

Principal:
Jane Dennett

Deputy Principals:
Alison Gambino
Carla Marchesin
Megan Clarke (Relieving)

School Captains:
Kieran Pain
Lily Giles

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Congratulations to:

Natalie Haddad has been selected by Southern Cross Cultural Exchange to participate in their student exchange program to Germany, from September to January 2016.

James Davis has been selected by Southern Cross Cultural Exchange to participate in their student exchange program to France, from November to January 2016.

Student Principal for a Day

Imagine being in a position of influence where you can help make changes for the benefit of your school. Imagine being able to be involved in discussions with other school leaders on ways to improve our community. Imagine what you could do in the seat of power that is the Principal's chair even for just one day. The 'Student Principal for a Day' program (SP4D) is a national initiative that gives



selected students the chance to experience this and more in the short span of one day. The aim is to "focus the nation's attention on the value and importance of quality school leadership in this country." I was lucky enough to be chosen this year, after a thorough selection process, to experience this unique program as the student principal for a day. I took away a number of learnings from the day. The main three that are of great value to me are: appreciating the role a principal plays in a school; getting a new perspective on the needs of our school and having a chance to develop my leadership skills. I was able to get a taste of the responsibilities held by our school principal, Mrs Dennett, and open my eyes to the potential for change in my school community based on peer/teacher input and put my leadership skills to the test.



The day was much busier than I expected it to be but I was so excited to be a part of everything that our Principal had on her schedule. If I were to sum the day up in one word, it would be: meetings. The day began at 8.00am with a NS5 meeting with the Principals from four other

schools in the area. There was then a morning tea to address the teachers and acknowledge a select few for their particular efforts in the past week. Immediately after I took part in a Senior Executive Meeting to discuss the 2015-2017 school plan, and I then visited Mrs. Buxton's Year 11 Food Tech class. A photographer from the North Shore Times was present to record my interaction with the class, as well as my tour of the ongoing art installation. Later, it was back to the office where a few teachers came in to discuss matters of importance regarding the school. The day ended with replies to emails and drafting a letter.

On the whole, being the principal of Killara High School is a busy and vital role with many responsibilities and, honestly, I'm looking forward to going back to school next week as a student. Thank you to the people who assisted me on the day and in the process leading up to my selection as Principal. From Mrs Dennett and the office staff to my peers who visited to support me in the office at various times - it is people such as these that truly make Killara a great school. The SP4D program is one that I encourage all students to put their hands up for. I have learnt that it's an opportunity to experience the intangible aspect of leadership that goes far beyond the bounds of a school or the principal's seat of authority.

Jett Ho

Calendar

JUNE 2015

11	Sydney North Cross Country Carnival 8.30am – 3.00pm
	Year 8 NAIDOC Day Incursion
	Year 12 Geography Excursion
	High School Musical Performance 7.00pm – 10.30pm
12	Year 12 English Excursion
	Year 9 Commerce Market Day
	Year 8 Medieval Day Incursion
	High School Musical Performance 7.00pm – 10.30pm
13	Year 12 French Speaking Practice
15	Killara Gift – Girls
16	Killara Gift – Boys
	Year 11 Physics Excursion
17	Killara Gift – Finals & Teachers
	Year 12 Geography Overnight Excursion
	Year 11 & 12 Premier's Debating Challenge
	P&C Meeting 7.00pm
18	HSC Drama Showcase
	Year 8 Japanese Incursion
19	German Study Tour (8 days)
	Prefect Afternoon Tea 3.30pm – 6.00pm
23	SJC Mufti Day
24	Zone Athletics Carnival
	Year 12 Chemistry Excursion
25	Year 12 Chemistry Excursion
	HSC Showcase 6.30pm – 9.30pm
26	Last Day of Term 2

JULY 2015

13	School Development Day
14	Students return for first day of Term 3
15	P&C Meeting
17	CHS Cross Country Carnival
	Year 11 Study Skills
	Year 9 Events Excursion War Memorial
20	Sydney North Athletics Carnival (2 days)

AUGUST 2015

4	Year 7 Orchestra/Strings Incursion
5	Year 7 Gala Day

Last Post Ceremony

On Sunday 31 May, as part of Ku-ring-gai Council's 2015 series of Commemoration Ceremonies, a Last Post Ceremony was conducted at 4.00pm at St John's Anglican Church at Gordon. The concept of the Commemorative series is to provide the opportunity for young people to make a personal connection with the life story of one or more local servicemen or women from the Ku-ring-gai local government area who gave their lives for our country and help to make our local history 'come to life'.



One of our Year 9 students, Ellie Krust, was invited to present at the inaugural service, two soldier profiles of servicemen who lived in the district and served in World War I. The research Ellie conducted was part of the Ku-ring-Gai Historical Society's multiple-volumed work that will be published in 3 separate volumes, called **Rallying the troops: a World War I commemoration**. The first volume, Volume 1 - A-F, has already been published, and the two further volumes will be published in 2015 and 2016 respectively.

Ellie began the research in 2014, when she was in Year 8 and has continued in Year 9. The two soldiers she focused on were Frank Bemarr Hutchison and Raamah Hutchinson. Ellie presented her research at the service along with a *PowerPoint* of related images.

There are three artifacts - a wooden cross, a knitted wreath of poppies and a knitted mural of poppies - that were a dominant feature of this service and permanently reside at St. John's. The wooden cross and the knitted wreath of poppies featured in the ceremony, with the wreath being laid at the cross. Below is some information on the artefacts:

The Pozieres Cross:

St John's has an original carved wooden cross from the battlefield from France. It is called the Pozieres Cross. It was erected on the battlefield in memory of the fallen of the 18th Battalion. It is believed to be made out of an old wooden cart, or something similar, as this was the only type of material there at the time. After the official war cemeteries were created, the cross was returned to Australia and placed in the Warrior's Chapel of the Garrison Church at St John's Gordon.



The Ku-ring-gai knitted poppy wreath and mural:

The mural on the wall consists of 1,600 knitted poppies, using Australian wool, to represent the 1600 volunteers from Ku-ring-gai who served in WWI. The twelve white poppies in the form of the cross represent the twelve soldiers commemorated in St John's cemetery. The wreath was given to St John's by St Swithun's, Pymble, and consists of 52 poppies representing the 52 soldiers from Ku-ring-gai killed at Gallipoli.



Killara High School should be very proud of Ellie Krust, who has worked hard on this research and the presentation to the Ku-ring-gai community. Her profiles will also be uploaded to a new digital memorial boards that Killara High will be able to purchase as part of the Commemoration Grant given to our school.

Francie Campbell
Teacher-Librarian

Ku-ring-gai Youth Forum

The Ku-ring-gai Youth Forum saw 10 prefects collaborate with leaders from other schools to tackle the way we view mental health. Comprising of group work, listening to the experiences of individuals and an insightful Q&A, the information and perspectives presented during the forum were used as inspiration for the upcoming health week.

Kieran Pain
School Captain



Performing Arts Calendar

Term 2, 2015			
Week	Term 2		
8	Thurs 11 June Fri 12 June	Cast	Musical
Term 3, 2015			
Week	Term 3		
4	Tues 4 Aug	Orchestra/Strings	Year 7 incursion Period 4 in the Theatre
4	Fri 7 Aug	Year 12 Music	Year 12 Music Night/Art Show
5	Mon 10 Aug	CB2	KHS Open Day
5	Mon 10 Aug	Year 12 Music	Year 12 Music Night 7.00pm
6	Tues 18 Aug	CB1	LEPS Workshop and Performance 12.30pm
7	Wed 26 Aug	All Ensembles	PAE Farewell to Year 12 Concert 7.00pm
Term 4, 2015			
Week	Term 4		
2	Wed 14 Oct	CB2	GEPS Performance 10.30am – 12.30pm
4	Tues 27 Oct	Strings/Orchestra	LEPS Workshop and Performance 12.30pm
6	Thurs 12 Nov	All Ensembles	Annual Performing Arts Showcase Concert 7.00pm and BBQ 5.00pm
8	Wed 25 – Sat 28 Nov	SS Choir	Schools Spectacular

Strings at Sydney Eisteddfod Chatswood Concourse



Introducing the....

2015 KILLARA GIFT

Why?

- Prizes
- The Winners medal
- Your name on the champions shield

Why?

- To be involved in a school community event

What is it?

It is a 'handicap race'. We use your 100m time from the KHS Athletics Carnival to determine how close to the finish line you start. The slower your time, the bigger the handicap start.

Where?

Jubilee Oval

When:

Week 9:

- GIRLS- Monday Week 9
- BOYS- Tuesday Week 9
- FINALS AND TEACHERS- Wednesday Week 9

After School Tennis Programs

Killara High School has just recently completed the refurbishment of the multi-purpose courts located inside the school. This is excellent news for all students, as it now provides a much better surface to play sport on.

Matchpoint Tennis operates after school tennis programs and weekend competitions for all levels of tennis players.

- Wednesday - Development 2.30pm - 3.30pm
- Thursday - Development and Intermediate 3.00pm - 4.00pm
- Friday - Development 3.00pm - 4.00pm
- Friday - Tournament Squad 3.00pm - 5.00pm
- NSTA Saturday morning - Junior interclub competition

Please call Stuart on 0402 929919 or email stuart@matchpointtennis.net.au for more information.

THE KU-RING GAI POLICE AND COMMUNITY SAFETY COMMITTEE
IN PARTNERSHIP WITH
KU-RING-GAI COUNCIL
Communicating and Caring

"PARENT SURVIVAL STRATEGIES FOR TEACHING YOUNG DRIVERS"

FREE In-Depth Seminar for PARENTS/SUPERVISING DRIVERS together with YOUNG DRIVERS

on
MONDAY - 22 JUNE 2015
6.00PM for 6.30PM - 8.30PM

AT
KU-RING-GAI COUNCIL CHAMBERS, LEVEL 3,
818 PACIFIC HIGHWAY, GORDON - ACCESS VIA REAR ENTRANCE
LIGHT REFRESHMENTS AVAILABLE



DON'T BE DISTRACTED
STAY FOCUSED ON DRIVING TASK!

Presenter: Jeff McDougall

Immediate President, Australian Driver Trainers Assoc NSW Ltd
Member National Executive Committee of the Australasian College of Road Safety
Member of K'gai Police & Community Safety Committee, Former MD/Trent Driving School
will discuss the

Vital Aspects of WHAT YOU NEED TO KNOW when teaching a young driver:

- o A Comprehensive and Organised Approach to the Driving Task
 - o The Five Crash Risks for Young Drivers : Preparation for the Driving Test
 - o Keeping the Log Book Honest : Teaching Practical Skills Safely
 - o The Components of Driving : Strategies for Safe Driving
 - o Effective Partnerships : Making it a Positive Experience
- Vital information about the current driving test!

Presenter: Snr Cons Lynda Hart - Hornsby K'gai PCYC
Will Share her "Passion for Keeping People Safe"

BOOK EARLY - SEATS LIMITED: Phone Carroll on 0405 558 660
or email carroll.howe@gmail.com

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Teens Course

Skills to communicate with your teenagers so that you understand each other better & are able to build positive relationships.

- * Understanding teenagers today & communication skills
- * Emotional intelligence skills
- * How to prevent behaviour problems & conflict resolution

Chatswood 5 wks/2.5hrs @ 6/7 - 27/8, 7.00pm - 9.30pm

Dealing with Teens Backchat Workshop

- * Learn how to restore a respectful & positive relationship with your teenager
- * Understand what it is like being a teenager today
- * Learn how to talk so that they listen & how to listen so that they talk to you

Chatswood (23/7, 7.00pm - 9.30pm)

Tuning in to Kids Course - Chatswood (27/7 - 24/8)

Triple P Seminars- Chatswood (5/8, 12/8 & 19/8)

Communicating with Kids Workshop (based on PPT)-Chatswood (31/8)

WORKSHOPS ON REQUEST FOR PARENTS/CARERS OF TEENS - 9887 5830

- * Dealing with Teens Back Chat
- * Resilient Kids
- * Transition to High School
- * Bully Busting Workshop
- * Triple P Seminar Series (Teens)

OTHER WORKSHOPS ON REQUEST (2-2.5 hours)

- * Understanding Your Toddler/Discipline & Tantrums
- * Older Sibling - New Baby
- * Tucker without Tantrums/Toilet Training
- * Transition to School
- * Speech & Language Development/Sleep
- * Grand Parenting
- * Triple P (PPP) Seminar Series (1-12 years)
- * Communicating with Kids

Enquiries: Child & Adolescent Parenting 9887 5830
www.nslhd.health.nsw.gov.au/services/CAP



Health
Northern Sydney
Local Health District



ROSEVILLE CHASE ROTARY FUN RUN

Sunday 26th July 2015

Register & Info @ www.rosevillechaserotaryfunrun.org.au



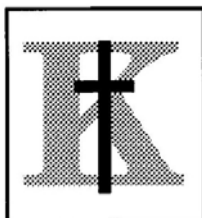
10KM FUN RUN
Starts 8.00am

5KM FUN RUN & WALK
Starts 8.15am

CITY TO SURF
WARM UP

Castle Cove Park
Holly St, Castle Cove

REGISTER ONLINE
Another Rotary Community Project



Killara District Christian Education Association

KDCEA, the providers of Protestant SRE at Killara High School, are looking to fill the position of secretary. Committee meetings are held monthly, with representatives from a range of local Protestant churches. Interested parents and supporters are invited to make contact via the contact page on www.kdcea.org.au.

Northern Beaches



Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

SPEAKER EVENING: BLACK DOG INSTITUTE "Navigating Teenage Depression"

For Parents, teachers and people working with young people.

A 60-minute presentation delivered by a trained presenter, who has themselves experienced a mood disorder as a young person, or who has cared for a young person with a mood disorder.

The presentation covers:

- * The pressures faced by teenagers today
- * Signs and symptoms of depression and bipolar disorder in young people
- * Identification of early warning signs
 - * When and where to seek help
- * Practical strategies for offering support and communicating with a young person you are worried about
 - * Strategies for building resilience

Monday 15th June 2015 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via
<http://www.eventbrite.com.au/org/422746751>

Register on Eventbrite



Facebook: <https://www.facebook.com/BeachesADHDsupport>
Facebook Forum: <https://www.facebook.com/groups/BeachesADHDsupportGroup/>
Email: nbaadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
We sell the Entertainment Book online via our website.



Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au



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Pittwater RSL Club

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giving you over
\$20,000
of value!

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OR

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We're fundraising with the Entertainment™ Book! With thousands of up to 50% off and 2-for-1 offers, here's a taste of what's in it for you:

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		\$50 value	\$50 value	\$50 value	\$50 value	\$45 value	\$50 value	\$40 value
CASUAL DINING	480+ OFFERS!	Braza	CRINITI'S	MU MU GRILL	fix st james	VIA ALTA	SUSHI HUB	chefs gallery
		\$40 value	\$45 value	\$45 value	\$40 value	\$35 value	\$50 value	\$25 value
TAKEAWAY AND ATTRACTIONS	215+ OFFERS!	McDonald's	MAD MEX	oportto	Yogurtland	EVENT	TARONGA ZOO	AMF
		2 for 1	\$20 value	2 for 1	2 for 1	25% off	25% off	2 for 1
RETAIL AND TRAVEL	1,600+ OFFERS!	CROWN TOWERS	DAVID JONES	HYATT	Emirates	Dreamworld	CALTEX	Virgin australia
		MELBOURNE					woolworths	

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Killara High School

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www.entbook.com.au/2033k26

Sydney and Sydney North Edition
Sydney Greater West Edition

\$70 including GST
\$65 including GST



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