strengths to their advantage as they piled on the points. The key to this was the solid defence throughout the middle, allowing the boys to use their speed as Pennant Hill bunched. After half time the boys completely shut down Pennant Hills, bringing home the victory to Killara. All the boys played well, and a special thanks to Matin Abroon for his leadership on the field and the example through his fair but tough play.

Killara won: 17-7 Coach Adam Bruckshaw and Matt Dolan

Thank you to all the students and teachers who participated in Grade Sport for the Spring season 2016. We look forward to successful 2017 with the inclusion of some great talent coming through from Year 8 and we thank and farewell Year 11 on some fantastic results.

Adam Bruckshaw PDHPE Teacher

### Killara Schools Partnership History Workshop

On Wednesday 17 November, 23 Year 4 students from Beaumont Road, Gordon East, Killara, Lindfield and Roseville Public Schools came to Killara High School to learn about historical mysteries. In the first session the students discussed what history is and how a historian is like a detective and how history is like a puzzle. The students provided a variety of intelligent answers and learned a lot from the other students.

They also learnt about the Bermuda Triangle, that history is not owned by just one person, or country and the moral principles of ownership of ancient artefacts. Another aspect that they learnt about was that history is not just about the past, it is about how we interpret clues and piece together parts of a puzzle.

After discussions about history, the students participated in a breakout box where they find clues to unlock a box. The box was locked by several unique codes that challenged their thinking as well as giving them the opportunity to interact with students from other schools. They worked together to find what had

been stolen from the British Museum and who had stolen it. Once they had found out that an Elgin Marble had been stolen by a Greek person from the Curator of the British Museum, they discussed to whom it belonged.

The workshop was a great learning experience for everyone. All the Year 4s said they would like to come back again and they all learnt something new. Some of the comments from the students included "I enjoyed it a lot" and "It's fun and different from what we usually do at school". All students found the activities exhilarating and unique and "would do it again in a heartbeat".

This was run by Ms Williams and Mrs Dixon and was assisted by Amy Whalland, Imogen Akin, Joseph Fattah, Jordan Whalland, Luka Djordjevic, Luke Klusman, Miles Jennings and Will Savage of Year 8.

Chloe Williams
HSIE Teacher and
Gifted and Talented Coordinator

























# Primary and High School students collaborate via video conference to discuss transition from Stage 3 to Stage 4

The Killara Schools Partnership (KSP) program is a program run between KHS and the local primary schools that helps to address ideas or questions that students and teachers



have that relate to both types of schools. One of the goals of the KSP is to support students as they transition from primary to high school.

On Tuesday 29 November, four students from the Social Justice Committee (SJC) participated in a video conference with students from Year 6 from Lindfield East and Lindfield Public School to discuss the topic "What's high school like?"

Year 7 student Mikko Zanker, Year 8 students Miles Jennings and Fin Geraghty and Year 11 student Elissa Zhang met to speak with Year 6 students to provide support, outlining their own experiences of moving schools, making friends and approaching a shift in the way the school day operates.

Mikko, Miles, Fin and Elissa helped to address common misconceptions about high school and give advice on handling certain aspects of the transition. They spoke about the role of the Year Advisors, peer support and mentorship opportunities, how to access leadership groups,

how to manage and plan for assessment tasks across different subjects, as well as the Year 7 camp, the school canteen and buses.

The students from the SJC agreed that the video conference afforded them an opportunity to listen to the Year 6's ideas of high school and try to break down the misconceptions around certain elements of moving from Stage 3 to Stage 4, such as schoolwork, tests, classes, organisation and social changes.

The KSP is a great organisation that the SJC will continue to support as it is very beneficial to both Killara High School and the local primary schools to make each group of Year 7 students more comfortable transitioning into high school.



Fin Geraghty Year 8

### **Uniform Shop**

The last day that you can purchase items at the Uniform Shop this year is Friday 9 December. We will be closed the following week for a stocktake.

The shop will reopen on Friday 27 January, from 10.00am to 12.00pm.

We will also be open on Monday 30 January, Tuesday 31 January, Wednesday 1 February and Friday 3 February from 8.00am to 10.30am.

Have a safe and enjoyable break and we look forward to helping you in the new year.

Thank you to all of our volunteers who do such a wonderful job.

Barbara Liebenberg Uniform Shop Manager

### **Performing Arts**

For the latest Performing Arts Calendar, please visit the school's website at:

http://www.killara-h.schools.nsw.edu.au/curriculum-activities/performing-arts-ensembles/pae-news-events/calendar

### MindMatters – The causes of negative body image

This article is taken from the <a href="www.reachout.com">www.reachout.com</a> website.

Please send me an email at <u>Carla.marchesin@det.nsw.edu.au</u> indicating topics you would like to read about for future editions of the newsletter.

Carla Marchesin Deputy Principal

A negative body image refers to when somebody thinks about their body in a negative way. There are ways to improve a negative body image, but the first step is figuring out what triggered it in the first place. If negative body image is really getting you down, there are some things you should consider.

#### This can help if:

- You have a negative body image
- You want to improve your negative body image
- You want to better understand why you have a negative body image

#### What does it all mean?

Our body image refers to our perception of our own body. A negative body image is when we see and think about ourselves in a negative way and we feel uncomfortable and unsatisfied with our physical appearance. Maintaining a healthy body image has a strong impact on our wellbeing. The first step to improving negative body image is figuring out why it's negative in the first place.

#### Why do I feel this way?

There are a few common causes of negative body image, and each one has its own unique way of overcoming it:

#### • The cause: Puberty

Especially when we're young, body image can be closely linked to self-esteem. It's a time of life when our body goes through a lot of natural changes. On top of this, as our bodies change, we tend to compare ourselves to our classmates whose bodies are also going through transformations. It's a period of great change and uncertainty and it can have a huge impact on the way we think about ourselves and our bodies.

#### What you can do:

If you feel like the changes happening to your body are contributing to you having a negative body image, find comfort in the fact that puberty is a natural and unavoidable part of life for every adolescent everywhere. Every single adult in the world went through puberty, whether they liked it or not. While it may be a really hard time where your body is doing things against your will, it will come to an end. Your body will eventually settle down — all you can do is wait it out and learn to feel comfortable in your skin.

#### • The cause: Mass media

We are growing up in an age where we're constantly bombarded with images of 'attractiveness' in the media. Over the years, the media has constructed an image of 'attractiveness' in our minds which appears to be absolute truth and has been firmly ingrained in our way of thinking. All that pressure can lead to negative body image.

#### What you can do:

You just have to look back 50 years and you can see that the concept of what is 'attractive' is always changing and totally flexible. Why not make up your own mind? If you are having trouble with negative body image in the face of the stereotypical idea of 'attractiveness' that we see all around us, remember that a lot of what you see has been altered using technology. They have created an idea of what is attractive that even they can't live up to! There is no such thing as an ideal body - try to steer clear of media that suggests there is.

#### • The cause: Friends and family

You might find yourself subconsciously comparing your body to the bodies of your friends and family. Alternatively, they might be saying things to you explicitly about the way your body looks. Either way, it can be really easy to develop negative body image and really tricky to ignore strong messages coming from people you hold so dear.

#### What you can do:

Remember that you are not defined by the way you look, and a having a healthy body is the most important thing. If your friends and family say things that make you feel bad about yourself, and are contributing to negative body image, remove yourself from the situation and find people who encourage you to feel confident and comfortable in your skin.

#### • The cause: Your boyfriend or girlfriend.

Physical attraction plays a pretty big role in a lot of romantic relationships. While this can be great in a lot of ways, it should never become the most important thing.

#### What you can do:

If your partner is pressuring you to look a certain way, it means their priorities are all wrong. Have a chat to them and let them know how it makes you feel, and if they persist with negative comments you might want to have a chat to someone you trust about what you can do, or consider the option that they might not be the person for you.

#### Other things to consider

Sometimes it will take more than simply recognising the triggers in our environment that make us feel badly about our body. If you feel like you have negative body image, or you've been struggling to come to terms with your physical appearance and it's getting you down, have a chat to a healthcare professional and they will help you come up with a plan to manage this.

#### What can I do now?

- Get more info on body image.
- Read one person's story of their impossible search for perfect
- Get personalised support options for body image with the ReachOut NextStep tool.
- Find yourself a positive support network of people who have positive relationships with their bodies.

### From the Library

#### **New Non-Fiction Library Resources:**

#### Goodall, Chris. The Switch

There's a revolution going on. Every two years, solar energy is doubling in size and falling twenty per cent in price. In places as different as India, Brazil and parts of the United States, solar is now cheaper than coal. And batteries are following the same curve. By 2030, fossil fuels — oil and gas, as well as coal — will be fighting for survival.

#### Booth, Ken. International Relations

Ken Booth explains that International Relations are a critical level in the business of determining who gets what across the world. This readable book will appeal both to students and general readers, giving a fascinating introduction to international relations – and what matters most about them.

## Rare birds: Australia's 50 influential women enterpreneurs

Aims to inspire women and to give current enterpreneurs a voice. This book will provide inspiration and the path to follow.

## The United Nations: The UN Security Council and the Center of Power

Explores the history, structure, and activities of this most vital institution. The series will help students understand the problems the organization faces – such as international discord and its own complex bureaucracy – as well as the UN's promise of global solidarity and security.

#### Dougherty, Martin J. Vikings

A dark history of the Norse People. We think we know who the Vikings were, but do we? Arranged thematically 'Vikings' examines Norse life from religion to raiding, from exploring to settlement and their legacy.

#### Jana, Rosalind. Notes on being Teenage

Making friends. Surviving school. Standing out. Growing up. Essential reading for any teen who's ever wondered just quite where and how they fit into the world...

#### How super cool stuff works

Discover the mind-blowing high-tech inventions of the future. Incredible images reveal the secret inner workings of everything from drones and supercomputers to underwater hotels and flying cars.

### Oakleigh, Charles. Water our most important resource

Nothing is more important to the survival of the earth and everything that lives or grows on it than water. This is the story of how we use water, how we cope without it, and the many methods available for us to conserve it. Everything from torrential floods to severe desertification plays a role in our management of this precious liquid.

## The Design Museum. **50 Women's fashion icons** that changed the world

The Design Museum looks at the style of 50 trendsetters – from Twiggy to Wallis Simpson, Tilda Swinton to Michelle Obama – who have used fashion to make their mark on the world.

## Hafler, Max. **Teaching Voice: Workshops for young performers**

Essential for all youth-theatre leaders, workshop facilitators and teachers who want to help their students to develop their voices — either as a component in theatre training, while rehearsing a play, or for the benefit of their personal development.

#### **New Fiction Library Resources:**

#### Lore, Pittacus. The fate of Ten

They will take your planet by force. They believe they are unstoppable. We can defeat them. We are no longer alone in this fight. This is the beginning of the end...

#### Sage, Angie. Sandrider

Alice couldn't be happier as a wizard's apprentice – she has never been surrounded by so much Magyk. But the threat from the evil sorcerer, Oraton-Marr, remains. He has stolen the Orm Egg, and is planning to use it to gain power.

#### Sage, Angie. Starchaser

The final adventure in the Todhunter Moon Trilogy. Far away in the distant SnowPlains, the powerful Enchantment of the lapis lazuli that gives the Wizard Tower its Magyk is UnRavelling: the Magykal, brilliant blue lapis is crumbling to dust...

#### Brooks, Kevin. Johnny Delgado

Winner of the Carnegie Medal. The job looks easy. \$50 just to follow Lee irk for the night. But as Johnny heads out onto the mean streets of the estate, it looks like he's heading for nothing but trouble...

## Storrie, Paul D. **Twisted Journeys #3 : Terror in Ghost Mansion**

Graphic novel. Your worst fears come true when you're trapped in a very haunted house! How will you escape? Every Twisted Journeys graphic novel lets YOU control the action by choosing which path to follow. Which twists and turns will your journey take?

#### Meyer, Stephenie. Life and death

In celebration of the 2015 tenth anniversary of 'Twilight' comes a bold and compelling reimagining of the iconic love story that will surprise and enthral readers. You know Bella and Edward – now get to know Beau and Edythe.

Karen Jones and Francie Campbell Teacher Librarians

#### **Careers Corner**

#### **School Information**

Visit our School Careers Facebook page for the latest information. Search Facebook for 'Killara High School's Careers Page'.

Job Jump: The school is subscribed to Job Jump, a careers website which provides a wide range of information and resources. All parents, staff and students have free access. The password is kh and you can register with your personal email address. <a href="https://jobjump.com.au/myCareer">https://jobjump.com.au/myCareer</a>

#### Year 9:

**Work Experience and Service Learning:** The dates for Year 10 2017 Work Experience and Service Learning have been confirmed.

Work Experience November 20 – 24 and Service Learning 27 November – 1 December Surnames : Abroon – Le Moenic

Work Experience 27 November – 1 December and Service Learning November 20 – 24 Surnames: Lee – Zorian

Students will be fully briefed at the beginning of Term 1 2017 however some companies are open now for registration if students want to organise it early. Students have been informed about this and can speak to Ms Allen for more information.

#### **Year 10:**

Work Experience and Service Learning: Congratulations to our Year 10 students who successfully completed their Work Experience and Service Learning Placements. We hope this was an invaluable learning experience in which you were able to have an insightful experience in a work place and community organisation. Students will report back and reflect on their experiences during Successful Seniors in Week 9.

**Successful Seniors:** In addition to a work experience and service learning reflection, students will be preparing for the Year 11 Mock Interview Program that will take place in Term 1 2017. Students will undertake intensive workshops and be guided through the resume writing and interview processes accompanied with the relevant materials and resources.

## Macquarie University: Gifted and Talented Program

Applications close: 16 December. The Gifted and Talented program allows high achieving students the opportunity to enrol at Macquarie University while still at high school. Students will study Macquarie's first year Critical Thinking unit in Year 11 and then pursue their passion with another Macquarie first year study unit to be undertake in Year 11 or Year 12. Students who successfully complete their units with the

necessary GPA will gain an early offer for a Macquarie University degree.

https://www.mq.edu.au/study/high-schoolstudents/getting-into-university/entry-schemes-andpathways/gifted-and-talented-entry-program

#### Year 11:

**Careers Interview Form:** Students who previously requested or would like a careers interview during this Term must see Ms Allen to book an appointment.

#### Universities

## UNSW: Canberra Non-Defence Undergraduate Engineering

From 2017 certain UNSW Engineering programs at Canberra will be open to non-defence applicants. To find out more about studying engineering with UNSW in Canberra as a non-defence student follow the link below.

https://www.unsw.adfa.edu.au/study/undergraduate/non-defence-applicants

### UNSW On-campus Accommodation: Online Videos and Website

Hear from alumni and students firsthand how living on campus is a home away from home.

Applications for 2017 are now open.

http://rc.unsw.edu.au/

#### Youtube: About UNSW

UNSW's Youtube channel, hosts a range of videos providing information on disciplines, courses, scholarships, student experiences and advice from current and graduated students.

To access the videos, visit:

https://www.youtube.com/channel/UCthjY71kw6kubD ED3pNn9Yq

#### **University of Sydney Equity Scholarships**

The University of Sydney offers Equity Scholarships for students commencing in 2017. These are applied for via UAC's website. Scholarships include University of Sydney Bridging Course Scholarships, Burton Educational Trust Scholarship. Rural Sustainability Scholarships, Environmental Sustainability Scholarships, The William John and Lizzie May Sinclair Scholarship, Roy Frederick Turner AM Daniels Scholarship, Graham Scholarship Engineering and Information Technologies, Peter Giles Memorial Scholarship in Pharmacy, Commonwealth Indigenous Scholarships, University of Sydney Accommodation Scholarship. http://sydney.edu.au/scholarships/prospective/equity.

shtml

## **Quality Indicators for Learning and Teaching** (QILT)

This website helps prospective uni students make informed choices about their future. QILT provides students with a broad range of information about Australian universities including graduate job prospects and student satisfaction and retention rates.

https://www.gilt.edu.au/

#### **TAFE & Apprenticeships**

#### **Pre-apprenticeships Course Finder**

The Pre-apprenticeships Course Finder is one of the most popular pages on the Australian Apprenticeships & Traineeships Information Service website, with an average of around 4,300 direct hits a month.

There are over 140 pre-apprenticeships currently active.

www.aapathways.com.au/pcf

#### **Private Colleges**

#### **AIM Information Day**

17 December 2016, 10.00am – 2.00pm, 1-55 Foveaux St, Surry Hills

The day will allow prospective students talk to representatives from each AIM department, tour the campus and apply and book an interview and audition. To register follow the link below.

http://www.aim.edu.au/events/2016/information-day-december-2016#!

#### **Tractor Free Online Course**

Tractor Design School is offering a free online short course in typography so that you can get a taste of what they offer.

https://www.tractor.edu.au/lp/free-course/typography

#### **Endeavour College of Natural Health: Open Day**

21 January, 10.00am, Sydney Haymarket Campus Find out about careers in natural health, get questions answered by staff and students, and get a taste of the Bachelor of Health by attending mini lectures. http://www.endeavour.edu.au/events/

#### **NIDA Young Actors Studio**

Sundays 11.00am-5.00pm for all of 2017 @ NIDA Sydney

Auditions: 4 December, 10.00am. Book online asap. <a href="https://www.open.nida.edu.au/course/OSYASAU">https://www.open.nida.edu.au/course/OSYASAU</a>

## Raffles College of Design and Commerce: Graduate Exhibition

6 December – 8 December, Ambush Gallery, L3 Central Park, Chippendale

Raffles' Graduate Exhibition will showcase top graduate student works from Fashion Marketing, Digital Media, Graphic Design, Interior Design, Multimedia Design, and Photography.

http://www.raffles.edu.au/story/detail/graduate-exhibition-2016.html

#### Shillington College: Information Session

18 January, 6.00pm, Level 3, 50 Margaret Street, Sydney

Learn about studying a course in graphic design at Shillington College.

http://www.shillingtoncollege.com.au/graphic-design-course/info-sessions

#### Shillington College: Graduate Exhibition

9 December, 6.00pm - 9.00pm, 42 Maddox St, Alexandria

See the diverse range of work produced by students studying the 3 month full-time or 9 month part-time courses.

https://www.facebook.com/events/177149540311247

## Avondale College of Higher Education: 2017 Scholarships

Applications close 31 January for first round Avondale offers a number of degree specific scholarships for students commencing study in 2017. These include arts, business, the conservatorium of music, science and more.

http://www.avondale.edu.au/future-students/scholarships/

#### Other News

#### Carriageworks 2017 Program

Carriageworks has released its program for next year. It includes a range of dance, drama and other arts shows, exhibitions and workshops.

http://carriageworks.com.au/2017-announced/

My Health Career: Is a Degree No Longer Enough? An Experience in International Nutrition <a href="https://www.myhealthcareer.com.au/dietetics-at-bond-university">https://www.myhealthcareer.com.au/dietetics-at-bond-university</a>

#### **ADFA Education Award**

For current Year 11 students: Award presented to Year 12 students in recognition of leadership potential, and academic and sporting achievements exhibited during Year 11. Award comprises of laptop and certificate along with plaque of recognition for your school.

For eligibility and application:

http://www.defencejobs.gov.au/education/adfa/howTo Apply/educationAward.aspx

#### **University Ratings Facebook Chat**

If you missed The Good Universities Guide's Facebook live chat about university ratings, the whole thing is online for you to watch now. They also wrote an article summarising some of the most common questions they received.

https://www.facebook.com/GoodUniversitiesGuide/videos/1344043195608009/

http://www.gooduniversitiesguide.com.au/Latestnews/Getting-into-university/Facebook-Live-Chat-Your-Questions-Answered

#### **Career Harvest**

This website showcases the career opportunities and pathways available in the food & fibre industries. There is also information about internships and scholarships.

http://www.careerharvest.com.au/

## Mental and Emotional Skills Sessions for Students, Teachers & Parents

Human Connections organises sessions for students, teachers or parents to help prepare students with mental and emotional skills required for success in year 12 and in life after school.

http://humanconnections.com.au/programs/humanconnections-teacher-student-parent-sessionshome/student-and-parent-sessions/

#### The Importance of Maths

Visit the Australian Mathematical Sciences Institute's website to view a range of career profiles from apprentice chefs to Electricians to Nurses where mathematics is a necessary part of their everyday jobs.

http://www.mathscareers.org.au/

### Air Force Jobs with just 1 or 2 Year's Commitment

Pick one of these exciting roles and you'll have the freedom to join the Air Force for just one or two years. No strings attached.

Read more at

http://www.defencejobs.gov.au/airforce/one-and-two-year-roles/

#### **Skill Gaps in the Australian Job Market**

This article summarises some of the gaps in the Australian job market as of October 2016.

https://australiancareersservice.com.au/2016/10/19/st udy-summary-skill-gaps-australian-job-market/

## National Conference on VET Teaching and VET Teacher Education

8 & 9 December @ UTS Sydney.

https://www.uts.edu.au/about/faculty-arts-and-social-sciences/what-we-do/events/2016-national-conference-vet-teaching-and

#### **Woodwork Competition**

For Australian secondary school students enrolled in Years 11 and 12 in 2016.

Students are invited to submit images and details of work of one or two pieces made as part of course work for Years 11 and 12 in 2016.

Closing Date 15 December 2016.

http://www.woodreview.com.au/student-awards

Please be aware that the information listed is subject to change.

For further information on any of the above or for general inquires please contact the careers faculty. Email careers@khs.nsw.edu.au

Sophie Allen and Chloe Raines Careers Advisers

### **Local Website Links**

Christmas Events and Services at St Martins
Anglican Church Killara

www.stmartinskillara.org

2nd Gordon Scouts Christmas Tree Sale Saturday 10 December from 8.00am 32c Rosedale Road, Gordon

Christmas Events and Services at All Saints West Lindfield

www.aswl.org.au

Social Isolation & Friendship Difficulties in Children with ADHD

Tuesday 6 December, 6.45pm at Pittwater RSL, Mona Vale



## Your school now has a FREE app

Receive school information, instantly and directly to your smartphone



### How to download your FREE app

- 1 From your mobile device go to the **App Store (iPhone/iPad)** OR **Google Play (Android)** search for **School Stream** and download the app to your phone
- 2 Make sure you agree to push notifications
- 3 Once School Stream has finished installing, open the app, type your school name into the search **THEN** select your school

For more detailed instructions go to schoolstream.com.au/download

