

**Principal:**  
Dr Mark Carter

**Deputy Principals:**  
Ms Elizabeth Diprose  
Mr Ken Hopley  
Ms Julie Phelan (Rel.)

**School Captains:**  
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## Duke of Edinburgh's Award Scheme

### 2012 Gold Award Information Evening

Tuesday 25<sup>th</sup> October

6pm

C Block Conference room

## Did You Know?

**Stephanie Murphy and Sarah Coningham (Year 11)** have been selected in the NSW Acrobatic Gymnastics team that will compete at the Australian Championships 6<sup>th</sup> – 10<sup>th</sup> October at the Geelong Arena in Victoria.

## Success at CHS

The Combined High Schools' (CHS) Athletics Carnival was held from the 8-10<sup>th</sup> September at Homebush Athletics centre. Killara High School students were very prevalent in our most successful CHS carnival in recent years.

The results of all our students are as follows



**Brianna Gibson (Year 7) (pictured)** – 1<sup>st</sup> in 12 years Discus, 12<sup>th</sup> in 12 years Shot Put

**Eliza Cepak (Year 10)** - 2<sup>nd</sup> in 16 years Discus, 5<sup>th</sup> in 16 years Javelin and 7<sup>th</sup> in 16 years Shot Put

**Ella Gibson (Year 9)** - 3<sup>rd</sup> in 15 years Javelin

**James Andreou (Year 8)** - 5<sup>th</sup> in 14 years 400m

**Brandon Marsh (Year 9)** was 6<sup>th</sup> in the 14 years Hurdles

**Nicholas O'Donohue (Year 7)** - 11<sup>th</sup> in 12 years 100m and 8<sup>th</sup> in 12 years 200m

The relays teams consisted of the following students;



12 years Girls – **Juliette Mingant, Ava Semmonds, Brianna Gibson and Sophinia Lo (Year 7) (Pictured left)**

12 years Boys - **Jeffrey Zhang, Sachin Shah, Nicholas O'Donohue, Joshua Kim (Year 7) (Pictured left)**

13 years Boys - **Adnan Hameed, Ben Mackay, Matthew Sears (Year 7) and Graham Chen (Year 8) (pictured below left)**



14 years Boys - **James Andreou (Year 8), Daniel Soans, Bowen Lin and Brandon Marsh (Year 9)**



Congratulations to our boys relay teams who all made the finals. The 13 years team was 2<sup>nd</sup> and the 12 years team was 3<sup>rd</sup>, which is an outstanding result. Unfortunately the 14 years boys had a mishap with their baton change and did not finish the race. However having three teams in the finals is a fantastic result.

**Jennifer Downes, PDHPE Faculty**

## Calendar

### September 2011

- 22 - Yr 12 Final Assembly
- Yr 12 Picnic
- Ekuba – Yr 12 Farewell dinner – Kerrabee Hall
- 23 - Final day – Term 3

### October 2011

- 10 - First Day – Term 4 – Summer uniform
- Yr 10 examinations commence
- 13 - Executive conference (2 days)
- 17 - HSC examinations commence
- 19 - P&C Meeting – A Block Common Room – 8pm
- 24 - Yr 8 Japanese Excursion to Nihon Tanken Centre
- Yr 6 GATS program
- 26 - Killara Schools Partnership Conference
- 31 - Yr 10 Elective examinations during class (all week)
- Yr 8 Jewish excursion – Rose Bay College

### November 2011

- 2 - Elective Music Night
- 7 - School Certificate examinations (English and Science)
- Yr 9 assessment commences
- 8 - School Certificate examinations (Maths and Australian History, Geography, Civics & Citizenship)
- 10 - Spring Grade Sport semi-finals
- 11 - School Certificate examination (Computing Studies)
- 13 - P&C Grounds Working Bee – 8.15am
- 14 - Yr 10 "It's Your Life" Program (all week)
- 16 - Yr 11 Geography Excursion – Pymont
- Yr 8 Gala Day
- PAE Semester 2 Concert – 7.30pm
- P&C Meeting – 8pm
- 17 - Student Leaders Executive Induction Ceremony
- Sport Spring Grade Finals
- Lindfield East PS Band Concert – 4pm
- 18 - Lindfield PS Spectacular – 2pm
- 21 - Yr 10 Work Experience/ Service Learning (2 weeks)
- Yr 9 Survival Skills & Water Safety Program (all week)
- Yr 6 Gifted & Talented Program – 2pm
- 22 - Yr 9 Drama Performance (evening)
- 23 - Yr 11 Assessment Block commences

## Killara High Mock Trial Team Through to the Quarter Finals!!



On Thursday 15<sup>th</sup> September, the Killara High Mock Trial Team competed against Loretto, Kirribilli, in the Third Elimination Final of the NSW Law Society's Mock Trial Competition. It was a very close round and the presiding magistrate commented that the standard from both schools was the highest he has ever experienced.

The trial concerned a civil matter relating to damages incurred to the plaintiff who was a passenger on board a plane that our client, the defendant, operates. It was unfortunate that our client was found liable but our school won the round on a tie breaker point.

The team is now in the top 8 schools in the Statewide competition.

The team would like to thank our outstanding coach, Mr Patten, whose advice has been invaluable.

Best wishes to the team, **Nick Yuen, Neha Mulay, Alice Webb, Brian Yoon, Natalie Udler and Harrison Schaap** for the quarter finals.

**Mrs Williamson and Mr Browne, Mock Trial Coordinators**

## Catch Up Day for Vaccinations

On Tuesday 13<sup>th</sup> September a vaccination clinic was held at KHS for students receiving dose two of Hepatitis B and dose three of Human Papilloma Virus (HPV).

Some students were absent and missed these injections so a catch up clinic has been booked for Wednesday 26<sup>th</sup> October. The team will come to KHS after other schools and students will be called out of class as appropriate.

**Jane Rountree, Head Teacher Welfare**

***The Principal and Staff wish all Year 12 students a productive vacation in preparation for the HSC examinations in which we wish them every success.***



## Retirement of Phil Parish



Friday marks the the last day of teaching for Mr Phil Parish. Phil retires after 39 continuous years of service at Killara High School. He has turned his hand to many things, from cadets some decades ago, to Automotive and Engineering Studies, Work and Metal Tech, Design and Technology, Food Technology and Textiles Technology. In recent years Phil has donned his Donna Hay apron and led Years 7 and 8 Technology students in his own version of Masterchef master classes.

Earlier this year I received an email message from one of Mr Parish's

former students now running a lucrative construction business in Hong Kong. He attributes his interest and eventual success in the building and engineering industries to Mr Parish's influence and teaching many decades ago.

Last week a group of Stage 5 automotive studies students were triumphant in the starting of their reconstructed lawn mower engine under the guidance of Mr Parish. The engine roared to life, like so many have over the years, outside Mr Parish's workshop. And like some many students over the years, over the din of a motor running at full throttle, they cheered, and then, after a period of consternation, called out, "Mr Parish, can you come out here? We can't turn it off!"

Their joy is emblematic of many wonderful 'teaching moments' over a long career in the service of young people.

On Friday Mr Parish will be presented with a Department of Education and Communities retirement medal that is inscribed simply and appropriately, *Service to students*.

**Mark Carter, Principal**

## Youth Forum



On 6<sup>th</sup> September, two of our Year 9 students, **Luke Viney and Srivaths Ramkumar**, participated in a Youth Forum, held at Roseville College. This forum is an annual event. A panel of students from the five schools discuss *The Children's Book Council of the Year Older Readers list*.

The schools involved are: Killara High School, Ravenswood School for Girls, Roseville College, Shore and Wenona.

The adjudicator is Paul McDonald from the Children's Bookshop at Beecroft. There was lively debate and differing opinions. The audience consisted mainly of Roseville College and Shore students, who were also asked at times to participate in the discussion about the books. At the end of the forum, the audience, as well as the panel, was asked to nominate the one novel that they thought won the Book of the Year for Older Readers.

Luke and Srivaths each spoke at different times about their view of the nominated books that they had read. They spoke well and were applauded for their efforts. Killara should be very proud of these two young men representing our school.

In appreciation for their efforts, the students on the panel were able to select from a range of novels one of their choosing to take as a gift.

Here is what Srivaths thought of participating in the forum:

*"The Young Adult Book Forum was a great way to meet other bookworms and hear what they thought about different books. It was also a fun opportunity to read books by various great authors writing different kinds of stories."*

**Francie Campbell, Teacher-Librarian**

# Talking Technology

## Year 10 Practice Computer Skills Test (CST)

On Monday the 12<sup>th</sup> of September year 10 completed a Practice CST in their maths classes. The aim of this test was to let students see what the CST questions are like and how the test is accessed using student school certificate numbers.

Additionally, we were testing to see the wireless network was working properly and that the CST was actually located on the student laptops. The test result can also be used as the basis of a student's estimated mark if this is requested by the Board of Studies.

We found there were a number of problems in the Practice CST. The issues included:

- Some laptops had not automatically downloaded the test. This is sometimes caused if a laptop is not turned on regularly at school which is required for updates to be installed.
- Students did not bring their laptop charged and ready to go!
- Some connectivity problems occurred with individual machines. Students should see the TSO's (Technical Support Officers) if this was a problem, to get their machines checked out.

## Student Organisation Survey

In 2011 students in Years 10 and 11 were issued with a USB Memory stick as opposed to the conventional school diary which Killara High School issues to all students. This decision was made as part of the school's support for the DER Laptop Program.

For planning purposes we would welcome your feedback about this practice. If you are a student in Years 9, 10 or 11 could you please complete the Student Organisation Survey which can be accessed by typing in the link below? If you are a parent or carer of a student in these years could you please encourage participation in this survey? It would be a good opportunity to have a think about best practices for being organised.

Go to <https://www.surveymonkey.com/s/78MP7PZ>

If you have any questions please see Mrs Liesl Williamson, Head Teacher Stage 5, or email her on [liesl.williamson@det.nsw.edu.au](mailto:liesl.williamson@det.nsw.edu.au)

## English Classes for Mothers

English for Women run short courses to help women settle into Australian life easily. Study at home with a small group of friends and learn about Australian life and culture. Learn how to talk to your children's teachers, meet other mothers and join in school life.

[www.englishforwomen.com.au](http://www.englishforwomen.com.au) Tel 0429 656 878

In November the CST will be part of the 'real' School Certificate examinations. The computer skills test (CST) is a **mandatory requirement** for the School Certificate. If the test is not completed then the School Certificate is not awarded!

Students who did not manage to complete the test, for whatever reason, should report to Mr Kirbyshire to sit the test at any lunch time before the end of term.

## Year 10: Laptops collected for asset auditing and software updates

In week 9 we began to collect the Year 10 laptops. The collection of laptops is done to sight the assets and to update the software. This is a mandatory requirement of the DER (Digital Education Revolution) program management. All students must return their laptop to the TSO's office as soon as possible if it has not already been collected.

Some students are needlessly worried about bringing their laptop for service to the TSO's if they are damaged or they are not working. It is important to report the issue/s, as soon as possible, to the TSO's who have procedures to remedy problems.

**Ross Kirbyshire, Head Teacher Computing Studies**



*Dylan Dunkley and Claire Swift (Year 9) being organised with their laptop and diary*

專為媽媽們開設的英語班。老師上您家門授課。讓您和朋友一起有趣地學習英語和澳洲文化。請現在就打電話預定下學期的英語班。

专为妈妈们开设的英语班。老师上您家门授课。让您和朋友一起有趣地学习英语和澳洲文化。请现在就打电话预定下学期的英语班

[www.englishforwomen.com.au](http://www.englishforwomen.com.au)



## Killara Knitting Club

A small group of enthusiastic knitters has taken on the task of knitting squares for the ABC's "Wrapped with Love" program.

We plan to knit as many squares to make as many blankets (one consists of  $7 \times 4 = 28$  squares) as possible to donate next year to homeless and disadvantaged people. So far we have knitted 32 squares, so we are ready to sew up one blanket and are on our way to the second.

Thank you to the knitters, students and teachers, and to the staff that have donated wool and needles.

We meet in the Library at lunchtimes.

**Julie Phelan, Relieving Deputy Principal**



## From the Library

### Non-fiction:

Abram, Carolyn and Pearlman, Leah. *Facebook for Dummies*

Allen, Robert. *The complete Personality Tests: Learn About and Develop Your Personality Quotient!*

Branscombe, Maurice [and others] *The Good Game: Gamer's Guide to Good Gaming*

Bremner, Carter [and others]. *The Complete Book of Intelligence Tests!*

Cobb, Rosanne. *Kites: Flying Skills and Techniques, from Basic Toys to Sport Kites*

Coleman, Terry. *Olivier: The Authorised Biography*

Dakers, Diane. *Vera Wang: A Passion for Bridal and Lifestyle Design*

Evans, Richard. *Disasters that Changed Australia*

Heiden, Konrad. *The Fuehrer*

Pogue, David. *The World According to Twitter*

Quinones, Dr C. Kenneth and Tragert, Joseph. *The Complete Idiot's Guide to Understanding North Korea*

Schubert, Fiona [and others]. *HSC English Area of Study: Imaginative Journeys*

Stenning, Paul. *The Robert Pattinson Album*

Wilkinson, Carole. *Hatshepsut: The Lost Pharaoh of Egypt*

Witt, Sharon. *Teen Talk, Girl Talk*

Wright-Neville, David. *Dictionary of Terrorism*

### Non-fiction in detail:

Arnothy, Christine. *I Am Fifteen and I Do Not Want To Die: The Story of a Young Woman's Wartime Survival.*

Just fifteen in 1945, Christine tells a moving story of fear and death, hunger and thirst as she hides in a cellar with her family from the marching tides of the German and Russian armies during the siege of Budapest. Praying she would survive, asking herself

whether the terrifying experiences will ever be over and mourning the loss of some of her fellow refugees, Christine found solace in her imagination and dreamt of having a life of her own.

Clapperton, Guy. *This is Social Media: Tweet, Blog, Link and Post Your Way to Business Success.*

Many organisations, large and small, are using social media and social networking to build robust communities of followers, stay ahead of the competition and increase profits. Are you missing a trick? This is a definitive guide to using the whole spectrum of social media in an efficient and measurable way in order to market your business.



Dyer, Ben (editor). *Supervillains and Philosophy.*

Fans of comic books are shown how a close examination of the best super villains will add to their understanding of both the comic book universe.

Whitelaw, Ian and Whitaker, Julie. *History Makers: 100 Most Influential People of the Twentieth Century.*

Profiles the 100 people whose legacies burn brightest in the history of the last century – from the greatest scientists to the boldest political leaders and intellectuals – and ranks them in order of their influence. Entries are categorised in one of five fields:

politics & leadership; science & technology; popular culture & the arts; business & commerce; writers & thinkers.

### **New Fiction:**

Burnett, Frances Hodgson. *The Secret Garden*.

Colfer, Eoin. *Artemis Fowl and The Time Paradox*.

Condon, Bill. *A Straight Line to My Heart*.

Goodman, Alison. *Eona*

Higgin, Jane. *The Bridge*.

Jerbreal, Rula. *Miral*.

Kate, Lauren. *Passion*.

Patterson, James. *Angel*.

Phommavanh, Oliver. *Con-nerd*.

Perera, Anna. *The Glass Collector*.

Rodriguez, Deborah. *The Little Coffee Shop of Kabul: One little cafe. Five Extraordinary Women*.

Sarma, Siddhartha. *The Grasshopper's Run*.

Webster, Jean. *Daddy-Long-Legs*.

**Karen Jones and Francie Campbell**  
**Teacher-Librarians**

## **Careers Corner**

### **University Of Sydney "World Politics" HSC Board Endorsed Course**

After several months in the planning, this course has now been finalised and will run in January 2012. It is open to students commencing Year 11 in 2012. The course will be recorded on students' HSC testamur and can count towards a degree at the University of Sydney.

### **UNSW Bridging Courses**

These will be held in Physics, Chemistry and Mathematics from 23<sup>rd</sup> January to 20<sup>th</sup> February. Registration and payment is made online at [www.science.unsw.edu.au/bridging](http://www.science.unsw.edu.au/bridging). Deadline for applications is 20<sup>th</sup> January 2012.

### **Automotive Apprenticeships**

These are currently being offered by:

- Vantage Automotive, a major provider of government-funded, vocational learning and outsourced services in the automotive, technical and parts areas. To apply visit [www.vantageautomotive.com](http://www.vantageautomotive.com)
- MTA, which is offering a range of free, pre-apprenticeship courses in the motor mechanic, panel beating and spray painting fields. For further information visit the careers office or call Scott Jacka on 9891-6900.

### **Scholarships**

- Raffles College of Design and Commerce is offering scholarships valued from between \$55,540 and \$22,680 in the following courses: Bachelor of Accountancy, Bachelor of Commerce, Bachelor of Design and Bachelor of Arts (Visual Communication). Deadline is 30 September.
- An Information brochure outlining scholarships offered by UNE is available from the careers office. These include equity, sporting, discipline and residential offerings.
- Williams Business College's Scholarship Assessment Forms for management, marketing and business administration courses can be obtained from the careers office. Deadline for submission is 4<sup>th</sup> November.

### **Year 12 School for Excellence HSC Final Exam Preparation Lectures**

These will run from Sunday 25<sup>th</sup> September to Saturday 1<sup>st</sup> October and will be held at the University of Sydney. Lectures cover a range of HSC subjects. The program can be accessed online at [www.tsfx.com.au](http://www.tsfx.com.au)

### **UWS Early Offer Opportunity**

This is made to students whose ATAR matches or exceeds the 2011 published cut-off for the course they wish to study at UWS. Offers are made in the Early January Round of UAC offers. Eligibility conditions apply. For further information contact the careers office.

### **University of New England Early Entry Program**

As part of this program students are allocated a place at UNE based on a school's recommendation rather than final HSC marks. Recognition is given to a student's contribution to school life throughout their high school years. Application forms can be downloaded from [une.edu.au/earlyentry](http://une.edu.au/earlyentry). Deadline for submission is 30<sup>th</sup> September.

### **Year 12 Careers Advisory Line**

This free service funded by the Department of Education and Training, will be available from 15<sup>th</sup> December to 6<sup>th</sup> January. It aims to meet the careers counselling needs of Year 12 students, school leavers and their parents and caregivers during the summer vacation period. It is available on either 1300 300 687 or online at [www.cas.det.nsw.edu.au](http://www.cas.det.nsw.edu.au)

### **Open Days**

- Williams Business College, a private provider offering courses in legal secretarial/executive PA careers, events management, human resources, business management and marketing will be held on Saturday
- 19<sup>th</sup> November from 11am – 2pm.
- Tocal College which offers practical courses in agriculture and horse husbandry will open its doors to prospective students on 7<sup>th</sup> October. For further information email [info@tocal.com](mailto:info@tocal.com)

## University of Sydney Engineering and IT Information Sessions

Students interested in studying in the engineering or IT field can attend the following information sessions:

- Electrical and Information Engineering – Wednesday 7<sup>th</sup> December from 10am – 1.30pm
- Information Technologies – Wednesday 7<sup>th</sup> December 1.45pm – 4pm
- Chemical Engineering – Thursday 8<sup>th</sup> December from 9.30am – 2pm
- Project Management – Thursday 8<sup>th</sup> December 2.15pm to 5pm.

Register online at [Sydney.edu.au/engineering/testdrive](http://Sydney.edu.au/engineering/testdrive)

## North Sydney College 2012 HSC and Tertiary Preparation Courses

For further information contact the TPC Co-ordinator on 9942-0743 or the Head Teacher Pre-Vocational on 9942-0732

## TAFE NSW – Sydney Institute “Careers in Focus” Seminars

These will be held in the Turner Hall in Building B at Ultimo TAFE at the following times:

- Business and Marketing -11<sup>th</sup> October from 12pm – 1.30pm
- Accounting and Finance – 11<sup>th</sup> October from 6pm – 7.30pm
- Design – 12<sup>th</sup> October from 6pm – 7.30pm
- IT, Media and Music on 13<sup>th</sup> October from 6pm to 7.30pm
- Children’s Services on 18<sup>th</sup> October from 12pm - 1.30pm
- Community Services and Nursing, on 18<sup>th</sup> October from 6pm to 7.30pm
- Fitness, Outdoor Recreation and Massage on 19<sup>th</sup> October from 6pm to 7.30pm and
- Food Technology, Laboratory and Applied Science on 19<sup>th</sup> October from 6pm – 7.30pm.

## “Want to be a Doctor?” Seminars

The venue for these two lectures which are organised for 7pm on 29<sup>th</sup> September and 29<sup>th</sup> March is the University of Sydney’s Wallace Lecture Theatre. Cost is \$135. Register at [FUTUREDOCTORS.com.au](http://FUTUREDOCTORS.com.au)

## Short Courses

These are being offered by:

- Raffles College of Design and Commerce in Games Design, Graphic Design, Fashion Design/Portfolio Development, Fashion Marketing, Photography and Interior design. They are half-day courses and are free.
- Actors College of Theatre and Television Drama Workshops will be held in the following areas: Youth Acting and Film Making, HSC Group Devising Workshop and Audition Preparation

Courses. Email [info@actt.edu.au](mailto:info@actt.edu.au) for further information.

## Australian National College of Beauty “Day of Beauty”

Geared to students interested in finding out more about the beauty industry, this event, which will cost \$50, will be held on both 8<sup>th</sup> October and 19<sup>th</sup> November at 57 Foveaux Street, Surry Hills. For more information email [info@ancb.edu.au](mailto:info@ancb.edu.au)

## UNSW Taste of Engineering Workshops

Designed for students in both Years 10 and 11 who are strong in Maths, these 3-day workshops will be held in the coming holidays from Monday 26<sup>th</sup> – Wednesday 28<sup>th</sup> September. Attendees will be introduced to the basics of several electrical engineering disciplines such as signal processing, electronics design, computer programming, power and control and telecommunications systems. Register online at <http://www.ee.unsw.edu.au/tasteofee> Cost is \$90.

## Meadowbank TAFE’s new Bachelor of Information Technology (Network Security)

Information is available in the careers office on this degree which is the first network security degree offered in NSW. It aims to help students understand critical network security issues in business, industrial and social environments of the intranet, extranet and internet connectivity. To register interest in the course phone 131674.

## Green Cafe: Sustainable Design & Technology Digi-Girls Course

This hands-on, interior design course has been developed for girls in Years 9, 10, 11 and 12 who are interested in Hospitality, Design and Technology or Earth and Environmental Science. It will be delivered at Meadowbank TAFE from 16<sup>th</sup> – 17<sup>th</sup> November at a cost of \$120. To register email [Robyn.Woolley@tafensw.edu.au](mailto:Robyn.Woolley@tafensw.edu.au)

## Taste of TAFE Courses

These are available at Meadowbank TAFE in:

- Hair and Beauty on 24<sup>th</sup> November. Cost is \$50.
- Carpentry on most Tuesdays from 18<sup>th</sup> October to 6<sup>th</sup> December. Cost is \$80.
- Plumbing on most Tuesdays from 18<sup>th</sup> October to 6<sup>th</sup> December. Cost is \$80.

Enquiries to: [helen.mcnamee@tafensw.edu.au](mailto:helen.mcnamee@tafensw.edu.au)

## Free Parent and Carer “Living with Teenagers” Information Series

Topics include:

- Positive Conversations with your Teenager – 26<sup>th</sup> October
- Strategies for Stress – 30<sup>th</sup> November

The venue is Mission Australia, Level 1, 1 Coronation Street, Hornsby.



## Engineers Australia "Discover Engineering Day" 2011

This forum which is designed for students in Years 10-12 who are interested in engineering as a career, will be held on 17<sup>th</sup> November at Epping Boys High School. Cost is \$20. Register at <http://www.engineersaustralia.org.au/discover>.

## Tennis News

Killara high students participating in the Saturday Morning Junior Competition have enjoyed great success in Term 3 with four out of our ten teams making it through to the finals, and all four teams winning!

Congratulations to Matchpoint 4 (**Adham Muhseen, Adam Braun, Jang-Un Lee**), Matchpoint 5 (**Kelvin Yuan, Ayaki Ito, Yusuke Takamura**), Matchpoint 7 (**Loren Aghajani, Sara Imani, Nina Stambach**) and Matchpoint 9 (**Damon Sahota, Srikanth Menon, Henry Xu**).

## UTS Sydney International Animation Festival

This will be held on 23<sup>rd</sup> – 26<sup>th</sup> September. For further information, log on to <http://www.siaf.uts.edu.au>.

For further information on any of the above contact the careers office.

**Colleen Clarke and Fionna Massey**  
Careers Advisers

## Programs

- Killara after-school squads for students of all abilities. The classes are run from Monday to Friday each week of term.
- Saturday morning junior competitions, where the students compete against other local schools and clubs.
- Holiday tennis camps

Call Stuart Carruthers on 0402 929 919 to book your son or daughter in for Term 4.

### ENGAGING ADOLESCENTS PARENT COURSE

This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au) •

*Parenting skills for resolving teenage behavior problems*

A three-session program for parents and carers at  
**Lindfield Community Hall (next to Lindfield Library) 259 Pacific Hwy, Lindfield NSW**  
**2nd, 9th and 16th November 2011**  
**6:30PM-8:30PM**

#### Learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescence
- A three-option model & flow chart for decision-making
- Self check-in, first - for parents.
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore

**Registration Fee:** One parent is **\$60** for the course  
Two parents (Or you and a friend) is **\$100**

*An end to the arguing and yelling! • It saved our lives*  
• Simple, sane, effective •



## SPORTS CLINICS + Vacation Care

**Boys & Girls — Ages 4 to 14 — 9am to 3pm**  
**Mon 26 Sept to Fri 8 Oct 2011**  
Dee Why, Balgowlah, Mona Vale, St Ives, Harbord

### Camp Features

- ✓ Group, Weekly, daily & half day rates available.
- ✓ Individual skills tuition and modified games.
- ✓ Aftercare available until 4pm if required.
- ✓ Prizes & awards on last day of each camp.
- ✓ Commonwealth Childcare Cash Rebate Scheme.
- ✓ Strict Sun, Safety & Supervision policies.

Star Sports Camps is a Registered Child Care Provider  
Phone 1300 752 977 / 0412 602 999  
[www.starsportscamps.com](http://www.starsportscamps.com)  
Quote Code SSM10 for a \$10 discount




## school's out: Vision Valley holiday camps are on!

- 3-5 day holiday camps
- Adventure day camps
- Horse riding camps
- Overnight camp out

Climb a rock face, swing through the valley, ride a horse along a rugged trail, or try to stay dry in a canoe.  
Our camps are packed full of fun and adventure, for kids aged eight and up, and are on every school holidays!

Don't miss out: book your place now by calling (02) 9655 2600 or go to our website for more details [www.visionvalley.org.au](http://www.visionvalley.org.au)  
Childcare rebate is available



## Ku-ring-gai Council Golf Programs

Ku-ring-gai Council has **NEW** Golf programs for children of all ages, abilities and playing experience. Taking place at the North Turramurra Golf Course children can take part in Junior clinics run by golf professionals which go from 1pm-4pm each day in the school holidays. Also starting up in Term 4 will be an after school program where children will play games, work in teams and practice all aspects of the sport from *putting* to *driving*. There will be **FREE** 'Come & Try' days on the 11<sup>th</sup> October and 18<sup>th</sup> October for all interested.

For more information contact 9424 0802 or visit [www.kmc.nsw.gov.au/juniorgolf](http://www.kmc.nsw.gov.au/juniorgolf).