

Principal:
Dr Mark Carter

Deputy Principals:
Ms Carla Marchesin
Ms Judith Paszek
Ms Alison Gambino (Acting)

School Captains:
Roxanna Swart
Alexander Mura

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9498 3722

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killara-h.school@det.nsw.edu.au

Website:
www.killara-h.schools.nsw.edu.au

Year 7 Parent Information Evening

Tuesday 26th February 6.30pm

in the Kerrabee Theatre

- meet key Year 7 staff members,
- gain information about Year 7 matters and school routines
- socialise and meet other Year 7 parents and members of the KHS P&C.

Youth Rock

Any students interested in entering Youth Rock this year please see Mrs Berry for application forms.

Entries close 13th March 2013

KHS Swimming Carnival 2013 awash with new records

The KHS carnival was held on Monday 4th February at Lane Cove Aquatic Centre. This year, seven records were broken, once again with the girls dominating. Congratulations to all competitors and all record breakers. The carnival was a great success.

The Zone Swimming carnival is on 25th February at Sydney International Aquatic Centre.

The following swimmers broke records on the day:

Alicia Walker (15 years girls)

200m Free	new time: 2:24.00	school: 2:28.00
200m Individual Medley	new time: 2:45.20	school: 2:54.26
50m Backstroke	new time: 34.26	school: 35.22
50m Fly	new time: 32.86	school: 33.99
50m Free	new time: 28.95	school: 30.44
100m Free	new time: 1:03.79	school: 1:04.99

Benjamin Mackay (15 years boys)

200m Individual Medley	new time: 2:54.17	school: 2:55.95
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Carnival Results

12 Years Girls			12 Years Boys	
1 st	Jennifer Hart	Mundara	Jonathon Shaw	Mundara
2 nd	Anna Brain	Caringa	Niklas Biermann,	Kimba
3 rd	Indira Courtness	Doongara	Hongyi Chen	Mundara
13 Years Girls			13 Years Boys	
1 st	Tang Su Wing	Doongara	Noah Djordjevic	Caringa
1 st	Caroline Paulsen	Caringa		
2 nd			Declan Kirby	Doongara
3 rd	Hobson, Bryony	Caringa	Mathieu Mingant,	Mundara
14 Years Girls			14 Years Boys	
1 st	Georgina Purkiss	Caringa	Anthony Ngan	Doongara
2 nd	Ami Watanabe	Caringa	Jayden Burgess	Mundara
3 rd	Sonia Faragher	Kimba	Rhys Tirado	Caringa
15 Years Girls			15 Years Olds Boys	
1 st	Alicia Walker	Kimba	Benjamin Mackay	Caringa
2 nd	Nicole Fenton	Kimba	Joshua Marsh	Doongara
3 rd	Jada Andersen	Doongara	Hugo Marchant	Kimba
16 Years Girls			16 Years Boys	
1 st	Michaela Zipkis,	Kimba	Brandon Marsh	Caringa
2 nd	Adelaide Spicer	Caringa	James Andreou	Kimba
3 rd	Jihyun Rang	Mundara	Soon-Won Son	Mundara
17-19 Years Girls			17-19 Years Boys	
1 st	Brianna Sims	Doongara	Jesse Klass	Doongara
2 nd	Gabriella Turner	Caringa	Mark Sahin	Caringa
3 rd	Emma Norrington	Caringa	Derek Chu	Kimba

Calendar

February 2012

- 25 - Zone Swimming Carnival
 - Yr 8 Bompo Domp Competition – Sports Council event – lunchtime all week
- 26 - Ancient History Excursion – Macquarie University
 - Yr 7 Parent Information Evening and P&C Welcome – 6.30pm

March 2012

- 3 - Grounds Working Bee – 8.15am – 1pm
- 4 - Yr 12 English Standard – Shohorn Sonata
 - Yr 7 Bomp Domp Competition – Sports Council event – lunchtime all week
- 5 - DEAS Silver Award Information Evening – C Block Conference Room – 6pm-7.30pm
- 6 - Korean Parents Information Evening – 6pm-8pm
- 9 - North Shore School Spectacular Concert – 7.30pm-10pm
- 10 - Yr 11 Jindabyne Camp (6 days)
- 11 - Yr 12 Assessment Block commences
- 12 - Sydney North Swimming Carnival (2 days)
- 14 - Middle Years Presentation for parents – Dr Michael Nagel – 7-8pm – Kerrabee Theatre
- 15 - DEAS Silver Practice Expedition (3 days)
- 18 - Yr 12 Assessment Block continues
 - Yr 10 International Studies Excursion to Lakemba Mosque
- 19 - STEPS study
 - Creative Writing Workshops for Yr 5 students from local primary schools
- 20 - P&C Meeting – 8pm – A Block Common Room
 - Yr 7 Peer Support with Yr 11 Peer Support Leaders
- 23 - MUNA (2 days)
- 27 - KHS Cross Country Carnival
- 29 - Good Friday

April 2012

- 1 - Easter Monday
- 2 - School Development Day – students do not attend (See Page 4)
- 3 - Mufti Day – Prefects – Humpty Dumpty Foundation

Scenes from the Swimming Carnival



The full results of the carnival are available on the school website at <http://www.killara-h.schools.nsw.edu.au/faculties/sport/2013-swimming-carnival>

Volunteer in the school canteen: Informative, worthy and fun!

The KHS School Canteen provides a great service to over 1500 children and 100 staff at the school. And profits support the school via the Parents and Citizens Association.

Successful operation is partly achieved through the cheerful army of volunteers who work on a roster with our Canteen Managers, Pam and Carolyn.

Canteen volunteers can catch up on what's happening in the school, meet a lot of hungry kids, support a worthy service that helps fund extra school facilities for our children, and have fun with other volunteers on the team.

The Canteen is looking for volunteers, particularly for Mondays.

Even if you can only spare a few hours once in a while, call Carolyn on 9498 6740 to talk about how to join the canteen volunteers group.

Grounds Working Bee

Waking up on a beautiful Sunday morning and thinking "its Gardening Day at the School"... Do I really want to go? There are a million other things I could be doing with my precious time. But is there???

Make the effort, get out of bed and come along on **Sunday 3rd March 2012** to the **Grounds Working Bee from 8.15am**. In a short time, your work can transform a garden bed and make a real difference to the "look and feel" of our school. You don't need any experience, just a bit of enthusiasm and an hour or two of your time. All tools and training provided on the day. It is a fun and easy way to contribute to your school community and morning tea is provided.

Four times a year, once each term, the Grounds Working Bee is held to keep Killara High's gardens looking good. Richard Firth, our valiant parent leader, coordinates the morning, So put the **date in your diary NOW** and come along and meet Richard; don't feel shy and we're sure that you will leave with a smile on your face ☺ !!!

PS. Remember, it is your child's school, so they are more than welcome too.



Year 7 Camp

The whole of Year 7, about two hundred students, arrived at Killara High School for an early start to travel by coach to Vision Valley. The main purpose of the camp was to have fun, step outside our comfort zone and of course, make new friends.

The possible activities at Vision Valley were limitless. Water activities like a giant water slide, raft building, canoeing and even swimming all were amazing fun and a great way to cool off on the hot days. More challenging, both mentally and physically, were activities like the extremely long flying fox, crate stacking, rock climbing, abseiling and the leap of faith. All of these activities let you stretch your horizons and taught you to trust your peers as often you needed to rely on them.

When it came to the food at camp while it wasn't the best, at least it was edible. We always finished a meal with a full stomach, chattering to friends about what activity they had done or simply finding out more about what school or background they came from.

The climax of Year 7 camp at Vision Valley was the disco hosted by the Year 12 prefects. The theme this

year was pyjamas. As you entered the hall, with a disco ball spinning and a blast of loud music with people dancing around you, it immediately made you want to join in. The hosting Year 12 prefects had as much fun as everyone else did and they looked funny in their pyjamas.

The exhausting hours that the disco went for was enough for everyone to willingly go to their cabins at around 9.30. After most of the chatter died down, everyone fell asleep.

The next day we got to continue with our activities and after lunch, the Year 11 peer support leaders came to camp and we completed some games and activities with them.

The camp was not only fun and energetic but friendly. The seniors of Killara High School related to what we were feeling about our new school environment and we all spoke generally about camp and how easy new friends are to make. I am sure that all of Year 7 would agree that the camp was, and will continue to be, one of the highlights and unforgettable experiences of high school.

Alistair Reade, Year 7



School Development Days for 2013

Parents and students are very familiar with the scheduling of school development days into the school year. The first day of each of Terms one, two and three are pupil free days which have long been devoted to professional learning usually incorporating presentations by experts in their fields. Many members of the school community have shared in these professional presentations where they are relevant and appropriate. More recently, the last two days of Term four have been added to this calendar of pupil free days devoted to professional learning for teachers.

Many parents would be aware of the implementation of the Australian Curriculum. This national curriculum is being phased into schools commencing in 2014 with Years 7 to 10 English, Mathematics, Science and History and to provide teachers with the time required to commence work on programs, an

additional school development day has been allowed in 2013.

In many schools, this additional day will be what would have been the first day of Term two for students but because our athletics carnival is booked for that day, the arrangements are different for Killara High School.

Our additional school development day for 2013 will be on the Tuesday following the Easter break. **Killara High School students are not to attend school on Tuesday 2nd April, 2013. However, all students are expected to attend the school's athletics carnival on Tuesday 30th April, 2013** which will be the first day for students in Term two.

Should you have any queries regarding these arrangements, please contact the school on 9498 3722.

Judith Paszek, Deputy Principal

Korean Parents Information Night

Invitation for Korean Parents

NSW Department of Education and Communities
Northern Region

Please join us for this useful information night.

Interpreter will be present on the night.

6.30pm – 8pm

Wednesday, 6th March 2013

A Block Staff Common Room
Killara High School
Koola Avenue, Killara

Topics for the night include:

- NSW Education system
- Expectations of parents and students at Killara High School
- Subject choice

Refreshments will be provided.

RSVP

9498 3722 (Killara HS) **or**
9987 3935 (NSW Department of Education and Communities), **or**

Please send tear slip below to the school by Friday, 1st March.

Korean Parent Information Night

I will be attending the Information Night on
Wednesday 6th March 2013.

Family Name: _____

Child's name _____

Academic year _____

Number of people attending _____

한국인 학부모님을 초청 합니다

Killara 학부모 교육정보의 날
NSW 교육부 북부 시드니 교육구청 주관
유익한 정보의 밤에 꼭 참가 하시기 바랍니다
통역관이 참석 합니다

2013 년 3 월 6 일

수요일

오후 6 시 30 분- 오후 8 시

교직원 휴게실

Killara High School
Koola Avenue, Killara

강연 내용

‘NSW 교육제도’

‘Killara 고등학교에서는

학생들이 무엇을 하도록 기대하는가’

‘과목선택’

가벼운 간식이 제공 됩니다.

참석여부를 9498 3722 (Killara 고등학교),
9987 3935 (교육부)로 전화 하시거나,
아래의 양식을 3 월 1 일까지 학교로 보내 주십시오.

저는 3 월 6 일의 행사에 참석 하겠습니다

I will be attending the Information Night on
Wednesday 6th March 2013.

Name(성함)_____

Child's name(자녀이름)_____

Academic year (학년)_____

Number of people attending (참석자 수)_____

Performing Arts Ensembles

Rehearsals

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:30am	Vocal Extension Sunnie Kim		CB2 Studio 1 Nick Bayne	SB1 Studio 1 Bob Coassin	CB2 Studio 1 Nick Bayne
Lunch	Dance, flute rehearsals				
3:15-4:15pm	Vocal Ensemble Jacki Berry	Orchestra/Strings Studio 1 Mark Stevens	2:30-4:30pm CB1 Studio 1 Darren Jones	SB2 Studio 1 Bob Coassin	
4:15-5:15pm		Strings Studio 1 Mark Stevens			

NB: Dance rehearsals are held during lunch

Important Date for your Calendar

Saturday 9th March 2013

Chatswood RSL - Ensemble TBA

Wanted!

String players to join our String Ensemble

Please contact Jacki Berry for further information: Jacqueline.berry@det.nsw.edu.au



KHS-Monash Research Partnership commences 2013

What are the career plans of our students, and how do their in-school experiences contribute to shaping them? Which pathways are most appealing for which individuals, and why? These and related questions form the agenda of “*STEPS*”: *Study of Transitions and Education Pathways*. We welcome back Dr Helen Watt, Associate Professor in Educational Psychology at Monash University, who is conducting the research as a priority federally funded project through the Australian Research Council.

Helen conducted a similar study at Killara High School and 2 other Sydney high schools from 1995-1998, involving Year 12 cohorts of 1999, 2000, and 2001. You can read about those research outcomes at www.stepsstudy.org. In fact, she is presently engaged in re-contacting all the earlier participants, in a unique study to find out where they are and what they are doing 14 years later!

From 2013, Year 10 students from Killara will join Year 10 students from 4 additional schools in Sydney and 6 in Melbourne in a new study, which will track students through to the end of secondary schooling, and beyond. Only studies that follow the same people over time can adequately address questions concerning youth aspirations, pathways and destinations. And, only studies which include rich attitudinal information, can find out why youth pursue particular fields of education and occupation and not others – information sorely needed by post-secondary educators, employers and policymakers.

Full information will be distributed to all parents/carers early in March – we hope you will join us in our shared endeavour!

Mark Carter, Principal

Disability Provisions for Year 12 exams – see Ms Clair-Louise Schofield, Relieving Head Teacher Welfare & Student Services or Ms Kim Collins, Learning Assistance Support Teacher

NSW School-Based Immunisation Program

Each year NSW Ministry of Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school-based vaccination program.

In 2013 the following vaccines will be offered:

- **Hepatitis B vaccine** - a 2 dose course for all Year 7 students who have never received a course of Hepatitis B vaccine when they were a baby.
- **Varicella (Chickenpox) vaccine** - 1 dose for all Year 7 students who have **not** previously received Varicella vaccine or had chickenpox disease.
- **Diphtheria, Tetanus and Pertussis (Whooping cough) vaccine** - 1 booster dose. This dose was previously recommended at 15 years of age. Your child will only be offered this vaccine in Year 7.
- **HPV vaccine (Human Papillomavirus)** - a 3 dose course. The vaccine will be offered to Year 7 male and female students and Year 9 male students as a 3-dose course over the school year. Students who commence HPV vaccination in Year 7 at school but do not complete the course may be offered catch-up doses at school in Year 8.

Parent Information Kits will be sent home to parents/carers. To consent to the vaccination of their child, parents/carers are advised to read all the information provided, complete the Consent Form and return it to their child's school. Please ensure the child eats breakfast on the day of the school vaccination clinic.

Parent/carers who wish to withdraw their consent for any reason may do so in writing to the School Principal. The Procedure for withdrawal of consent is on the NSW Ministry of Health website at www.health.nsw.gov.au/immunisation

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/carers must record their Medicare Number (all 10 digits and the 11th number beside the child's name) on the Consent Form, as this is required to record the student's information on the National HPV Register and for female students only, link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents / carers should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Vaccination Clinic Visits Schedule for Killara High School

3rd April 2013

Year 7 girls Human Papillomavirus Vaccine (Dose1)
Year 7 boys Human Papillomavirus Vaccine (Dose 1)
Year 7 girls & boys Hepatitis B (Dose 1)
Year 9 boys Human Papillomavirus Vaccine (Dose1)

24th July 2013

Year 7 girls Human Papillomavirus Vaccine (Dose 2)
Year 7 boys Human Papillomavirus Vaccine (Dose 2)
Year 7 girls & boys Chicken Pox
Year 9 boys Human Papillomavirus Vaccine (Dose 2)

20th August 2013

Year 7 girls & boys Diphtheria-Tetanus-Pertussis

19th November 2013

Year 7 girls Human Papillomavirus Vaccine (Dose 3)
Year 7 boys Human Papillomavirus Vaccine (Dose 3)
Year 7 girls & boys Hepatitis B (Dose 2)
Year 9 boys Human Papillomavirus Vaccine (Dose 3)

***Please note Year 10 students are no longer vaccinated.**

Uniform Shop News

It has been a busy start to the year with queues out of the door most days!

Remember you can always email the order to khscp@yahoo.com.au and then just come in and pick your order up.

I would like to say a big 'Thank you' to all of our fabulous volunteers! Without you the uniform shop wouldn't work as well. It is a pleasure to work with all of you.

Second Hand Items

We currently have a good supply of second hand items for sale. The uniform shop welcomes any donations of uniform items which we then sell for roughly half the price of the new items. A pricelist is below;

Girls Senior Blouses	\$15
Boys Crested Short Sleeve Shirts	\$15
Boys Short Sleeve Shirts (Plain)	\$5
Long Sleeve Shirts White	\$12
Grey Trousers	\$27
Grey Shorts	\$22

Senior Ties	\$10
Junior Ties	\$7
Skirts (high-waisted & hipsters)	\$20
Summer Dress	\$30
Sports Shirts	\$15
Sports Shorts	\$12
Track Jacket	\$22
Track Pants	\$22
Jumper (Woollen)	\$35
Jumper (Cotton)	\$30

New Soft shell Jackets

The new style KHS soft shell jacket is now available for pre orders. We have all the sizes for trying on in both boy and girl styles.

PDHPE Program

As part of the Year 7 – 10 Personal Development, Health and Physical Education curriculum, the PDHPE staff aim to enable your child to develop positive attitudes which will allow them to lead a healthy lifestyle. As they mature your children will be required to make decisions about the lifestyle they wish to adopt. We believe they should make these decisions based on sound knowledge. PDHPE staff will address some sensitive issues in lessons during the year. The depth of content and the amount and type of information given will be appropriate to each particular year group. These issues will include:

- Sexuality, puberty and menstruation
- Sexual health, contraception and sexually transmitted infections
- Relationships and the uses of power in a relationship
- Diversity, discrimination, harassment and vilification
- Child protection and protective strategies

So if you want to pre order your jacket and beat the rush, come in and try them on for size. They cost \$70 and will be available for pick up from mid March.

The new KHS tartan collared white shirt which is worn without a tie will be available mid March and will cost \$34. These can also be pre ordered.

Out of Stock Items

We are currently out of Cotton Jumpers sizes 18, 20 and 22. These are due in at the end of February. Apologies for any inconvenience.

Kim McPartlin, Uniform Shop Manager

Email: khscp@yahoo.com.au

- Decision making and communication
- Drug use
- Challenges and opportunities
- Accessing and assessing health information, products and services.

All programmed units are based on the mandatory Year 7–10 Personal Development, Health and Physical Education Syllabus, developed by the NSW Board of Studies. This newsletter notice is to advise parents that these issues will be discussed in classes. Parents may wish to prepare for questions that may result from these lessons. Parents may ask that their children be withdrawn from classes involving such discussions.

Parents with questions or concerns in regard to the content of the program or the information presented should contact Ms Clarke, Head Teacher PDHPE on 9498-3722, email megan.clarke@det.nsw.edu.au.

Further information about the Year 7-10 PDHPE course structure is available on the website at <http://www.killara-h.schools.nsw.edu.au/faculties/pdhpe/pdhpe-year-7-10>.

From the Library

A little reminder about the Study Centre in 2013:

Continuing on with our tutorial program for year 12 students, we will recommence our Study Centre from **Tuesday 12th March**. The sessions will occur during Year 12's private study sessions in the library, and also there is an option for an hour after school on Tuesdays and/or Fridays. Our tutors are voluntary university students from UTS (Ku-ring-gai campus), Macquarie University and Sydney University. Please feel free to contact Ms Campbell, on Tuesdays or Fridays for any assistance.

New non-fiction:

Beattie, Rob. *Australian Geographic Outdoor Survival Bible: From Building a Fire to Finding Water – Lifesaving Skills for Tricky Situations*.

Kennedy, Sarah. *The Swimsuit: A History of Twentieth-Century Fashions*.

Mason, Paul. *Dirt Biking*.

Mason, Paul. *Snowboarding*.

Molan, Major General Jim. *Running the War in Iraq*.

Peterson, Rick. *The Art of Coaching Young Athletes*.

Russ, Jenny. *Essential German Grammar*.

Samara, Timothy. *Graphic Designer's Essential Reference: Visual Elements, Techniques, and Layout Strategies for Busy Designers*.

San, Ilya & El-Droubie, Yahya. *How to Draw Manga Style*.

Scheff, Anna. *Shopping Smarts: How to Choose Wisely, Find Bargains, Spot Swindles, and More.*

Scurfield, Elizabeth and Lianyi, Song. *Get Started in Mandarin Chinese.*

Stein, Leslie. *The Making of Modern Israel 1948-1967.*

New fiction:

Betts, Charlotte. *The Painter's Apprentice.*

Bray, Libba. *The Diviners.*

Horowitz, Anthony. *Oblivion.*

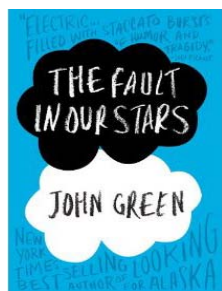
Muchamore, Robert. *One Shot Kill.* (Henderson boys series)

Vaught, Susan. *Going underground.*

Westerfeld, Scott. *Behemoth.*

**Karen Jones and Francie Campbell
Teacher-Librarians**

A Teacher-Librarian's pick:



The Fault in our Stars by John Green.

"This book is a work of fiction. I made it up. Neither novels nor their readers benefit from attempts to divine whether any facts hide inside a story. Such efforts attack the very idea that made-up stories can matter, which is sort of the

foundational assumption of our species. I appreciate your cooperation in this matter"..... and so begins the author's note at the beginning of the novel.

Despite the tumour-shrinking medical miracle that has brought her a few years, Hazel has never been anything but terminal, her final chapter inscribed upon diagnosis. But when a gorgeous plot twist named Augustus Waters suddenly appears at Cancer Kid Support Group, Hazel's story is about to be completely rewritten.....

".....I really liked Augustus Waters. I really, really, really liked him. I liked the way his story ended with someone else. I liked his voice. I liked that he took existentially fraught free throws. I liked that he was a tenured professor in the 'Department of Slightly Crooked Smiles with a dual appointment in the Department of Having a Voice That Made My Skin Feel More Like Skin'. And I liked that he had two names. I've always liked people with two names, because you get to make up your mind what you call them: Gus or Augustus? "Hazel writes of Augustus.

This book has interesting characters that are dealing with cancer and the ensuing difficulties it causes, but it isn't really about that....it's about finding love and pathos and belonging amid pain and tragedy...and laughing at the same time....

Suitable for Year 10 and up.

Francie Campbell, Teacher-Librarian

Careers Corner

Professional Cadetships Australia

There are three types of cadetships on offer by this organisation:

- Business cadetships in financial services through UBS for students interested in enrolling in business, commerce, economics or the humanities at university
- Engineering cadetships through Rolls Royce which are ideal for students planning to study either mechanical or electrical engineering or naval architecture
- Technology cadetships hosted by Westpac for potential computer science and IT students. Applications open on 11th March and should be completed online at www.businesscadetships.com.au. Deadline for submission is 15th May.

GAP Year Programs

- World Education Program offers high school students an opportunity to undertake an exchange at a school in another country. An information session will be held on 13 March at the Bowlers Club.

- Tutors Worldwide handles the recruitment of gap tutors for a wide range of schools in the UK. Closing date for applications is 11 April.
- Projects Abroad offers two-week summer placements for students from Years 10 – 12 as well as gap year programs. An information session will be held on 16th March between 1pm and 5pm at the Dougherty Community Centre, 7 Victor Street, Chatswood. To register visit www.projects-abroad.com.au.
- Latitude Global Volunteering has sent literature outlining their programs which are hosted by 13 international destinations.

The School for Excellence HSC Revision Lectures

The program can be accessed at www.tsfx.com.au/exams. A highlight is a free lecture on "Mastering the Exams" on 9th, 10th & 16th March at UNSW and The University of Sydney.

UNSW Faculty of Engineering Student/Parent Information Evening

This will event, which will launch UNSW's new "Women in Engineering" camp, will be held on 20th

March. Register online at UNSW's engineering faculty website.

Autumn School of Engineering

This program, which has been designed to give participants maximum exposure to the different streams of engineering, will be held from 15th to 19th

April at a cost of \$270. For further information email sydschool@engineersaustralia.org.au

For further information on any of the above please contact the Careers Office.

Ku-ring-gai Youth Development Service (KYDS) and the Ku-ring-gai Council Youth Services Team

present a parent forum on

“Adolescence 101: When to Worry”

Monday 4th March 2013

6.30 pm to 8.30 pm (registration from 6.15pm)

**Ku-ring-gai Council Chambers,
Level 3, 818 Pacific Highway, Gordon.**

Bookings required:

Ku-ring-gai Council Youth Services on 9424 0837 or youth@kmc.nsw.gov.au

For more information on the forums contact KYDS on 9416 9824 or visit www.kyds.org.au

Entry: \$5

Epilepsy Information Seminar

Do you have epilepsy? Or does someone you live with or care for have epilepsy?

Epilepsy Action Australia provides specialist epilepsy services for children and adults living with epilepsy across Australia. Our seminars allow you to gain and understanding of epilepsy and the seizure diversity including descriptions of the common types of seizure activity, seizure first aid and management strategies.

Who: Anyone who has epilepsy or lives with or cares for someone with epilepsy

Date: Saturday 2nd March 2013

Time: 10:00am to 12:00pm

Venue: Epping, NSW

Numbers are limited

Register now to secure your place by calling

- Call: 1300 37 45 37

- Email: epilepsy@epilepsy.org.au

Lindfield Rotary Club

Fun Run

Sunday 7th April 2013

Roseville Park, Clanville Road, Roseville

5km run/walk starts at 8am

10km run starts at 8.15am

For more information and to register online, visit:

www.lindfieldrotaryfunrun.org.au

Free Graduated Licensing Scheme Workshops for Learner Driver Parents in the Ku-ring-gai Council area

Young drivers are three times more likely to be involved in casualty crashes. That's why the RMS has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the RMS has set up a FREE 2 hour workshop for parents that offers practical advice on how to help learner drivers become safer drivers.

A FREE RTA parents' workshop will be held on **Tuesday 19th March** at the Ku-ring-gai Council Offices from 6.30pm – 8.30pm.

Early bookings are essential, so phone Council on 9424 0798 now to reserve your place, or email kmc@kmc.nsw.gov.au

“Communicating with Teens Course

Child & Adolescent Parenting

Presented by Northern Sydney Local Health Network

5 week: Commencing Wednesday 13th March 2013
course 7.00-9.30pm.

Venue: Chatswood

Workshop: “Dealing with Teen’s Back Chat” -

Venue: Chatswood – Wednesday 6th March,
7.00-9.30pm

Enquiries: Child & Adolescent Parenting – Ph 9887 5830

www.nscchahs.health.nsw.gov.au/caparenting.htm

Killara & District Softball Club

Registration & Pre Season Training

SUNDAY 17 & 24 FEBRUARY

3.00pm – 5.30pm: St Ives Village Green

2013 Season: April – September

TRAINING DRILLS WILL BE RUN BY

Alan Moore (Aust Assist Coach)

Kerrie Porter (Aust Assist Coach)

Free BBQ & Uniform Desk

Register on line at www.killara.softball.org.au

For more information contact:

Sue Wilson, Registrar: 0431 487 318

Andrew Beeston, President: 0419 260 572

Canteen Menu 2013

Hot Food

Specialty pies \$3.00

- Steak
- Beef and Mushroom
- Curry
- Cheese/Bacon/Beef
- Potato

Twista Pasta Bolognese 3.00

Lasagne 3.00

Fresh Tomato pasta (veg.) 3.00

Hot chicken roll 2.50

Ham & cheese roll 2.00

Cheese roll 2.00

Sausage roll 2.00

Cheese & spinach puff 2.00

Garlic bread 1.00

Various "Tucker Box" meals (with rice) 5.00

(Butter Chicken, Teriyaki Chicken, Chicken
Curry, Mongolian Beef, Beef Rendang)

Sauce .20

Rolls

Chicken 2.50

Salad 2.50

Egg & lettuce 2.50

Ham & cheese 2.00

Ham & tomato 2.00

Cheese & tomato 2.00

Cheese & bacon 2.00

Buttered .60

Sushi 3.00

Yoghurt with fruit sauce 3.50

Ski yoghurt 1.70

Fresh Fruit Salad 5.00

Tubs of watermelon 3.00

Ice creams – selection

from 1.00

Drinks

Milk - 300 ml 1.00

- 1 litre 2.60

- 1 litre (Lite) 3.00

Flavoured milk

Moove – 300 ml 2.00

Classic – 600 ml 3.00

Goulburn Valley – 600 ml 3.00

Fruitopia juice – 350 ml 2.00

Fruit drink popper – 350 ml 1.00

Cans – 375 ml 2.00

Bottles – 500 ml 2.50

Mt. Franklin water – 600 ml 2.00

Pump Water 2.50

Muffins/Banana Bread

Muffins 2.00

Banana bread 2.00

Mango/coconut bread 2.00

Chips

2.00

Pirahna chips 1.00

Popcorn .80

Soothers/Butter Menthol 1.80

Mentos 1.20

Eucalyptus drops .50

Miscellaneous

Exercise book – 192 page 4.00

Pocket tissues 1.00

UNIFORM SHOP

PRICE LIST & ORDER FORM 2013

OPEN TUESDAYS 8AM - 12NOON DURING SCHOOL TERMS

						(incl. GST)
GIRLS	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	\$ TOTAL
Blouse	Senior, White With Tartan Trim	\$34	8 to 22			
Skirt	'Gordon' Tartan Hipster Style Skirt	\$50	4 to 20			
Dress	'Gordon' Tartan Summer Dress	\$80	6 to 22			
Shirt	Winter Tartan Collared White Long Sleeve Shirt, Worn without Tie	\$34	8 to 22			
Soft Shell Jacket	Bottle Green with Logo	\$70	8 to 22			
Blazer	Polyester Wool, Bottle Green With Logo	Size dependent	80cm-120cm			
Socks	White Short Anklets (Above Ankle)	\$8	2-8, 8-11			
Tights	Black & Cotton	\$13	Av, Tall			
	Black & Opaque	\$11	Sm, Av, Tall			
BOYS	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	
Shorts	Summer, Mid Grey	\$44	62,67,72,77,82,84, 87,92,97,102,110			
Trousers	Winter, Long, Mid Grey	\$55	62,67,72,77,82,84, 87,92,97,102,110			
Shirt	Summer, White, Short Sleeve With Crest	\$30	10 to 36			
	Summer, Plain White, Short Sleeve, Worn With Tie	\$20	10 to 30			
	Winter Tartan Collared White Long Sleeve Shirt, Worn without Tie	\$34	8 to 30			
Soft Shell Jacket	Bottle Green with Logo	\$70	XXXS to XXL			
Blazer	Polyester Wool, Bottle Green With Logo	Size dependent	80cm-120cm			
Socks	Mid Grey (Above Ankle)	\$8	2-8, 8-11, 11-14, 14-16			

UNISEX	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	
Shirt	Winter, Plain White, Long Sleeve, Worn With Tie	\$24	8 to 30			
Ties	Junior, Tartan, Yr 7 to 10	\$15	One Size			
	Senior, Bottle Green With Logo	\$20	One Size			
Jumpers	Woollen V Neck, Bottle Green With Logo	\$65	8 to 16			
		\$70	18 to 26			
	Cotton V Neck, Bottle Green With Logo	\$60	8 to 16			
		\$65	18 to 26			
SPORT	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	
Sports Shirt	MicroFibre, With Logo	\$34	8 to XL			
Sports Shorts	MicroFibre, Bottle Green With Logo	\$26	10 to XL			
Track Pants	Microfibre Pants, Bottle Green	\$45	12 to L			
Track Jacket	Microfibre Jacket, Bottle Green With Logo	\$55	12 to L			
Basketball Singlet	Microfibre Green & Gold with Logo and Number	\$50	Girls and Boys, XS to XXL			
BAND	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	
Shirt	Black Short Sleeve poly/cotton embroidered logo	\$43	Small to XL			
ACCESSORIES	DESCRIPTION	PRICE	SIZE AVAIL	SIZE	QUANTITY	
Apron	Navy	\$10	One Size			
Cap	Cotton Brushed, Bottle Green	\$10	One Size			
Scarf	Fleece Scarf, Navy or Green	\$10	One Size			
Belt	Black Belt	\$15	65,70,75,80,85,90,95,100			
School Bag	Black Backpack	\$65	One Size			
Bookpack	Yr 7 and Yr 8	\$35	One Size			
Sports Bag	Green Backpack with logo	\$15	One Size			

CHEQUES PAYABLE TO "KHSCP"

\$ TOTAL (incl. GST) \$

STUDENT NAME		PARENT NAME	
PHONE			
DATE		RECEIPT #	
AMOUNT \$		Cash	Cheque <input type="text"/> VISA

ENQUIRIES AND PRE-ORDERS PLEASE EMAIL TO KIM MCPARTLIN AT khscp@yahoo.com.au

CREDIT CARD SURCHARGE IS 1.45%

TEL 9498 3722 EXT 128