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Mrs Judy Paszek

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Ms Alison Gambino  
Ms Liesl Williamson (Relieving)

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[www.killara-h.schools.nsw.edu.au](http://www.killara-h.schools.nsw.edu.au)

## Year 7 Parent Information Evening Tuesday 25<sup>th</sup> February 6.30pm

in the Kerrabee Theatre

- meet key Year 7 staff members,
- gain information about Year 7 matters and school routines
- socialise and meet other Year 7 parents and members of the KHS P&C.

## Grounds Working Bee

Join in the fun and support your school

Sunday 2<sup>nd</sup> March from 8.15am

## KHS Swimming Carnival

The Killara High School Swimming Carnival was held under cloudy skies on Wednesday of week two. It was an enjoyable day for all as students either got involved in the many events which were on offer, put their hand up as student assistants or simply cheered from the grandstand.



Spirits were high on the day, largely thanks to the Year 12 Prefects and students who came along and whipped the different houses into a frenzy.

Caringa was the winning house on the day. Well done to all students in that house.

The future continues to look bright for Killara High School when it comes to swimming. The older age groups continue to develop whilst there were a number of exceptional performances in the younger divisions. **Daniel Sims** (13 Years Boys), **Pika Ksela** (13 Years



Girls) and **Daisy Cheesman** (12 Years Girls) all dominated their age groups but it was an awesome battle in the 12 Years Boys, where only 1 point divided **Bryce McDonnell** and **William Lambourne**.

More results - page 2

## Calendar

### FEBRUARY 2014

- 24 - Zone Swimming Carnival
- 25 - Yr 7 Parent Information Evening
- 26 - Yr 11 Aboriginal Studies  
Excursion – West Head
- Yr 12 Study Skills
- 28 - SJC Mufti Day

### MARCH 2014

- 1 - DEAS Gold Practice Expedition  
(4 days)
- 2 - Grounds Working Bee – 8.15am
- 5 - Yr 7 and Yr 11 Peer Support  
Training
- 7 - Yr 12 Monash University  
STEPS Study
- 9 - Yr 11 Jindabyne Camp (6 days)
- 10 - Yr 12 Assessment Block  
commences
- 11 - DEAS Silver Information  
Evening – 6 pm – C Block  
Conference Room
- 18 - Sydney North Swimming  
Carnival
- 19 - Yr 7 and Yr 11 Peer Support  
Training
- P&C Meeting
- 21 - Yr 8 plus Leadership Groups –  
Incursion – Guest Speaker from  
Beyond Water
- 22 - Performing Arts Ensembles  
Residential Music Camp (2  
days)
- 26 - Yr 11 Mock Interviews
- 28 - DEAS Silver Practice Expedition  
(3 days)
- School Tour – 9am – 10.15am
- 31 - Athletics Carnival

### APRIL 2014

- 1 DEAS Bronze Information  
Evening – 6pm – C Block  
Conference Room
- 4 SRC Mufti Day
- 5 PAE North Shore Schools  
Spectacular – 7pm Chatswood  
RSL
- 10 ANZAC Assembly
- 11 Last day of Term 1
- 29 Students return to school

### PAE Brisbane Nationals Tour EASTER

2<sup>nd</sup> Installment due NOW

## KHS Swimming Carnival Cont.

The Age champions were:

Age Group	Girls	Boys
12	Daisy Cheesman	Bryce McDonnell
13	Pika Ksela	Daniel Sims
14	Carrie Paulson	Declan Kirby & Mathieu Mingant
15	Ami Watanabe	Rhys Tirado
16	Alicia Walker	Ben MacKay
17+	Michaela Zipkis	Jesse Klass

Once again, multiple school records were broken on the day. **Alicia Walker** (16 Years Girls) was again the dominant force, breaking 6 individual records but this year she was not alone. **Jesse Klass** (18 Years Boys) claimed 2 records, with **Roger Wang** (16 Years Boys) and **Daniel Sims** (13 Years Boys) capturing 1 each. Well done to these outstanding records.



Special thanks go out to the parent helpers who made the effort to be a part of the day. As always, it is much appreciated.

The Kuring gai Zone Carnival is fast approaching with the Killara High School team looking to go one better than last year.

Killara pride ... bring it on!!

**Adam Bruckshaw**  
KHS Carnivals Organiser

### PAE Music Camp

22<sup>nd</sup> and 23<sup>rd</sup> March

Concert Bands  
String Ensemble  
Vocal Ensembles

Please return permission note and payment as soon as possible.



## Grounds Working Bee

Waking up on a beautiful Sunday morning and thinking "its Gardening Day at the School"... Do I really want to go? There are a million other things I could be doing with my precious time. But is there???

Make the effort, get out of bed and come along on

**Sunday 2<sup>nd</sup> March 2013**  
**to the Grounds Working Bee**  
**from 8.15am.**

In a short time, your work can transform a garden bed and make a real difference to the "look and feel" of our school. You don't need any experience, just a bit of enthusiasm and an hour or two of your time. All tools and training provided on the day. It is a fun and

## Welcome to Year 11 Cocktail Party

Catch up with other year 11 parents for a chat and drink

Friday 28 February  
at Catie and Bruce  
Sully-Harries home  
7:30 PM

Please BYO and a plate to share.

RSVP to Catie on [catiebruce@optusnet.com.au](mailto:catiebruce@optusnet.com.au) or 0410 548 498 for more information



easy way to contribute to your school community and morning tea is provided.



Four times a year, once each term, the Grounds Working Bee is held to keep Killara High's gardens looking good.

So put the **date in your diary NOW** and come along; don't feel shy and we're sure that you will leave with a smile on your face ☺ !!!

PS. Remember, it is your child's school, so they are more than welcome too.

## Parent Information Night For Chinese And Korean Speaking Parents

If you are a new Killara High School parent, and particularly if you are new to Australia, please join us for a useful information evening. An interpreter will be available to assist on the night and some topics covered include how the education system and Australian schools operate, school expectations, how to support new students and subject choice.

**Chinese** parents: Week 8 – Tuesday 18<sup>th</sup> March,  
**Korean** parents: Week 9 – Tuesday 25<sup>th</sup> March,  
**Time:** 6-8pm  
**Where:** Staff Common Room, Block A

Please make a note of these dates and keep an eye on the next newsletter when more detailed information will be provided.

## DEC Approved Software available for KHS Students

As part of the BYOD (Bring Your Own Device Policy) the DEC is providing access to software for students via their student portal. Mac and PC versions for some of the software are available too. Some of the software is free for students and some is provided at a reduced cost for students to purchase. At the moment Microsoft has NOT made Office available (expected soon), however Adobe has placed the following software in the Captivate 6, Creative Suite 6 Design (this includes Photoshop – extended), Premier Elements and Presenter 8.

When students go to their portal they should click on the "Learning" button and open it. Students can explore what is available and "Add to Cart" items they want to download. As part of the download

process, students are required to register first, and once a verification email has been sent to them, they can access software to download.

The Technical Support Officers can help students to access the site if needed. They are located in the E block quadrangle area.

Note: It is important for students to realise that they can only download ONE copy of the software they have selected. Students need to think carefully before downloading and installing software on a machine.

**Ross Kirbyshire**  
**Head Teacher Computing Studies**

## What is the Correct Summer Uniform for Term 1?

Term 4 marks the beginning of the part of the school year when students are required to wear "SUMMER" Uniform. Parents and carers are advised that the uniform shop and Lowes at Chatswood stock items should a purchase be required.

### Girl's Uniform – Summer

Junior Uniform: \* 'Gordon' tartan dress

Senior Uniform: \* Years 11 and 12 only. 'Gordon' tartan skirt, white blouse short sleeve with tartan trim.

Shoes: Black lace-up leather school shoes.

Socks: White short anklet (above ankle).

### Boy's Uniform

Trousers:\* Long trousers, zippered mid-grey (summer or winter weight), polyester/viscose.

Shorts (summer):\* Mid-grey zippered shorts (not cargo/work shorts).

Shirt (summer):\* Plain white, short-sleeved with collar, worn with school tie **or**

Plain white, short-sleeved overshirt with collar and school crest (worn untucked with no tie) **or** White long sleeve Killara High School shirt with tartan trimmed collar (worn untucked with no tie).

Shirt (winter): \* Plain white, long sleeved with collar, worn with school tie (unisex) **or** (for Year 7-10 only) white long sleeve shirt with tartan trimmed collar (worn untucked with no tie).

Tie: \* Junior – 'Gordon' tartan. Senior – Green with crest.

Socks: Mid-grey socks.

Shoes: Black lace-up leather school shoes.

Jumpers:\* V-necked wool or cotton jumper, bottle green with crest, or

Jacket:\* Soft shell zip front jacket, .green with crest

Belt:\* Black leather

Scarf:\* Plain navy or plain forest green or plain cream

**Deputy Principals**

## Appropriate footwear at Killara High School

When purchasing school shoes please be mindful of the school's uniform code. Casual shoes such as *Vans*, canvas shoes and ballet type 'flats' favoured by some students, are **not** consistent with the school's uniform code.

The Killara HS uniform code requires fully enclosed leather shoes as depicted in the following four images.



Ballet style 'flats', *Vans* and canvas shoes with and without laces (see images below) do not meet basic safety standards for the playground and practical classes.

**These shoes are not appropriate footwear for school**



## PAE Year 7 Schedule Reminder

All rehearsals are held in Music Studio 1 (which is above the Canteen in C block.)

Students may either hire a locker from the office for their instruments or may leave them in the instrument store room after practice and collect at the end of the day.

**Year 7 PAE students will join their ensembles in Week 5 (after the Year 7 camp.)**

Please check the dates below.  
Once enrolments are finalised an invoice for your ensemble will be sent out.

### Concert Band 2 - Mrs Bromley

Mrs Bromley and I would like to listen to all students (5 minutes) to assess their place in the band.

This is **not an audition** but will enable us to put you in the right part for your section. Please bring a band part or music you have played from last year.

**Woodwind: Week 5, Monday 24<sup>th</sup> from 7.30 am.** (in the Studio)

**Brass and percussion: Week 5, Tuesday 25<sup>th</sup> from 7.30am** (in the Studio) to then commence Band on the Wednesday

### Stage Band 2 - Bob Coassin

Any sax, trumpet, trombone, and percussion players are most welcome to join. No audition is necessary. Those students interested please see Mrs Berry in the CAPA staffroom or email or attend the rehearsal on **Thursday 27<sup>th</sup> February at 3.15pm.**

### String Ensemble - Mrs Kim

**Week 5, Tuesday 25<sup>th</sup> February - 3.15 - 5.15pm**

### Vocal Ensemble - Mrs Berry

Any year 7 who is interested in joining vocal ensemble even if they didn't enroll last year may join.

**Rehearsals are Week 5, Monday 24<sup>th</sup> February - 3.15- 4.15pm**

### Junior Dance Ensemble- Jasmine Crewe

Auditions will be held **Week 2, Thursday 6<sup>th</sup> February** Lunchtime Kerrabee Theatre if you have any further questions regarding the ensembles, please contact me at [jacqueline.berry@det.nsw.edu.au](mailto:jacqueline.berry@det.nsw.edu.au)

### Term 1 Events for your Calendar

Week 8: 22<sup>nd</sup>-23<sup>rd</sup> March - PAE Residential Music Camp for ALL Music ensembles.

Week 10: 5<sup>th</sup> April - Chatswood RSL Performance 7.30pm

If you do not receive an email from me in the following weeks please email me.

**Jacki Berry**  
PAE coordinator

## Bring Your Own Device and wifi connections at school.

A number of students have brought machines to school to use on our wireless network which do NOT connect. The device must have 5GHz 802.11n wireless support to connect to the school wifi infrastructure. This may be advertised as "Dual Band Wireless", "802.11abgn", "802.11agn", "802.11ac" or "Gigabit Wireless".

Note: Devices marketed as "802.11bgn" do NOT support the standard required.

In the event that the device does not have the correct built-in wireless support, it is possible to buy a wireless adaptor (a small USB adaptor) that will allow connection to the 5GHz 802.11n system. The Technology Support Officers (TSO's) located in the E block quadrangle can provide help for students if there are any questions.

**Ross Kirbyshire**  
Head Teacher Computer Studies

## From the Library

### **Learning programs at the State Library of NSW**

Students are now able to gain access to original collection items through the various changing exhibitions and regular programs from the State Library of NSW. There are a range of K-12 programs for students and teachers which link directly to the NSW curriculum and the emerging Australian curriculum. For more information visit their website online at [www.sl.nsw.gov.au/learning](http://www.sl.nsw.gov.au/learning)

### New non-fiction:

Crouch, Michael (compiler). ***Symphony of Australia: the first musical history of our nation.***

Riley, Tim. ***Year 11 Economics 2014*** (15<sup>th</sup> edition)

### **RIPLEY'S believe it or not: Utterly crazy**

### New fiction:

Chan, Crystal. ***Bird***

Clark, Sherryl. ***Dying to tell me***

Hardstaff, Jane. ***The executioner's daughter***

Herrndorf, Wolfgang. ***Why we took the car***

Metzenthen, David. ***Tigerfish***

Morgan, Michelle. ***Racing the moon***

### New fiction in detail:

Brenac-Mooney, Eve. ***Kaleidoscope***

Merinda Jones is almost 16 when her life changes dramatically. The excitement of moving

house, changing schools and being captivate by a handsome stranger is overshadowed by the secret of where she comes from. Merinda is about to discover that she is not who she thought she was. Set in Sydney, this book has drama, romance, action, mystery and the supernatural.

Jarzab. **Tandem**

Sixteen-year-old Sasha Lawson has only ever known one small, ordinary life. When she was young, she loved her grandfather's stories of parallel worlds inhabited by girls who looked like her but led totally different lives. Sasha never believed such worlds were real – until now, when she finds herself thrust into one against her will. To prevent imminent war, Sash must slip into the life of an alternate version of herself, a princess who has vanished on the eve of her arranged marriage. If Sasha succeeds in fooling everyone, she will be returned home; if she fails, she'll be trapped in another girl's life forever. The first book in the 'Many-worlds' trilogy, this novel is a saga of love and betrayal set in parallel universes in which nothing – and no one – is what it seems.

Lindelauf, Benny. **Nine open arms**

It is the summer of 1937, and it hasn't rained for seven weeks when eleven-year-old Find and her family of nine move into Nine Open Arms, along with their handcart of meagre belongings. 'The Dad' is a man who does all kinds of jobs and none of them well, while Oma Mei courageously holds everything together, including the family's history in her Crocodile bag full of pictures and stories. But as the year progresses, the family just gets poorer. Meanwhile, Fing and her two sisters, wild Muulke and fearful Jess, begin to discover strange mysteries.....

Moriarty, Jaclyn. **A corner of white**

Madeleine Tully lives in Cambridge, England, the world – a city of spires, Isaac Newton and Auntie's tea shop. Elliot Baranski lives in Bonfire, the Farms, the kingdom of Cello – where seasons roam, the Butterfly Child sleeps in a glass jar, and bells warn of attacks from dangerous colours. They are worlds apart – until a crack opens up between them;

## Careers Corner

### UNSW Events

- **A Study Skills Workshop** will be held in UNSW's Learning Centre on 3 March for all Year 12 students wanting to brush up on their study skills for the HSC.
- **Year 12 Medicine Information Evening** which will be held on Thursday 13 March in UNSW's John Niland Building on the Kensington campus, aims to help Year 12 students understand the course and application process as well UMAT requirements.
- **Science Parent and Student Information Evening** is an opportunity for Year 11 and 12 students and parents to attend an information session hosted by Prof Fred Watson AM, astronomer and popular scientist.

a corner of white – the slim seal of a letter. Elliot begins to write to Madeleine, the girl-in-the-world - a most dangerous thing to do for suspected cracks must be reported and closed. But Elliot's father has disappeared and Madeleine's mother is sick. Can a stranger from another world help to unravel your own mysteries? Can Madeleine and Elliot find the missing pieces of themselves before it's too late? A mesmerising story of two world; the cracks between them, the science that binds them and the colours that infuse them.

### New Audio and DVD material:

#### **COLLINS east learning Mandarin audio course**

Perfect for holidays and business trips. Contents: 3 audio CDs and a 48-page booklet. Learn at your own pace; focuses on listening and spelling; and provides an action-based approach to language learning, without need for complex grammar.

**Salmon fishing in the Yemen [M]** (2011) (103 mins)

Dr Alfred Jones, a rather introverted scientist at the Dept. of Fisheries and Agriculture suddenly has his world thrown into turmoil thanks to a fly-fishing obsessed Yemeni Sheikh who dreams of achieving the seemingly impossible – introducing salmon to the wadis of the Yemen. With the British government desperate for a good news story in the area, the Prime Minister's fearsome spokesperson, seizes on the idea and appoints the incredulous Dr Fred to oversee the project – one he sees as one step short of madness. He is eventually won over by the charismatic Sheikh and his representative. With her encouragement and support, Fred embarks on a journey of self-discovery and late-blooming love to bring salmon fishing to the Yemen. Stars Ewan Macgregor, Kristin Scott Thomas and Emily Blunt. From the director of *Chocolat* and the screenwriter of *Slumdog millionaire*.

**Karen Jones and Francie Campbell  
Teacher-Librarians**

Register online for all these events at the UNSW website.

### **Autumn School of Engineering**

This program which brings together 50 Year 11 and 12 students from across Sydney, is organised by Engineers Australia and Honeywell to give students an insight into the diverse range of available engineering careers. A fee of \$250 applies however Rotary scholarships are available. For further information contact the careers office.

### **Cambridge Immerse 2014 Program**

This two-week, residential educational experience allows participants to gain an insight into life at Cambridge University as well as the different courses it offers. Students aged 16 and above are



welcome to apply online at the university's website.  
For further information email  
[enquiries@cambridgeimmerse.com](mailto:enquiries@cambridgeimmerse.com)

### Blue Mountains Leura Campus Multicultural Day

This is an opportunity for interested students to learn first-hand how the school's business degree courses in International Hotel and Resort Management and International Event Management are run. RSVP by email to [charlotte.pun@bluemountains.edu.au](mailto:charlotte.pun@bluemountains.edu.au)

### Gap Programs

- **Tutors Worldwide** handles the recruitment of gap tutors for many schools in the UK. Full information may be found at the organisation's website [www.tutorsworldwide.org](http://www.tutorsworldwide.org). Deadline for submission of applications is 10 April.
- **Latitude Global Volunteering** offers challenging and structured volunteering placements in communities across a range of 13 countries. For further information visit [www.latitude.org.au](http://www.latitude.org.au)
- **Projects Abroad** organises volunteer opportunities in community-based projects in

developing countries. For further details, phone 1300 132 831.

### Institute of Chartered Accountants Scholarships for Students with Disabilities

Any student who has a disability and wants to study accounting at university, should contact [Michael.Bellemore@charteredaccountants.com.au](mailto:Michael.Bellemore@charteredaccountants.com.au) for further information on how to access financial assistance.

### Free Digital version of Good Universities Guide

To access this useful resource which rates the quality of tertiary institutions and the courses they offer against a comprehensive list of criteria relevant to students and careers advisers, log on to <http://ebook.gooduniguide.com.au>

For further information on any of the above please contact the careers office.

**Colleen Clarke and Rosemary Brown**  
Careers Advisers

## News from the Chinese Speaking Families Social Committee

**Happy new year everyone!!**

### Message to 2013 Year 12 students, families and teachers

Well done!! Congratulations to year 12 students, their families and teachers on your 2013 HSC achievements.

### Message to KHS NEW students and families

We would like to express a very warm welcome to ALL new students and their families. We would love to meet you and hope you can come and join our social functions. Come along ... check it out.

### KHS volunteers news 2014

Have you made any KHS New Year resolutions? Can you picture yourself in one of the following roles?

- A kitchen hand, a lunch server? – canteen duty
- A uniform fitter/sale person/accountant? – uniform shop
- A handyman, a gardener, a caretaker? – ground working bees
- Any valuable skills that you would like to offer to our school? – P&C committees

We need your help. Remember: *many hands make light work!*

Say no more to the "drop off, kiss and good bye". How about spending a bit of your time with our kids? Come to school with them, join the KHS parents volunteering spirit, a small investment of your time/skill would go a **LONG ...WAY** at Killara High School.

*Don't miss our once a term "Grounds Working Bee", it will be on Sunday 2nd March 2014 from 8:15am.*

Please note that if you would like to be accompanied by an experienced KHS volunteering mum or dad, we do offer a buddy system, just let us know via email to [lyharnimail@yahoo.com.au](mailto:lyharnimail@yahoo.com.au).

### Term 1 social drinks - Wednesday Morning Tea:

5<sup>th</sup> March 2014, 10am till late

**Venue:** Chantilly's Café, Chatswood Chase, lower ground floor (Next to the New Shanghai restaurant)

We speak/read/write your language - Mandarin/Cantonese/English. Bring your friends, **ALL welcome!!**

Please register your email with us as we **ONLY** communicate to you via email.

### Term 1 community social activities:

**Every Thursday:** Walking.

**Every Friday :** Yoga fitness exercise.

We will inform you via email on the news of our other social activities - language classes, social functions, parenting classes and more.

For any enquiries/comments/feedback please email [Lyharnimail@yahoo.com.au](mailto:Lyharnimail@yahoo.com.au).

Mobile (SMS only) 0410 505 808.

We would like to thank the following parties for their contribution to this article:

Killara High School ESL Coordinator/Editor

Mrs Silvia Kinloch.

Killara High School Chinese parent translator

Mrs Grace Wei.

**Ms Ly Harn, Mrs Grace Wei, Grace Jiang.**  
**Chinese speaking families, Parents Support**  
**Group and Social Committee**

## 来自中文家庭社区委员会的新闻

各位新年好！！

### 致 2013 年 12 年级的学生，家长和老师：

出色的表现！！祝贺所有12年级的同学，家长和老师，你们在 HSC取得了很好的成绩。

### 致 Killara 中学新入学的同学和家长：

我们诚意且热烈欢迎所有新入学的学生和你们的家庭，非常乐意认识你们。来加入我们的社区吧，也让我们知道你们的想法。

### 2014 年 Killara 中学义工新闻

您是否有新年帮助 Killara 中学的计划？以下事务您可以考虑来加入：

来学校食堂做义工？可以给学校餐厅助一臂之力。

学校校服处义工---理货/销售/财务出纳。

学校义工---工匠/园丁/临时监管。

KHS 中学家长委员会---任何家长如愿意提供一技之长，请联系我们。

我们需要您的支持和帮助，大家一起出力可以省些省力。

把孩子送到学校，吻别他们之外，我们还可以花稍多一点点的时间和孩子一起来到学校，参加 Killara 中学的父母自愿者队伍。当我们把这样的时间/技能看作一个小投资的话，Killara 中学和我们孩子家庭都将受益匪浅。

第一期的“校园小蜜蜂义工”安排在 2014 年的 3 月 2 日星期日，欢迎所有的人参加，这是一个学期只有一次的机会啊！

如果您希望可以有相关经验的父亲或者母亲带领你的义工之路，我们的确是可以安排好的，请告诉我们您的想法，可以致电邮：[lyharnimail@yahoo.com.au](mailto:lyharnimail@yahoo.com.au)。

### 第一学期社区喝茶活动：

**周三早茶：**2014 年 3 月 5 号，10 点开始

**地点：**Chantilly 咖啡厅，Chatswood Chase，一楼（新上海餐厅旁边）。

我们说/读/写：普通话/广东话/英语，带上你们的朋友一起来，都欢迎！

请 E-mail 大家各自的要求，我们目前只是用 EMAIL 来联络以免打扰到大家。

### 第一学期社区活动：

**每周四：**步行活动

**每周五：**瑜伽健身锻炼

我们也将用邮件来通知各位社区的其他活动---如语言教学课程，社区功能介绍和父母学堂等等。任何反馈，建议和意见欢迎发到邮箱：

[Lyharnimail@yahoo.com.au](mailto:Lyharnimail@yahoo.com.au)，也可发 SMS 短消息到手机：0410505808（请发短信为好）

我们感谢以下人员给予此文的帮忙：

Killara High School ESL coordinator/Editor 的 Silvia Kinloch 女士；

中国家长支持组织和社交委员会的 Ly Harn 女士，Grace Wei 和 Grace Jiang 女士；

Killara 中学的学生家长 Grace Wei 翻译。

THE KURUNG GAI POLICE AND COMMUNITY SAFETY COMMITTEE  
IN PARTNERSHIP WITH  
KU-RING-GAI COUNCIL  
Communicating and Caring

### "PARENT SURVIVAL STRATEGIES FOR TEACHING YOUNG DRIVERS"

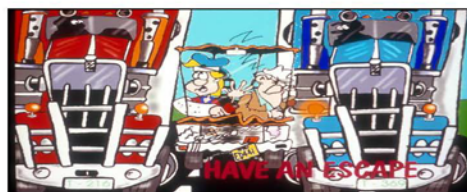
FREE In-Depth Seminar for PARENTS/SUPERVISING DRIVERS  
together with YOUNG DRIVERS

MONDAY - 17 MARCH 2014

6.00 PM for 6.30 PM - 8.30 PM

AT

KU-RING-GAI COUNCIL CHAMBERS, LEVEL 3,  
818 PACIFIC HIGHWAY, GORDON - ACCESS VIA REAR ENTRANCE  
LIGHT REFRESHMENTS



STAY ALERT - HAVE AN ESCAPE!!!!

Presenter: Jeff McDougall - Trent Driving School  
Immediate Past President, Australian Driver Trainers Assoc NSW Ltd  
Member National Executive Committee of the Australasian College of Road Safety  
Member of K'gai Police & Community Safety Committee, Former MD Trent Driving School

will discuss the Vital Aspects of

WHAT YOU NEED TO KNOW WHEN TEACHING A YOUNG DRIVER:

- o A Comprehensive and Organised Approach to the Driving Task
  - o The Five Crash Risks for Young Drivers : Preparation for the Driving Test
  - o Keeping the Log Book Honest : Teaching Practical Skills Safely
  - o The Components of Driving : Strategies for Safe Driving
  - o Effective Partnerships : Making it a Positive Experience
- Vital information about the current driving test!

Presenter: Snr Cons Lynda Hart - Hornsby K'gai PCYC  
Will Share her "Passion for Keeping People Safe"

BOOK EARLY - SEATS LIMITED: Phone Carroll on mobile 0405 558 660  
or email [carroll.howe@gmail.com](mailto:carroll.howe@gmail.com)

**GORDON SOCCER CLUB**

**REGISTER NOW TO PLAY SOCCER in 2014**

Register online at:  
[www.gordonsoccerclub.com.au](http://www.gordonsoccerclub.com.au)

Boys \* U15s \* Under 6s to Under 18s  
Mens All Age (17-90) \* Mens Over 45  
Womens All Age (17-90)

Match times for Under 6 to Under 12 are  
Saturday mornings from April to August





**Lindfield Rotary Club**  
**FUNRUN**

**SUNDAY 6 APRIL 2014**  
**Roseville Park**  
**Clanville Rd, Roseville**

5km run/walk starts at 8am    10 km run starts at 8.15am

Enquiries: [lindfieldrotaryfunrun@hotmail.com](mailto:lindfieldrotaryfunrun@hotmail.com)

For more info and to register online, visit:  
**[www.lindfieldrotaryfunrun.org.au](http://www.lindfieldrotaryfunrun.org.au)**



**HORNSBY GREEK FESTIVAL**

**SUNDAY FEBRUARY 23RD 2014**

FOOD - DANCE - BANDS *Celebrating 4 years*  
BOUZOUKI - ART - CULTURE

**Fagan Park 11am - 7pm**  
**38-48 Arcadia Road, Galston**

**JOIN US...as we attempt the Largest Greek Zorba Dance!** **FREE ENTRY**

**Sydney's Biggest Greek Celebration!**

**WIN A Mazda 2**

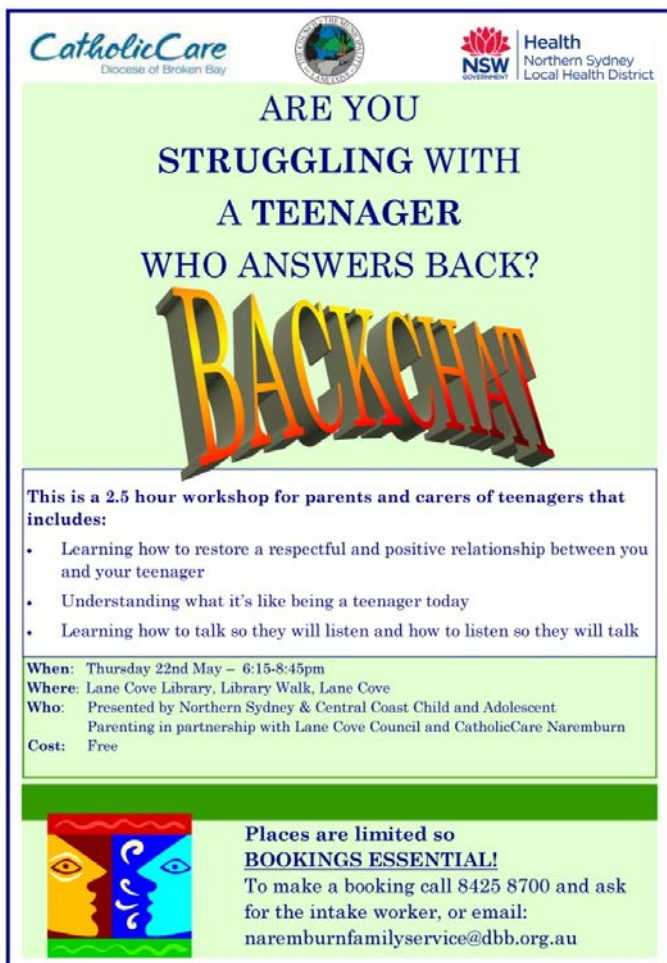
- Souvlakia - Haloumi - Loukoumades - Frappe
- Gourmet Coffee - Cheese & Spinach Pastries
- Gelato - Greek Delicacies - Carnival Rides - Art
- Raffle Prizes - Jewellery - Memorabilia - Camels

Hosted by  
**Greek Orthodox Church & Parish of St Therapon**  
Under the Greek Orthodox Archdiocese of Australia  
Po Box 304, Thornleigh, NSW 2120, Phone: (02) 98753142  
[www.HornsbyGreekFestival.com.au](http://www.HornsbyGreekFestival.com.au)

Proudly Supporting  
**Estia Foundation of Australia**  
Caring for people with special needs

The St Ives Junior AFL Club is looking for new players for 2014 and we want you to join us for a season of fun, fitness & friendship. We have some free clinics for you to come and try AFL. You can come to all the clinics or just one, no pressure, come along and have a kick.

<b>Clinic</b>	Age Players (9-14yo's) Come and Try AFL Clinics
<b>Dates</b>	Tuesdays 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> February, 2014
<b>Times</b>	6:00-7:00pm
<b>Clinic</b>	Auskick (4-8yo's) Come and Try AFL Clinics
<b>Dates</b>	Tuesdays 11 <sup>th</sup> & 18 <sup>th</sup> February, 2014
<b>Times</b>	5:00 - 6:00pm
<b>Where</b>	Acron Oval, Acron Rd, St Ives
<b>Info</b>	Trev Byrne – 0412.548.906 <a href="mailto:president@stivesafl.com">president@stivesafl.com</a>



**CatholicCare** Diocese of Broken Bay

**ARE YOU STRUGGLING WITH A TEENAGER WHO ANSWERS BACK?**

**BACKCHAT**

This is a 2.5 hour workshop for parents and carers of teenagers that includes:

- Learning how to restore a respectful and positive relationship between you and your teenager
- Understanding what it's like being a teenager today
- Learning how to talk so they will listen and how to listen so they will talk

**When:** Thursday 22nd May – 6:15-8:45pm  
**Where:** Lane Cove Library, Library Walk, Lane Cove  
**Who:** Presented by Northern Sydney & Central Coast Child and Adolescent Parenting in partnership with Lane Cove Council and CatholicCare Naremburn  
**Cost:** Free

Places are limited so **BOOKINGS ESSENTIAL!**  
To make a booking call 8425 8700 and ask for the intake worker, or email: [naremburnfamilyservice@dbb.org.au](mailto:naremburnfamilyservice@dbb.org.au)



**HERROCH EVENTS** **SYDNEY METRO**  
**FULL DAY INTENSIVE: NORTH RYDE RSL CLUB-**  
**Friday 28th February-2014**

**Herroch Events Presents**  
**Autism Spectrum Disorders**  
**Meeting the Challenge of Effective School Support (Focus: 3 to 18 years of age)**

**A Practical ONE DAY Seminar**  
**designed for all Staff, Parents/Carers,**  
**Therapists and Service Providers**

**Presenter: Dr Lee Sturgeon**  
**(Clinical Psychologist specialising in Autism Spectrum Disorders).**

Lee is a dynamic highly informed presenter whose interest in and passion for his area of expertise is evident. He uses excellent analogies to get his ideas across. - ACT - 2012.

An excellent day, very informative and insightful, with plenty of practical advice, tips and recommended resources to access. - Forster-2012

**KEY FOCUS AREAS OF THE DAY:**

- Latest Information & Advice reflecting Current Research & Practice
- Practical Teaching Strategies
- Specific Resource Material on display
- What are Autism Spectrum Disorders? The implications of DSM V
- Diagnosis and the WHOLE family
- The impact of ASD on the School Aged Child/Adolescent
- Transition from Preschool to Kindergarten
- Choosing the best school to start kindergarten for a child with an ASD
- Transition 6-7
- Overcoming potential limitations in obtaining interventions in rural areas
- The importance of local networks and how to develop them
- Positive Behaviour & Social Skills Support
- Playground/classroom/transitions
- Anxiety Management
- Managing sensory sensitivities
- Sexuality Support in Adolescence

**ABOUT THE PRESENTER: Dr LEE STURGEON**

Consultant Clinical and Developmental Psychologist Specialising in Autism Spectrum Disorders

Dr Lee is a Clinical Psychologist who runs a local private practice in the Lower Hunter, NSW.

Lee specialises in working with individuals with developmental disabilities and has been working with this population for twenty years. A large proportion of Lee's work is associated with the diagnosis of children with Autism Spectrum Disorders (ASDs) and the provision of practical interventions for families, educational services and professional organisations.

In addition, Dr Lee regularly conducts workshops and seminars on topics related to Developmental Disorders & ASD.

The Gonski Report (2011) emphasises the critical importance of supporting students with additional learning and behavioural needs. This seminar addresses the core practices and skills essential for this emphasis to occur within the school setting.

For further details & registration information visit our website [www.herrochevents.com.au](http://www.herrochevents.com.au) or email [herrochevents@bigpond.com](mailto:herrochevents@bigpond.com) or p/f: 02 4332 2589 or p/f: 02 4333 9916.

HERROCH EVENTS PTY LTD. ABN: 48153284611. To stay receiving free or email communication from us please fax to 02 43339916 and request to be unsubscribed.

**KILLARA WEST PYMBLE RUGBY CLUB**



**KWP RUGBY REGISTRATION IS OPEN**  
 (but will be closing shortly!)

Killara West Pymble is your local rugby union club providing the opportunity for local members to play Rugby from U6 through to U18. New members welcomed! No experience is necessary; our accredited coaches will teach all aspects of the game.

Register online at [www.kwprugby.com.au](http://www.kwprugby.com.au)

**FIIG bobbin head**  
**CYCLE CLASSIC**  
*Pedal to save lives*

**104 km**  
 Turramurra through Bobbin Head to West Head and back via Akuna Bay.

**57 km**  
 Through Bobbin Head turning around at Terrey Hills.

**80 km**  
 Via Bobbin Head and Akuna Bay, omitting the undulating 24 km to West Head.

**12 km**  
 Leisurely family ride through the streets of Turramurra & Wahroonga.

**Ride "The Bobbo" with Graham**  
 Special guest: **Graham Creed**  
 ABC Weather Presenter, passionate triathlete, ironman and cyclist...



**Sunday, 23 March 2014**

serious cycling for those seeking a challenge ■  
 a great day out for everyone else ■  
 music, food, entertainment ■  
 help us fundraise – pedal to save lives ■

**For details, and to register online, visit**  
**[www.bobbinheadcycledassic.com.au](http://www.bobbinheadcycledassic.com.au)**

facebook.com/bobbinheadcycledassic f  
 @BobbinHeadCC #bhcc2014 t

**PEDAL TO SAVE LIVES**

**FIIG**  
 Fixed Income Specialists



**PARENT FORUMS**

**Understanding your**  
**TEENAGER**

**\$5 ENTRY**

**Ku-ring-gai Council and KYDS invite**  
**parents of teens to a series of forums.**

Each forum is held on a **Monday from 6.30pm - 8.30pm**  
 (registration from 6:15pm)

Ku-ring-gai Council Chambers, Level 3, 818 Pacific Highway, Gordon.

**TOPICS**

**24 MARCH**  
**HELP! I'M A PARENT OF A TEENAGER**  
 Exploring common issues faced by teenagers and their families and exploring what is normal and when to worry!

**12 MAY**  
**ALCOHOL FUELLED VIOLENCE**  
 Discussion around risk factors associated with alcohol fuelled violence and ways to keep our young people safe. The evening will also investigate other drivers of youth violence and what can be done.

**23 JUNE**  
**ANXIETY AND ADOLESCENCE**  
 Informative presentation on generalised anxiety, ways it affects teenagers and strategies to deal with exam anxiety, social anxiety and school pressure.

**18 AUGUST**  
**BODY IMAGE**  
 Exploring the pressures placed on young people to be an 'ideal' shape and size. Clarifying the myths and assumptions about body image and related disturbances.

**17 NOVEMBER**  
**FAMILIES: HARD WORK AND HARDLY WORKING**  
 Discussion around diverse family dynamics and ways to integrate your teenager into the family unit.

**BOOKINGS REQUIRED**  
 Ku-ring-gai Council Youth Services on **9424 0837**  
 or [youth@kmgc.nsw.gov.au](mailto:youth@kmgc.nsw.gov.au)

More information  
 KYDS 9416 9824 or [www.kyds.org.au](http://www.kyds.org.au)