NEWSLETTER

)12

Principal:

Dr Mark Carter

Deputy Principals:

Ms Elizabeth Diprose Ms Carla Marchesin Ms Judith Paszek

School Captains:

Roxanna Swart Alexander Mura

Address:

Koola Avenue Killara NSW 2071

Telephone:

9498 3722

Fax:

9498 2202

Email:

killara-h.school@det.nsw.edu.au

Website:

www.killara-h.schools.nsw.edu.au

Thank you and best wishes to all

On behalf of the staff at Killara High School, we thank our parents for their continued support in so many ways this year.

We wish all of our students and their families all the best for the festive season, safe and happy holiday times, quality time spent with family and friends and some time to rejuvenate for another exciting and productive year at KHS in 2013.

Mark Carter, Principal; Liz Diprose, Carla Marchesin and Judith Paszek, Deputy Principals

Killara High School's 44th Annual Awards Ceremony

To acknowledge student achievement for the 2012 school year

Wednesday 19th December 2012

10.30am

Kerrabee Centre

Killara Shows Some Christmas Spirit

Killara High School once again supported the Salvation Army in making hampers for the homeless and disadvantaged across Sydney during this festive season.

Last week the reception area was packed with wonderful and sparkling Christmas hampers! Like the years before, Home Groups from each year cohort were each asked to prepare a hamper for a specific family. Almost anything was wanted for the hampers, including tinned food and Christmas cakes to toys and basic toiletries. While these may all seem to be small items, they are capable of transforming the Christmas experiences of many families.

This year, we created 45 hampers, which were sent to the Salvation Army and will eventually distributed to families.

Thank you to all students, families and staff for your extraordinary efforts in making this Christmas season more memorable for many families. The Social Justice Committee wishes all a wonderful Christmas.

Victor So, Year 10, Student Justice Committee



Calendar

December 2012

- Sports Appreciation Day –
 Sports Council initiative
- 14 Yr 10 leaders and Yr 11
 Prefects Peer Support
 Training Day
- 17 Stage 4 Completion and Recognition Ceremony
 - Yrs 9 and 11 German excursion – Lowenbrau Keller
- 18 Stage 5 Completion and Recognition Ceremony
 - Gifted & Talented students showcase Theatre 6pm
- 19 Annual Awards Ceremony
 - Last day term 4 for students
- 20 School Development Day
- 21 School Development Day
 - Last day term 4 for staff

January 2013

- 29 School Development Day
- 30 First day Term 1 Years 7, 11 and 12
- 31 Whole School returns

February 2013

- 4 KHS Swimming Carnival Lane Cove
- 5 Yr 7 Camp (2 days)
 - DEAS Gold Award Information Night – C Block Conference Room – 6pm-7.30pm
- 11 School Photos Day 1
- 16 DEAS Gold PracticeExpedition (4days) CrossCity Challenge
- 18 School Photos Day 2
- Chinese Parents Information Evening – 6pm-8pm
- 25 Zone Swimming Carnival
- Year 7 Parent Information Evening and P&C Welcome
- 27 School Photos Day 3

March 2013

- 5 DEAS Silver AwardInformation Night 6-7.30pm– C Block Conference Room
- Yr 7 Peer Support plus Yr 11
 Peer Support Leaders
 - Korean Parents Information Evening – 6pm-8pm
- 10 Yr 11 Jindabyne Excursion (6 days)

"The Successful Senior" - Advice to Year 10

Most students hear the letters H.S.C. and groan as though they've just found out that despite rain, their Thursday sport isn't cancelled, however, I'm loving it. The simple strategy to help yourself not just *get through* your senior years but actually *enjoy* them mainly consists of being organised.

The key to staying on top of your work in Year 11 and 12 is organisation of equipment, so consider your chosen subjects and what materials you might need. For everyone though, I highly recommend a loose leaf folder. Have your one folder with subject dividers and loose leaf paper that you bring to school and work out of every day, as well as a folder at home for each subject. You can go crazy with the colour coding. Who said HSC wasn't fun?! When you finish a topic within your subject at school, empty those pages into your home folder. Those who decided not to take this approach ended up losing a lot of vital hand outs and quickly converted to the loose leaf life.

Another vital aspect of keeping up in senior subjects is completing homework. It's extraordinarily strenuous to sit back in class the next day and realise you're the only student not grasping a concept, because you're the only student who decided to watch *Beauty and the Geek* instead of going over that hand-out. Investing small amounts of time regularly really will produce maximum results when it comes to homework.

One of the main things I struggled with, and watched my peers suffering through simultaneously, was the overwhelming nature of exam blocks. If you can sit down and lay out in front of you the dates of all your exams, the preparation you'll need for each exam and the order in which it will be most effective to revise, you'll alleviate a lot of that stress. Don't leave preparation to the last minute. Set yourself a *personal* deadline as well as the teachers' deadline. Sure, that English essay may only be due on the 5th, but tell yourself: "I'm going to have it done by the 3rd." I cannot convey how much pressure this will take off you.

As hard as you try, it is physically impossible to sit at your desk day after day. If you stay home for the day to study, guaranteed approximately 30% of this time will be spent perusing the fridge, spinning around on your chair and/or annoying your siblings. Why not use this 30% of time to keep up that sport you love? Why not go try that new café with a few friends? There's absolutely no reason why not, as long as you know you have the self-restraint to say to yourself, 'Yes that was great, now it's time to sit down and study'. It's highly beneficial for you to keep up exercising and retain those close relationships with friends. The key is a balance. I organise these activities so that they take up approximately 30% of my time. The rest of the time then isn't wasted procrastinating, but working. This 70:30 of course isn't set in stone. It may be 50:50 during regular term time and 90:10 during an exam block.

I really hope I've managed to assist you slightly in this transition. It's a big change, but it doesn't need to be a difficult one. Come find me in the Year 12 COLA or talk to me online if you have any queries, substantial or small. Alternately, ask your teachers. Believe it or not, they've had sufficient experience in this department and are all hugely supportive of this transition. Best of luck to you all, and thank you for being such a great audience.

Alana Jacobs, Year 11

2012 World's Biggest Beep Test... oh so close!!

It was a case of 'oh so close' in regards to breaking the world record for the 'most participants in a multi stage fitness test' when the World's Biggest Beep test took place on Thursday of week 9.



302 students and teachers made the effort to come to school in their PE uniform and make their way to Koola Park at lunch in the name of fitness, school pride and world records, but unfortunately we fell agonisingly short of the 324 required to break the record set by a Canadian College in 2010.

A special well done to **James Murrie** (Year 10) and **Hannah Swinton** (Year 7) who were the last male and female 'standing'.



A great afternoon was had by all, but it was disappointing to fall short of the mark given the number of students we have in our school. The good news, however, is that we will be able to have another go next year!

Adam Bruckshaw, PDHPE Faculty





Celebratory Morning Tea for Year 12 Students

Thursday 20th December 2012 at 10.30am

Staff Common Room upstairs in A Block.

Come and celebrate with your friends and teachers.

School Resumes 2013

Tuesday 29th January School Development Day – Staff return

Wednesday 30th January Year 7, 11 & 12 students return

Thursday 31st January - Whole school returns

Uniform Shop News Extra Opening Hours

The opening hours for the beginning of 2013 are:-

Friday 25th January 12pm-4pm Tuesday 29th January 8am-12pm

(School Development Day)

Wednesday 30th January 8am-12pm

(First day of Term 1, Years 7, 11 and 12)

Thursday 31st January 8am-12pm

(Whole School returns)

Saturday 2nd February 8am-12pm Tuesday 5th February 8am-12pm

Then every Tuesday in the school term, 8am – 12pm.

Kim McPartlin, Uniform Shop Manager

Email: khscp@vahoo.com.au

Year 8 Gifted and Talented Class: Showcase Evening

Students involved in the Year 8 Killara High School Gifted and Talented Program will be holding a showcase evening where they will present their work and lecture on various topics studied throughout the year.

Parents and family members are invited to attend the Kerrabee Theatre at 6pm on Tuesday 18th December 2012. Parents and students who are interested in this Year 8 program are also invited to gain an appreciation of the academic requirements of this program.

Proposed program:

- Welcome and student showcases in the Kerrabee Theatre at 6pm
- Completion of an online educational activity created by students

This showcase evening has a dual objective. It will be an evening where important information about the program is disseminated to parents about the area of study undertaken throughout the year. Secondly, it will provide students with an audience to implement their online learning activities and to develop their public speaking skills.

This evening is designed to be a celebration of the work completed by students in this program. Selection for the 2013 class will not be associated with this event. Student identification and selection information will be provided next year.

Please complete the RSVP slip below and have your child return it to Mr. Robin Chand in the HSIE Blue staffroom as soon as possible.

Robin Chand, Gifted and Talented Coordinator

% -	, 	
<i>-</i>		
	RSVP	

Return to Mr Robin Chand in the HSIE Blue staffroom as soon as possible

Year 8 Gifted and Talented Class - Showcase Evening

Name of child:	Number of people attending:
Parent / carer signature:	Date:

From the Library

Fiction

Dixon, Franklin W. The Hardy boys: Deprivation House [Book 1 in the Murder house trilogy]

Meehan, Kierin. 10 Rules for Detectives: Bats, Bushrangers & Hidden Treasure.

Morphurgo, Michael. A Medal for Leroy

Pichon, L. Everything's Amazing (sort of)

Taylor, Thomas. Haunters: Ghosts from the Future

Fiction in detail

• Croggon, Alison. Black Spring.

Lina is enchanting, vibrant but wilful. Her eyes betray her for what she truly is – a witch. With her childhood companion, Damek, she has grown up privileged and spoiled and the pair are devoted to each other to the point of obsession. But times are changing. Vendetta is coming. And tragedy is stalking the halls of the Red House.

• Denman, K.L. Stuff We All Get.

Suspended from school, lonely and bored 15-year-old Zack will do anything for amusement. His mum drags him out geocashing, and Zack finds a CD with the word *Famous* written across it. He puts the CD in his stereo and loses himself in the music. Zack has sound-colour synethesia. He sees colours when he hears music, and the music on the *Famous* CD causes incredible patterns of colour to him. Zack becomes obsessed with the girl on the CD and decides he has to find her.

• Ellis, Deborah. Parvana's Promise.

On a military base in post-Taliban Afghanistan, American authorities have imprisoned a teenage girl found in a bombed-out school. The army major thinks she may be a terrorist working with the Taliban. The girl does not respond to questions in any language and remains silent, even when she is threatened, harassed and mistreated over several days. The only clue to her identity is a tattered should bag, containing papers that refer to people names Shauzia, Nooria, Leila, Asif, Hassan – and Parvana. This is the sequel to *Parvana* and *Parvana's journey*.

• Fountain, Ben. *Billy Lynn's Long Halftime Walk*. A glimpse into the life of a young soldier in Iraq, and into the experiences in which we are complicit – but of which we understand nothing.

This book will be the Catch-22 of the Iraq War. Instead of skewering the military, however, it skewers the society responsible for sending it to war, namely us. This funny, yet totally sobering, dissection of the American way of watching war will have you squirming at the same time you are laughing out loud; Foundation applies the heat of his wicked sense of humour while you face the truth of who you we have become. Live one day inside Billy

Lynn's head and you'll never again see our soldiers or America in the same way. [Karl Marlantes]

Non-Fiction

Baker, Joanne. 50 Ideas You Really Need to Know.

Corbetta, Luigi. Legendary Motorcycles.

Donovan, Sandy. Scheduling Smarts: How to Get Organised, Prioritize, Manage Your Time and More.

GUINNESS World Records 2013.

Morrison, Betsy S. and Ruiz, Ruth Ann. *Self Esteem* (Teen mental health series).

Nagle, Jeanne. Why People Get Tattoos and Other Body Art.

Trasko, Mary. Heavenly Soles: Extraordinary Twentieth-Century Shoes.

Non Fiction in Detail

 Beckett, Charlie with Ball, James. WikiLeaks: News in the Networked Era.

Wikileaks is the most challenging journalistic phenomenon to have emerged in the digital era. It has provoked anger and enthusiasm in equal measure from across the political and journalistic It poses questions to the way we spectrum. understand political communication. Wikileaks has compromised the foreign policy operations of the powerful state in the world; broken stories comparable to great historical scoops like the Pentagon Papers; and caused the international news organisations to collaborate with this tiny editorial outfit. Yet it may also be on the verge of extinction. This is the first book to continue to examine WikiLeaks and its place in the contemporary news environment fully and critically. The authors [Becket is Director of POLIS, the media think-tank at the London School of Economics; and Ball is a journalist with The Guardian newspaper, and visiting lecturer at City University, London] combine inside knowledge with the latest media research. They argue that the significance of WikiLeaks is that it is part of the shift in the nature of news to a network system that is contestable and unstable. Welcome to Wiki World and a new age of uncertainty.

Humphreys, Edward (ed.) Great speeches:
 Words that Shaped the World.

A collection of over 40 for the most powerful and stirring addresses delivered in the English language. Some of the speeches included are: *This was their finest hour speech* by Winston Churchill; Barak Obama's election victory address; Charles I – statement at the trial of Charles Stuart, King of England; Susan B. Anthony's speech on a woman's right to vote; Nelson Mandela's inaugural address; and John F. Kennedy's speech – *Ich bin ein Berliner*.

Karen Jones and Francie Campbell Teacher-Librarians





Did you know teenagers are 20-30 times more at risk of being harmed in a crash once they get their P's?

The keys2drive program aims to reduce this risk by helping learner drivers gain the necessary decision making skills to stay safe on the road.

Funded by the Australian Government, the program provides learner drivers and their parents/supervisors with a FREE driving lesson by an accredited keys2drive instructor.

Call 1300 728 205 to book your FREE keys2drive lesson with NRMA Safer Driving School.

*Some conditions apply and are available at www.nrmasaferdriving.com.au/keys2drive.htm Lessons are subject to availability. The learner driver must hold a valid Australian learner licence. A parent or supervisor with a current Australian full drivers licence must also attend the keys2drive session.

Ku-ring-gai Council Youth Services School Holiday Program

Slam Skate Trip - 11 spaces only! **Tuesday 15th January, 10am - 5pm**

Cost: \$15

Shelly Beach Swim, Snorkel and BBQ Thursday 17th January, 10am - 4pm

Cost: \$10

Monster Skate Trip

Monday 22nd January, 11am - 4pm

Cost: \$15

Jamberoo Fun Park

Tuesday 23rd January, 9am - 7pm

Cost: \$45

Secret garden BBQ and Live music featuring Jack Shephard, Michael Brady plus supporting acts

Thursday 24th January, 3.30pm - 7pm

Venue: Gordon SRC, 799 Pacific Highway, Gordon

FREE EVENT

Bookings are required for all events!

All trips depart from and return to the Fitz Youth Centre, off Memorial Avenue, St Ives, behind St Ives Shopping Village

Ages - 12-18 Years

Further information and bookings:

9424 0994 or youth@kmc.nsw.gov.au www.facebook.com/kcyouthservices



HOST FAMILY NEEDED!

Student Exchange Australia New Zealand is looking for a volunteer host family for a 17 years old Japanese boy who arrived in Australia in July 2012 and is currently attending Killara High School. He is a very open minded and friendly boy interested in sports and meeting friends. Together with his host family he would love to experience new activities and simply be part of his host family's daily life.

We are looking for a volunteer family able to host him from mid December till 30/04/2013.

What are your responsibilities as a host family?

Your basic responsibility is to welcome the student as a member of your family and to provide the same care and support you would give to your own children. We ask that you provide a bed and 2 to 3 meals a day. Students assume the normal responsibilities as a member of your family and are expected to undertake the same simple chores you would expect your own children to do.

What are the student's financial responsibilities?

Any school expenses incurred by exchange students are their own responsibility –school fees, uniforms and all equipment required by the school. Students are expected to have access to a minimum of \$150 to \$200 a month to cover personal expenses and all ongoing school costs. Students are responsible for the cost of all personal telephone calls they make and internet charges if applicable. Students are also covered by insurance.

If you can help, please phone Isabelle at the Student Exchange Office 1300 135 331.

Managing HSC Stress Program

The Higher School Certificate can be stressful for many students. However there are things that you can do to get through Years 11 and 12 with less stress and reduce the impact that stress has on your academic performance.

The UTS Health Psychology Unit has been running *Managing HSC Stress* programs for many years now and is pleased to be able to offer a *special one-day school holiday program* this coming January.

When: Tuesday 22nd January 2013

Time: 10am – 4pm

Lunch and afternoon tea will be provided.

Where: Health Psychology Unit

Ground Floor, 174 Pacific Highway

St Leonards

Cost: \$90.00 per student

Private Health Insurance may apply.

Register: Registration is essential as numbers are

limited.

To register call 9514 4077 or email Health.Psychology@uts.edu.au