

Principal:
 Dr Mark Carter

Deputy Principals:
 Ms Carla Marchesin
 Ms Judith Paszek
 Ms Alison Gambino (Relieving)

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ArtExpress 2013

As in previous years Killara High School students' achievements in HSC Visual Arts were outstanding.

The following student has been selected to be included in ARTEXPRESS 2013:

Tany Tan - *The Family: A concoction of colour, light, darkness and personalities*

Tany's artwork will be displayed at The Armory, Sydney Olympic Park from 5th March – 28th April 2013.

Congratulations to Year 12 2012 on their outstanding results in the Higher School Certificate

Outstanding HSC Results Again in 2012

In the 2012 Higher School Certificate Killara High School students again produced excellent results overall with outstanding performances by many individuals.

From a cohort of 272 Year 12 students, seven students were among the state's highest all around achievers with band six (the highest band) or equivalent, in 10 or more units of study. There were **Ashleigh**

Edinburg, Andy Pan, James Powell, James Scott, Josephine (Shanshui) Xu, Julie (Siyi) Xu and Bill (Kaixiang) Zhang.

Overall 223 band six results were awarded to Killara High School students.



Six students received an ATAR of above 99. About 27.5% of the cohort obtained an ATAR of over 90 while about 53% gained an ATAR of more than 80. More than 80% of 2012 Year 12 students received a first round offer to university.

Of the 46 HSC courses studied at Killara High School 16 had a course mean of more than 5% above the state mean.

Liska Shui came second in English as a Second Language and **Setti Valizadeh Baghjehaz** was awarded first in Persian Background Speakers with a perfect score of 100. **Daniel Parker** achieved 100% in his Mathematics Extension 1 examination.

Jamie Scott was awarded a UNSW Co-op Scholarship for Engineering (valued at around \$16000 for each year of study) and **Josh Killen** received an offer from UTS for a Bachelor of Information Technology which is a scholarship program (also valued at around \$16000 for each year of study). **Cooper Kruize** received a scholarship for the prestigious Blue Mountains International Hotel Management School.

Ann Dixon, Promotions Coordinator



Will Longman (Year 12 2011) receiving his DEAS Gold Award at the Presentation Ceremony at Government House in November 2012

Calendar

February 2012

- 11 - School Photos – Day 1
- 12 - Yr 7 Concert Band 2 Grading - woodwind
- 16 - DEAS Gold Practice Expedition (4 days) – Urban Challenge
- 18 - School Photos – Day 2
- 19 - Chinese Parents Information Evening – 6pm – 8 pm
- 20 - P&C Annual General Meeting – 8pm – A Block Common Room
- 15 - Zone Swimming Carnival
- 26 - Ancient History Excursion – Macquarie University
- Yr 7 Parent Information Evening and P&C Welcome
- 27 - School Photos – Day 3

March 2012

- 3 - Grounds Working Bee – 8.15am – 1pm
- 4 - Yr 12 English Standard – Shohorn Sonata
- 5 - DEAS Silver Award Information Evening – C Block Conference Room – 6pm-7.30pm
- 6 - Korean Parents Information Evening – 6pm-8pm
- 9 - North Shore School Spectacular Concert – 7.30pm-10pm
- 10 - Yr 11 Jindabyne Camp (6 days)
- 11 - Yr 12 Assessment Block commences
- 12 - Sydney North Swimming Carnival (2 days)
- 14 - Middle Years Presentation for parents – Dr Michael Nagel – 7-8pm – Kerrabee Theatre
- 15 - DEAS Silver Practice Expedition (3 days)
- 18 - Yr 12 Assessment Block continues
- 20 - P&C Meeting – 8pm – A Block Common Room
- 23 - MUNA (2 days)
- 29 - Good Friday

April 2012

- 1 - Easter Monday
- 2 - School Development Day – students do not attend
- 2 - DEAS Bronze Award Information Evening – 6pm-8pm – C Block Conference Room
- 3 - Mufti Day – Prefects I/C
- Yr 11 Mock Interviews
- CHS Swimming Carnival (3 days)

Duke of Edinburgh's Award Expedition 2013

Bronze Award

Information Evening – Tuesday 2nd April 2013

6pm - 8pm - C Block Conference Centre

Bronze Training / Practice Expedition –

Friday 10th – Sunday 12th May 2013 – Somerset

Bronze Qualifying Expedition -

Saturday 10th – Sunday 11th August 2013 – Great North Walk

Silver Award

Information Session – Tuesday 5th March 2013 – 6pm – 7.30pm – C Block Conference Room

Silver Practice Expedition -

Friday 15th – Sunday 17th March 2013 – Pack and Paddle, Colo River

Silver Qualifying Expedition –

Friday 6th – Sunday 8th September 2013 – Pack and Paddle

Gold Award

Gold Practice Expedition -

Saturday 16th – Tuesday 19th February 2013 – Cross City Challenge

Gold Qualifying Expedition -

Saturday 12th – Tuesday 15th October 2013 – Cross City Challenge

Kelly Johnson, DEAS School Coordinator (Voicemail 107)

P&C Annual General Meeting

Wednesday

20th February 2013 at 8pm

A Block Common Room

All Welcome

Get Involved (and put a ☺ on your face)

Waking up on a beautiful Sunday morning and thinking “its Gardening Day at the School”... Do I really want to go? There are a million other things I could be doing with my precious time. But is there???

Make the effort, get out of bed and come along on **Sunday 3rd March 2012** to the “**Grounds Working Bee**” from **8.15am**. In a short time, your work can transform a garden bed and make a real difference to the “look and feel” of our school. You don’t need any experience, just

a bit of enthusiasm and an hour or two of your time. All tools and training provided on the day. It is a fun and easy way to contribute to your school community and morning tea is provided.

Four times a year, once each term, the Grounds Working Bee is held to keep Killara High’s gardens looking good. Richard Firth, our valiant parent leader, coordinates the morning, So put the **date in your diary NOW** and come along and meet Richard; don’t feel shy and we’re sure that you will leave with a smile on your face ☺ !!!

PS. Remember, it is your child’s school, so they are more than welcome too.



Where are they now?

▪ **Tim Shiraev (HSC 2003)** graduated in December 2012 with First Class Hons MBBS. Tim completed a Bachelor of Science (Hons) in Physiology in 2007. He then worked as a wardsman at St Vincent's Hospital for 12 months before entering Medicine as a graduate student. He has recently authored a book entitled *How to Get Into Medical School in Australia* which is scheduled for publication in March 2013.

▪ **Michael Shiraev (HSC 2006)** graduated B International Studies 2009 and LLB (Hons) in 2012 following a semester of study at the Peking University, Beijing in 2010. During his undergraduate program Michael pursued studies in Mandarin and Bahasa Indonesia. He was awarded his law degree from the University of Sydney at a graduation ceremony in Shanghai in 2012 and has recently completed a two month clerkship with a legal firm in Hong Kong.



Graduation in Shanghai – Michael is pictured on the right.

▪ **Tom Ferguson (HSC 2007)** has completed a degree in Media Studies at UNSW. He has travelled through USA, India, Nepal (amongst other places), spent two years working in advertising in London as a television producer and has recently returned to Australia and is now contemplating his future and possibly changing career and becoming a teacher.

▪ **Jamie Ferguson (HSC 2008)** travelled across Europe before returning to study at TAFE but soon returned to the UK on an Exchange program. He subsequently transferred to a degree course. He is now in his 3rd year of a Marketing degree at Kent University. He's been back and forward to Australia in his holidays and has worked at the Mater Hospital as a Theatre Orderly to help fund his UK degree.

▪ **Edward Ferguson (HSC 2010)** is studying Environmental Studies at UNSW and is currently taking a semester gap in the UK. He has travelled round Europe and is working in Liverpool, due to return to Australia and resume studies soon.

▪ **Dominic Ferguson (HSC 2012)** is trialling with Sheffield United Football Club. He is waiting to see if he gets offered a professional contract.

▪ Australian National University student, **Patrick Deegan (School Captain, HSC 2008)**, has been selected as one of 20 Australian undergraduate students to receive a 2013 Prime Minister's Australia Asia Award.

"A Prime Minister's Award will provide me with an opportunity to further my linguistic capabilities, my cultural understanding and assist me in my pursuit to play a meaningful role in Australia and Indonesia's common future."

The Prime Minister's Australia Asia Awards provide scholarships for the best and brightest university students from Australia and Asia. The Awards provide the opportunity for students to undertake not only international study, but also internships.

Patrick is undertaking a Bachelor of Asia-Pacific Studies and a Bachelor of Laws. The Award will enable him to spend 12 months in Indonesia carrying out study and research towards his degrees.



Patrick at the top of volcano, Sibayak in Berastagi, Sumatra, Indonesia.

During the course of his studies, Patrick hopes to gain an internship in the human rights field.

The Prime Minister's Australia Asia Awards aim to develop internationally-aware, skilled future leaders and to establish enduring education and professional linkages between Australia and Asia.

▪ **Alex Mason (HSC 2008)** graduated BSc (Nano technology) First Class Honours and has been awarded a scholarship to pursue PhD studies at UNSW in 2013. With his academic record, Alex is in contention for the award of a University Medal. He finds out soon.

▪ **Sofia Mason (Dux HSC 2009)** has completed three years of Medicine at UNSW and is about to commence a nine month clinical placement at Wagga Wagga.

The Welfare Team 2013

A team of qualified, experienced and caring staff are available to assist students and parents with any matters affecting students' well-being at school. They can be reached on the voicemail extensions below. Please do not hesitate to contact them. The team for 2013 is:

Head Teacher Welfare - Mrs Jane Rountree (English/History) – Voicemail Ext. 109

During Term 1, Mrs Clair-Louise Schofield will be relieving for Mrs Rountree

Year Advisers		Assistant Year Advisers
Year 7	Mrs Jennifer Downes (PDHPE) – Ext 273	Ms Tanu Arora (Science) – Ext 405
Year 8	Mr Richard Williams (English) – Ext 201	Ms Catherine Berry (CAPA) – Ext 275
Year 9	Mr Steven Gibb (HSIE Blue) – Ext 212	Mr Robin Chand (HSIE Blue) – Ext 407
Year 10	Mr Duncan Smith (PDHPE) – Ext 217	Mrs Fionna Hrcka (CAPA) – Ext 276
Year 11	Mr James Wray (Mathematics) – Ext 242	Mrs Kerrie Hanich (HSIE Blue) – Ext 267
Year 12	Ms Anne Carroll (English) – Ext 404	Mrs Kerrie Bayne (HSIE Blue) – Ext 293 Mr Stuart Pratt (HSIE Green) – Ext 247
Counsellors – Ms Eunice Markham (Mondays and Fridays), Ms Julia Griffiths (Tuesdays and Thursdays) and Mr Serge Boyakovsky (Wednesdays) - Ext 136		
Learning Assistance Support Teacher – Ms Kim Collins – Ext 108		

P&C Annual General Meeting

Wednesday, 20th February 2013 at 8pm

in the A Block Common Room

All executive positions and sub-committee chairs will be up for election and the 2013 Budget will be put forward for discussion and approval.

Last year we funded over \$500,000 of school assistance and improvements, and we need your contribution to our strong and dynamic P&C to make our great school even greater!

Year 7 parents are particularly encouraged to get involved in the P&C – get involved in your new school early!

Do not fear that attendance at the meeting means you will be roped into a position. We want parents to come to meetings so that we ensure that we represent the wishes of the parent community.

Roles for election are:

P&C Executive:

President Vice Presidents (2) Treasurer
Secretary

Sub-committees:

Building Canteen
Uniform Shop Grounds
Performing Arts Publicity and Public Relations
Social Sports
Technology School Liaison

Year Parents:

3 -4 parents per year group

To be a member of the P&C you need to pay a \$2 registration fee which can be paid at the meeting.

See you there!

David Jordan, P&C President

Year 10 Survive Program with Graham Hyman

On Monday 10th December 2012, Year 10 had a visit from Mr Graham Hyman who spent the whole day talking to us. Mr Hyman spoke about developing our skills as teenagers and he gave us ways in which we could develop these skills. He made it clear to us that as we enter our last years of high school one of the most important things is the relationships we have with our families. He gave us insight and advice as to how we can strengthen these relationships and make good decisions in life.

Mr Hyman told all of us that "Embarrassment lasts a moment but regrets last a lifetime." Through this

expression he explained to us that we should not be embarrassed about things in the short term because if we make poor choices we might miss important opportunities in life. He demonstrated this through a fun balloon popping game and discussion of other personal experiences.

Mr Hyman made this day extremely interesting and engaging, whilst also giving us important information that we will all benefit from and take on board. Everyone had a wonderful day and we would like to thank Mr Hyman very much.

Jackie Bryant, Year 11 2013

2013 Performing Arts Ensemble Rehearsals

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:30am	Vocal Extension Sunnie Kim		CB2 Studio 1 Nick Bayne	SB1 Studio 1 Bob Coassin	CB2 Studio 1 Nick Bayne
Lunch	Dance, flute rehearsals				
3:15-4:15pm	Vocal Ensemble Jacki Berry	Orchestra/Strings Studio 1 Mark Stevens	2:30-4:30pm CB1 Studio 1 Darren Jones	SB2 Studio 1 Bob Coassin	
4:15-5:15pm		Strings Studio 1 Mark Stevens			

NB: Dance rehearsals are held during lunch

Middle Years Presentation for Parents

At 7pm on 14th March 2013, Dr Michael Nagel Associate Professor in the School of Science and Education will be presenting an extremely interesting and informative one hour session on:

Blame Their Brain:

Why Our Children Do What They Do!

Have you ever wondered why your children act and behave the way they do? Have you marvelled at the stages of development you have witnessed and simultaneously felt bewildered by that very journey of growth and maturation? This presentation unlocks some of the mysteries of the development of the mind from birth through adolescence by examining the developing brain and shedding light on why children and teenagers may act the way they do. A look at neurological development also gives parents an avenue for understanding a range of

developmental inevitabilities including the importance of just saying 'no' to a toddler and the understanding why adolescents seem to have difficulty explaining their actions when doing the 'wrong' thing or indeed why they are, at times, seemingly incapable of responsible decision making. The evening's presentation will look at those ideas with a focus on contemporary research into how your child's brain develops, how boys' and girls' brains may differ and what this might mean for parenting in the 21st century.

The session will be held in the Kerribee Theatre. We have flown down Dr Nagel from Queensland to work with our teachers in the afternoon and our parents in the evening.

We looking forward to seeing you there.

KHS-Monash Research Partnership commences 2013

What are the career plans of our students, and how do their in-school experiences contribute to shaping them? Which pathways are most appealing for which individuals, and why? These and related questions form the agenda of "*STEPS: Study of Transitions and Education Pathways*". We welcome back Dr Helen Watt, Associate Professor in Educational Psychology at Monash University, who is conducting the research as a priority federally funded project through the Australian Research Council.

Helen conducted a similar study at Killara High School and 2 other Sydney high schools from 1995-1998, involving Year 12 cohorts of 1999, 2000, and 2001. You can read about those research outcomes at www.stepsstudy.org. In fact, she is presently engaged in re-contacting all the earlier participants, in a unique study to find out where they are and what they are doing 14 years later!

From 2013, Year 10 students from Killara will join Year 10 students from 4 additional schools in Sydney and 6 in Melbourne in a new study, which will track students through to the end of secondary schooling, and beyond. Only studies that follow the same people over time can adequately address questions concerning youth aspirations, pathways and destinations. And, only studies which include rich attitudinal information, can find out why youth pursue particular fields of education and occupation and not others – information sorely needed by post-secondary educators, employers and policymakers.

Full information will be distributed to all parents/carers early in March – we hope you will join us in our shared endeavour!

Mark Carter, Principal

ESL in the Spotlight

Once again students who undertook the English (ESL) HSC Course performed outstandingly in 2012, with 45% of students taking this course achieving marks in the top 25% of the state. Of these, **Liska Tze-Yung Shiu** came second in the state and **Josephine Shanshui Xu** shares the honour of being Dux of the school with **Andy Pan**.

Liska and Josephine are a testament to the dedication and ability of students who only a few

years ago might have been struggling with English as their second language, not to mention the challenges of dealing with a totally new culture and educational system. Their achievement also reflects the quality teaching that facilitates the learning of our ESL students and aims towards helping them to achieve the best possible learning outcomes.

Silvia Kinloch, ESL Coordinator

Go to the Department of Education and Communities' website (School A-Z) to download a free 2013 homework planner -

<http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/2013-homework-planner>.

Pianist Required

Pianist wanted to accompany the Vocal Ensemble Mondays 3.15-4.15pm.

Would suit a Duke of Edinburgh's Award Scheme student.

If interested, please contact Mrs Berry in the CAPA staffroom.

School Photo Day

Monday

11th February 2013



Don't forget!

**Bring your envelope and payment
on the day**

From the Library

Welcome to the new students and staff! Please come and visit your *Lion Library*, as there are many resources your information needs.

Each newsletter, we publish some of our new titles – both fiction and non-fiction, that can be borrowed. Please feel free to also ask the Teacher-Librarians for assistance if you need help.

New Fiction Titles:

Butler- Bowden, Caroline and Pickett, Charles. *Homes in the Sky: Apartment Living in Australia*

Cassidy, Anne. *Dead Time*

Child, Lauren. *Ruby Redfort*

Chwast, Seymour (adaptor). *Homer: The Odyssey*

Driver, Stephanie Schwartz. *Personal Finance: A Guide to Money and Business*

Favor, Lesli J. *Food as Foe: Nutrition and Eating Disorders*

Golding, William. *The Pyramid*

Harland, Richard. *Liberator*

Jan, Lesley Wing. *Write Ways: Modelling Writing Forms*

Lovitt, Zane. *The Midnight Promise*

Marsh, Katherine. *Jepp, Who Defied the Stars*

McClintock, Norah. *One Way*

Pemberton, Delia. *The Atlas of Ancient Egypt: With Artworks and Photographs from the British Museum*

Scutts, Jerri, *War in the Pacific: From the Fall of Singapore to Japanese Surrender*

Skews, Cameron. *Simply Drums: The Total Drumming Course (book and dvd)*

Wodehouse, P.G. *Ring for Jeeves*

New Fiction in Detail:

Macleod, Alistair. *Island: Collected Stories*

These slow, beautiful stories – resolute and resonant – are small masterpieces: apparently simple but actually crafted with enormous skills and precision. Set against the unforgiving landscape of Cape Breton, Nova Scotia, they are all concerned with the complexities and mysteries of the human heart, the unbreakable bonds and unbridgeable chasms between man and woman, parent and child.

Snicket, Lemony. *Who Could that be at This Hour? (All the wrong questions 1)*

Before you consider reading this book: ask yourself these questions: 1. Are you curious about what is happening in a seaside town that is no longer by the sea? 2. Do you want to know about a stolen item that wasn't stolen at all? 3. Do you really think that's any of your business? Why? What kind of person are you? Really? 4. Who is standing behind you?

New Non-Fiction Titles:

Beevor, Antony. *The Second World War*
Dolin, Tim. *Authors in Context: George Eliot*
Kahlen, Lisa. *Essential German vocabulary*
Lazo, Caroline Evenson. *F. Scott Fitzgerald: Voice of the Jazz Age*
Malam, John. *Early Medieval times.*
Ogborn, Jane and Buckroyd, Peter. *Satire* (Contexts in literature)
Robertson, Silvia. *Essential German Verbs*
Rodger, Nigel. *Life in Ancient Rome*

Non-Fiction in Detail:

Horowitz, Anthony. *Alex Rider: The Gadgets: Blueprints and Complete Technical Data*
Straight from the top-secret laboratories of MI6, this book contains classified information on the amazing gadgets used by teenage superspy Alex Rider in his thrilling adventures – from stun grenade key rings to motorized yo-yos. The foldout blueprints also feature detailed plans of the space station Ark Angel, as well as inside information from the CIA and covert weaponry devised by the criminal organisation *Scorpio*. With technical specifications, classified designs and confidential reports from the secret

service, this is the ultimate hi-tech guide to the dangerous world of espionage.

Stow, Dorrik. *Vanished Ocean: How Tethys Reshaped the World.*

A hundred million years ago, a mighty ocean stretched across four-fifths of the Earth; an ocean that teemed with life but also experienced devastating extinctions. It broke up and finally vanished five and a half million years ago, leaving clues of its former grandeur in rocks, fossils, and the precious gift of oil. It was called *Tethys*, and this is its story.

Zinran. *China Witness: Voices from a Silent Generation*

A work of oral history that illuminates the diverse ways in which the Chinese perceive and understand their own history. Xinran, acclaimed author, travelled across China in 2005 and 2006, seeking out the nation's grandparents and great-grandparents, the men and women who have experience, firsthand, the vast changes of the modern era. They speak freely and candidly about their hopes, fears and struggles, and about what they have witnessed: from the Long march to land reform, from Mao to marriage, from revolution to westernization.

Karen Jones and Francie Campbell
Teacher-Librarians

Ku-ring-gai Youth Development Service (KYDS) and the Ku-ring-gai Council Youth Services Team

present a parent forum on

“Adolescence 101: When to Worry”

Monday 4th March 2013

6.30 pm to 8.30 pm (registration from 6.15pm)

Ku-ring-gai Council Chambers,
Level 3, 818 Pacific Highway, Gordon.

Bookings required:

Ku-ring-gai Council Youth Services on 9424 0837 or youth@kmc.nsw.gov.au

For more information on the forums contact KYDS on 9416 9824 or visit www.kyds.org.au

Entry: \$5

Ku-ring-gai Council Come and Try Tennis Day

Where: Roseville Park, Clanville Rd, Roseville

When: Sunday 10th February, 9am-1pm

What: Open to all ages - a variety of competitions, games and prizes! Come and try our activities for free

Programs include: MLC Hot Shots, Cardio Tennis, Social Tennis and Fastest Serve

For more information please call 9424 0802 or visit www.kmc.nsw.gov.au/tennisopenday

Tennis Program 2013 at Killara High School

After school tennis programs and Saturday morning Junior competitions have been available at Killara High School every term for the past 7 years and have been very popular due to the great coaching on offer and the convenience of being inside the school grounds. The programs on offer in 2013 are as follows:

- | | |
|------------------|--|
| Monday | - Tournament Squad 3 – 5pm |
| Tuesday | - Elite Squad 3 – 5pm |
| Wednesday | - Pairs competition 2.30 – 5pm
- Tournament Squad 2.30 – 4.30pm |
| Thursday | - Development Squad 3 – 4.00pm
- Intermediate Squad 4 – 5.00pm |
| Friday | - Development Squad 3 – 4.00pm
- Intermediate Squad 4 – 5.00pm
- Tournament Squad 3 – 5.00pm |
| Saturday | - Junior Competition 8.00am – 12.00noon |

For bookings or more information please call Elizabeth Chappel (Matchpoint Tennis) on 94875966 or 0419449441.



the voices project 2013

out of place

by writers from atyp's Fresh Ink program
directed by Paige Ratray

Out of Place is the latest instalment in The Voices Project, atyp's overwhelmingly successful program designed to nurture and showcase the talents of Australia's best young playwrights. *Out of Place* is a beautifully crafted collection of seven-minute monologues presenting young characters that laugh, tease and tell stories to make your toes curl.

Joel Perlgut (Year 12 2010) is appearing in "Out of Place". His play is part of a series of short plays/monologues called "Out of Place" and is part of this year's season of plays at ATYP and goes from 1st - 16th February this year. The show received a very favourable review by the *Sydney Morning Herald* earlier this week and Joel's clown segment (pictured) was mentioned specifically by the reviewer. Congratulations to Joel!

Want to play Rugby League?

Like Benji Marshall and Ben Barba?

Come join the Willoughby Roos in their Centenary year.

A family and community friendly club with age groups from under 6's up to A Grade.

Registration Fees: first child **\$90**, second child **\$60**, third child (or more) **FREE**

Registration Days: Saturday 9th, 16th & 23rd
February 12pm-3pm.

Come and Try Day: Thursday 21st February
4pm - 5pm.

Where: Willoughby Park, cnr Warrane Road & McClelland Street, Willoughby.

For more information go to willoughbyroos.com.au
Managing HSC Stress Program

Tuesday 19th February 2013, 4-5.30pm

The Managing HSC Stress program is based on the principles of cognitive behaviour therapy (CBT), which is widely supported in the literature as an effective approach for both self-help and clinical intervention for stress management. The program is delivered by Psychologists very experienced in working with adolescents.

The following gives an outline of the content covered in the program:

- Sources of stress for students
- The Fight-or-Flight response
- Physical symptoms of stress
- The three step approach to managing stress:
- Strategies for managing HSC stress
- Sources of further help.

For more information about the content of the program, or to make a booking, please contact the Health Psychology Unit: 9514 4077 or email to: health.psychology@uts.edu.au, and ask to speak with one of our Psychologists.

Health Psychology Unit,

**University of Technology, Sydney, Ground Floor
174 Pacific Highway, Greenwich 2065**

WAHROONGA SOFTBALL CLUB

TBall, Modball, Softball

NEW PLAYERS WELCOME!!

2013 Season (April – September)

Register on line at www.wahroonga.softball.org.au

Registration and uniform day:

Saturday 9th February, 9am to 1pm
at Turramurra North Public School

For more information contact:

Valerie Cooper, Registrar 0425 320 389
Andrew Cooper, President 0425 304 140

St Ives Junior AFL Club

Now Recruiting

If you are aged between 5 and 16, then why don't you try AFL this year? The St Ives Junior AFL Club is now inviting registrations for the 2013 season and is running a series of free 'Come and Try Footy' twilight clinics during February.

For more information, please visit the Club's website at www.stivesafl.com or contact the Club's Recruitment Officer, Allison Harrigan, on recruitment@stivesafl.com.

Happy to receive calls from parents on 0400 150 501.