Volume 19 Issue 13

Thursday, 20th August 2009

NEWSLETTER

Relieving Principal:

Ms Glenda Robinson

Deputy Principals:

Ms Elizabeth Diprose Mr Ken Hopley Ms Joanne McFarland (Relieving)

School Captains:

Serena Dias Sam Margalit

Address:

Koola Avenue Killara NSW 2071

Telephone:

9498 3722

Fax:

9498 2202

Email:

killara-h.school@det.nsw.edu.au

Website:

www.khs.nsw.edu.au

Killara High School

ANNUAL OPEN DAY

Monday 31st August 2009 12noon – 5.00pm

- Students at work
- Classes to visit in all curriculum areas
- ❖ Individual and group student performances

Children and families from our local primary schools especially welcome



Artist: Anne Patterson (Year 12)

ANNUAL VISUAL ARTS EXHIBITION

Opening Night: Friday 28th August 7pm

Open:

Saturday 29th August 10am-3pm Monday 31st August 9am-5pm Tuesday 1st September 9am-3pm

The Kerrabee Centre

Wednesday 26th August - Year 12 Drama Night - 6.30pm in the Kerrabee Theatre Thursday 3rd September - Year 12 Music Night - 7pm in the Kerrabee Hall

Calendar

August 2009

- 23 VGen 40 Hr Famine Picnic
- 25 Trial HSC concludes
 - Yr 9 Geography Excursion (Central Coast)
- 26 Drama Night Year 12
- 28 Visual Arts Exhibition Opening 7pm (Hall)
- 30 P&C Grounds Maintenance 8.15am
- 31 Open Day 12 noon -5pm

September 2009

- 1 Yr 11 Music Workshop (Ku-ring-gai High School)
- 3 Year 12 Final Music Night
 - CHS Athletics Carnival Day 1
- 4 CHS Athletics Carnival Day 2
 - Yr 12 Film Workshop (P1-3)
- 8 Yrs 9-11 Music Night (Hall)
 - Yr 12 Modern History excursion (Sydney Jewish Museum)
- 9 Yr 11 Drama Performance (Theatre)
- 10 Yr 11 Drama Performance (Theatre)
- 11 Yr 12 Special Religious Seminar
- 12 DEAS Bronze Qualifying Expedition – Great North Walk (2 days)
- 14 Yr 11 Preliminary Assessment commences
- 16 P&C Meeting 8pm C Block Conference Room
 - P&C Performing Arts Ensemble Sub-Committee Meeting 7.30pm (A Block Common Room)
- 21 Yr 11 Preliminary Assessment continues
- 23 Yr 10 Assessment commences
- 24 French Study Tour departs
- 25 Yr 11 Preliminary Assessment concludes
- 29 Yr 11 Textiles Excursion (Art Museum)
 - Yr 10 Assessment continues
- 30 Yr 12 rehearsal for Presentation, Farewell and Ekuba

October 2009

- 1 Yr 12 Farewell Assembly
 - Yr 12 Ekuba Dinner 7pm Kerrabee Hall
- 2 Yr 10 Assessment concludes
 - Last day Term 3

Year 11 Making the Most of Opportunities

After 2 days of commuting across the state by train and bus, I arrived at Airlie Beach on Monday, 13th July ready to embark on a life-changing journey onboard the Young Endeavour. What exactly is Young Endeavour? Well back in 1988, to mark the Bicentenary of Captain Cook's landing, the United Kingdom decided to celebrate this event by bestowing a 44m tall ship to the government and people of Australia. Since then, thousands of young Australians have taken part in the Young Endeavour Youth Scheme which aims to give youth the opportunity for personal development.

During the term holidays, I was lucky enough to be selected as a member of the youth crew and set sail on an 11-day voyage from Airlie Beach to Townsville, covering 355 nautical miles. We sailed through the Whitsunday Passage where we sighted numerous whales and dolphins. The following day we anchored at Hook Island where we did some snorkelling,



diving and kayaking. Then we set sail for Wallaby Reef in the Great Barrier Reef and did more snorkelling. Later that day, we made landfall at Upstart Bay where we climbed coconut trees and learnt survival skills. Finally we took over the ship as part of Command Day and headed to Magnetic Island before manning our yards at Townsville.

During the voyage, I have learnt much about the sea, navigation and sailing. I have realised the hardship one must endure in order to set sails. However what makes my voyage unique is that I have learnt more about myself, my ability to face challenges in adversity and my tolerance towards others.



The Young Endeavour is a square-rigged ship meaning that it needs sail to move. It is perhaps one of the most eco-friendly ways to travel nowadays but sailing it requires the whole crew. In the first few days we undertook a crash course in sailing and learnt an endless list of sail techniques including beating, rigging, wearing and tacking. To make sure we

conceptualised all the sail theories, the infamous rope race was held every day where the youth crew were required to touch one of the 89 lines on the ship and yell out its correct name, such as course reefing line, buntline, clewline, brace, gantline, sheet and brail.

Throughout the eleven-day journey, the activities were full on running from 0700 till late night. On some occasions, I even had to wake up in the middle of the night to perform watch duties which caught me breathless. One of the most exciting experiences I had was climbing aloft nearly 40 metres above sea-level. It wasn't the height that scared me but the tendency to fall when the gale was up to 20 knots.

It was over to us on Command Day when we ruled the roost for 24 hours. This was the ultimate test of leadership skills. I was elected navigator, a job that requires a reasonably good sense of direction. My main task was to navigate the ship from one point to another without crashing into reefs or rocks. I had to predict the course of the ship taking into account wind, currents and other external forces (human errors) relying on methods such as celestial navigation, visual fixing, dead-reckoning and obviously the GPS.

I managed to put the ship within 6 yards of the designated fix and anchored at Horseshoe Bay after spending 18 hours in the chartroom. Even though I was extremely weary and pushed to my limits, I was amazed at my fortitude under pressure.

Although these action-packed activities drove me to exhaustion, the staffies managed to revive us with a bit of humorous, witty "pirattitudes". As we stepped onto Young Endeavour, we were exposed to a different world with its own technical language and jargon:

"Arrgh!! It's cold enough to freeze the balls off a brass monkey. Shiver me timbers!"

When the voyage ended, I came to the realisation that I had learnt one of life's lessons that it is worth taking

every single opportunity in life and having no regrets.

"Experience is what you get, when you don't get what you want."
(Anonymous)



If this hasn't turned you off, log onto www.youngendeavour.gov.au and register. Hopefully you'll be voyaging somewhere in Australia soon.

Desmond Leung (Year 11)

Sydney North Athletics Carnival Success

Congratulations to the following students on their wonderful performance at the recent Sydney North Athletics Carnival:

Eliza Cepak (Year 8) – 1st place in Discus and Javelin; – 2nd place in Shot Put

Georgia Griffith (Year 7) – 1st place in 1500m and 3000m

Brendon Marsh, Daniel Soans, Bowen Lin and Ilan Aarons (Year 7) – 1st place in 12yrs boys 4 x 100m relay

These students will now compete at the Combined High Schools Athletics Carnival in September.

Did You Know . . . ?

Mariafe Artacho de Solar (Year 10) has been selected to represent Australia in the under 21 years Beach Volleyball Junior World Championships to be held in England in September.

40 Hour Famine Update



This year KHS has over 220 students participating in the Famine, raising funds and going without something for 40 hours, whether food, it be technology or an item of choosing. their The money raised by the participants goes

supporting and feeding children and families in developing countries where families don't have the same benefits and resources we take for granted every day. The 40 hr famine is a great cause to get involved in and we hope that you will be able to support the students and teachers at KHS who are participating in the famine this year.

Please remember that All receipt books and monies should to be handed into the Accounts Office by no later than **Friday 4th September 2009**.

Good Luck and thank you for your support and efforts! **Drew McIntosh – KHS Vgen Group Leader**

The 40 Hour Famine this year is from 8pm on Friday 21stAugust until midday on Sunday 23rd August.

Something for Blair

I am one of Blair Garton's (Year 11) sisters. Currently, Fleur (also Blair's sister) and I are attempting to fundraise some money for the Muscular Dystrophy Association in Blair's honour by running the half marathon and the marathon in the Blackmore's Running Festival in September 2009.

We are hoping to raise \$5000 and have created a page online with Go Fundraise to help us do this.

The website is http://www.gofundraise.com.au/ MT4MD and you can donate online. We will also be holding some events in August such as a high tea and a movie night as supplementary fundraisers.

Any kind of support would be really appreciated and we hope to hear back from you soon. Thanks very much.

Alana Garton

High School Challenge

On Wednesday 12th August, 40 enthusiastic and talented Year 3 students from our local primary schools, Killara, Lindfield, Beaumont Road, Lindfield East and Roseville Public Schools arrived at Killara High School for their 'high school challenge'.

This involved their participation in challenges in History, TAS, Visual Arts, Music and Science. Their experiences were most ably facilitated by 40 KHS Year 9 and 10 students who were chosen by their teachers to assist on the day. Some of the talented primary school students specialised in Visual Arts and Music, while others rotated through the other activities during the day.

There was lots of fun and exciting learning experiences for all in each of the activities. We're not





sure who had more fun: the primary school students or the high school students? We did hear some of the KHS students make comments about how hard it was to be a teacher!!

A 'thank you' to the teachers who helped make the day such a success and led the workshops: Ms Trenoweth, Ms Bromley, Mrs Merchant, Mrs Leslie and Mr McLean.

And, of course, a big 'thank you' to the KHS students who represented Killara High so well and made the experience a very memorable one for our visitors. We received lots of positive feedback about our students and the value of the day!

Ann Dixon, Primary School Links Coordinator Julie Phelan, Head Teacher Stage 4





School Fundraiser - The Entertainment Book 2009-2010

Now available at Killara High School

Fill out your order form and return to the school office in A Block by <u>Friday 28th August 2009</u>.

The book is full of fantastic discounts for the whole family

20% of the book sales go to fundraising for the school

Year 11 Students Complete Philosophy Course at Macquarie University

Four Killara High School Year 11 students, Anouschka Akerman, Mike Lin, Daniel Miller and Glendon Woodward, recently completed the first year subject PHIL137, Critical Thinking as part of the Macquarie University School Partner Gifted and Talented program. The students were required to attend two on campus sessions as well as participate in online discussion boards.

The Critical Thinking course is a first year University Philosophy subject. Students engaged in exploration of the differences between explanation and argument. They analysed and evaluated the structure and quality of sample argument texts to determine the validity of the arguments therein.

All course notes and readings were provided online and optional fortnightly meetings at KNOX Grammar School were also available to help students stay focused and to share ideas with peers from other schools in the Region. Other online resources included readings, lectures, videos and quizzes where

students could test their own understanding and progress.

Anoushka, Mike, Daniel and Glendon were among nine Killara High students who were originally nominated for this course. Students were required to submit an application and provide referee reports as well as documentation of their academic achievements in Year 10. All four students performed admirably in the course. Daniel and Glendon were achieved a Distinction and Mike Lin achieved equal first place in the course with a mark of 86% and the award of High Distinction.

All students learned invaluable skills to support their academic pursuits at school as well as providing them with the skills to interpret argument in the wider worlds of politics, advertising and media. They are to be congratulated on their commitment to independent academic pursuits as well as their outstanding achievements.

Liz Diprose, Deputy Principal



Working together to improve the School grounds Working Bee Sunday 30th August 2009 - 8.15am



Our previous efforts have led to great improvements in the quality of the grounds and landscaping at Killara High School. The results of our labour are literally growing before our eyes. Jobs range from mulching to weeding, pruning to general clean up. With the erection of the security fence, some tidying up work needs to be carried out.

We particularly need your help to tidy up in preparation for the school's Open Day on Monday 31st August.

It is a great occasion to assist KHS and to meet other parents, form and extend friendships and keep fit. We enjoy morning tea refreshments and for those able to stay we finish around midday with a BBQ.



All parents (and families too) are most welcome.

If you can only spare an hour or so we would appreciate your help too.



For further information, contact Richard Frith on 0419 223 127



Raising the School Leaving Age

As of January 2010, New South Wales will have a new school leaving age. This means that students will complete Year 10 and then have a number of options in which to participate until the age of 17.

- · From 2010 all students in NSW must complete Year 10.
- From Year 10 until the age of 17 students must be engaged in one of the following options:
 - In school or registered for home schooling OR
 - In approved education or training OR

- In full time, paid employment [average 25 hours / week] OR
- In a combination of the options above

This applies to all to students who complete Year 10 in 2009 and to all subsequent years.

More information can be located on www.schools.nsw.edu.au

Glenda Robinson, Relieving Principal

What's Happening to Our Girls?

I was fortunate to attend this conference on Thursday 13th August held at the State Library. The subject of the conference was an exploration of behavioural issues, expectations, bullying and the contemporary teen and tween mindset in Australian schools.

The conference showcased the writing of some talented authors working in this area, and was both stimulating and challenging.

Maggie Hamilton was the keynotes speaker drawing on the research and observation that she presented in her book of the same name, "What's happening to Our Girls". The subtitle of her book is "Overstimulated, over-sold and over-sexed", and she explored such issues as why girls are so addicted to shopping, why there are reportedly more girls involved in violent incidents and why teenage girls are apparently undertaking risk taking behaviour previously associated with boys such as binge drinking and unsafe sex. It was a fascinating journey of exploration that began with a look at marketing tools and approaches; an explanation of the way marketers target very young children and the consumerism that is being built into the hard wiring of young girls brains. I am keen to follow up and discuss with staff some of the issues around the fragile sense of self that many of our girls have and the mask that many present to the world which appears to be built on a seemingly tough attitude and a superficial self confidence which is heavily dependent on physical appearance.

This was followed by a presentation by the author of a book entitled "Princesses and Pornstars", Emily Maguire. She poses questions such as what has happened to women's rights in the era of readily available mainstream porn, botox and the celebrity diet. While she did not disagree with Maggie Hamilton's portrayal of the young women in our midst who are at risk, she was at pains to point out that the majority of young women are not indulging in the dangerous behaviours, and that many are offended by the media's focus of attention on the extremes of behaviour. She encouraged participants to look beyond the scanty tops and short skirts of the so called "raunch culture" and to encourage our girls to

value their independence and equality, and to seek out positive role models of women across generations.

The psychologist Evelyn Field spoke eloquently about the negative role that bullying can play in people's lives and mental health, and some of her models for intervention and for building our students strength and resilience will be built into our welfare and camp programs. Her book "Bully Blocking" is full of practical strategies to help students cope with bullying and teasing.

In addition two young women writers, Randa Abdel-Fattah and Alice Pung spoke about the portrayal in their fictional creations of very atypical female protagonists, and relayed their message about the power of literature to build and renew a sense of self, Lucy Howard Taylor, author of "Biting Anorexia" spoke with passion about this debilitating and dangerous illness which she described as being born out of years of perfectionism and anxiety; "You don't catch anorexia because of one quick flick through a Vogue magazine". Her emphasis was on recovery which she claimed was the most difficult of all journeys to make but explained that we could rarely look for one factor which creates this misguided way of coping.

These thought provoking authors and their books have been purchased and are available as resources for any who wish to borrow them. "What's happening to Our Girls" sold out on the day but I will purchase a copy as soon as possible.

All the presenters were clear about a few key points; the absolute necessity for parents to understand, rather than judge, the world their daughters are living in; the necessity of constant communication within the family; the need to set boundaries and guidelines and to control young people's access to the cyber world which is so fraught with danger and the need to build relationships across the generations and create in our girls a stronger sense of pride in who they are. These are very interesting goals for parents and teachers alike but so worthwhile working towards in the interests of the wonderful young people that will lead our world in the future.

Jane Rountree, Head Teacher Welfare

From the Library

Check Out the New Return Book Chute at the Lion Library

A new system for returning books to the library at KHS has been introduced this term and the changes include the abolition of overdue fines for students. The abolition of these fines follows the Library Review and the establishment of the Library Committee to

take action to meet the learning and literacy objectives of the Library.

Research has shown that student fines can deter students from returning some items.

It is anticipated the absence of fines will encourage higher use of library services by students. A fines-free policy does not mean students are responsibility-free. Students will escape fines but they will still be sent overdue notices and be subject to suspension from library borrowing privileges if items are not returned. Lost or damaged items will result in an invoice for a replacement being sent home.

So have a good look on all your book shelves and get those Library books back via the new Book Return Chute located just inside the Library doors.

Some new fiction titles...

Anderson, Lourie Halse. Chains

Banerjee, Sarnath. Corridor: a Graphic Novel

Bongers, Christine. Dust

Cassidy, Anne. Forget Me Not

Gleitzman, Morris. Toad Surprise

Lessing, Doris. The Fifth Child.

Malley, Gemma. The Resistance

Pierce, Tamora. Beka Cooper: Terrier: a Tortall Legend

Wilding, Valerie. Highway Girl: My Story – an English Girl's Diary

And in detail

Gwynne, Phillip. The Build Up.

For Detective Dusty Buchanon, a female cop in the very male world of the Northern Territory Police Force, it always pays to expect the unexpected. During the stifling pre-monsoon season known as the 'Build Up', a body is found in a billabong near a Vietnam veteran's camp site. To Dusty, it's the chance she's been looking for: a spectacular case to revive her flagging career.

But wherever Dusty goes, trouble tends to follow, and when she's taken off the case and busted back to uniform it looks like someone's just got away with murder. Can a former detective, with some unlikely help – a good-looking German twitcher, a reluctant rock 'n' roll black tracker, a pot-bellied pig – solve a case that become more complex and more chilling the closer Dusty gets to it?

Lessing, Doris. Ben, in the World.

Winner of the Nobel Prize for Literature. At eighteen, Ben is in the world, but not of it. He is too large, too

awkward, too inhumanely made. Now estranged from his family, he must find his own path in life. From London and the south of France to Brazil and the mountains of the Andes, Ben is tossed about in a tumultuous search for his people, a reason for his being. How the world receives him, and how he fares in it, will horrify and captivate until the novel's dramatic finale.

New non-fiction titles

Austin, Tricia & Dunst, Richard. New Media Design.

Baker, Lyn. **HSC Mathematics** (Excel series)

Hall, Dorothea. Contemporary Smocking.

lijima, Takashi. Action Anatomy: for Gamers, Animators and Digital Artists.

Meany, John. **Should We Ever Negotiate with Terrorists?**

Somervill, Barbara A. *School Projects Survival Guides: Team Projects.*

Wells, Troth. The World in your Kitchen: Vegetarian Recipes from Africa, Asia, and Latin America for Western Kitchens with Country Information and Food Facts.

And in more detail...

Horsely, Andrew. <u>How to Improve Skateboarding.</u>

Topics include: how to get on top of your game; Everything from the basics to advanced skills; secrets the stars use.

Parks, Dennis W. *The Complete Guide to Auto Body Repair.*

From tools and materials to tips and techniques, this book is a useful resource when dealing with the bumps, bangs, and bruises your car will inevitably encounter. Shows you how to create a repair strategy, then moves you through the auto body repair process itself, from disassembly to repair, reassembly, and paint preparation.

Pinson, Linda. Anatomy of a Business Plan

The step-by-step guide to building a business and securing your company's future.

Francie Campbell and Christine Sugowdz Teacher-Librarians

Careers Corner

Macquarie University Actuarial Studies Information Session

This will take place between 11.45am -1pm on Saturday 12th September as part of the university's open day. Venue is Building W5A T1.

Macquarie University Law Information Evening

The Dean of the Law School will be hosting an information evening for prospective law students and their parents on Wednesday 2nd September from 6.30pm to 8.00pm at Level 3, U@MQ building,

Macquarie University. To RSVP email events@mq.edu.au

TAFE Enmore Design Centre Open Day

This is scheduled for 12 September between 10am and 3pm and is an ideal opportunity to visit the college, view student work and talk to teachers and students about careers in design. A range of nationally accredited are on offer covering everything from basic design to advanced diploma programs in the latest facilities, computer labs and specialist workshops.

Hornsby College 2010 TVET Expo

This information session which will be held on 8th September at 2.15pm in the Library Conference Room at Hornsby TAFE is ideal for students intending to study at TAFE VET course in 2010 as part of their Year 11 pattern of study. To RSVP email jenny.mcnamee@tafensw.edu.au

Applications for Swinburne University's Bachelor of Circus Arts

Interested students are required to apply for an audition by visiting the National Institute of Circus Art website. Deadline for applications is 4 September. Auditions will be conducted by NICA.

UNSW 2010 Bridging Courses in Mathematics, Chemistry and Physics

To enrol email <u>ugadmis@unsw.edu.au</u>. Please note that the Mathematics Bridging Course is for students wishing to bridge from Mathematics to Mathematics Extension 1. It is not suitable for students who do not have a background in HSC Mathematics

UNSW Mathematics Skills Program

This is ideal for students who have not completed HSC Mathematics but are admitted to programs with an assumed knowledge of HSC Mathematics. The MSP Program is a fee-paying course and is held in the evening during the university semester. For further information, telephone 9385 3228.

2010 Optus Engineering Cadet Program

This is an ideal opportunity for students interested in pursuing a career in telecommunications engineering by following a pathway that combines paid, on-the-job learning with TAFE studies over a three year period. Graduates will obtain a Graduate Diploma in Telecommunications Engineering. For further information visit www.optus.com.au/careers. Applications close on Friday 28th August.

2010 Scholarships

Information and application forms for the following scholarships are available from the careers office;

- Macquarie University School Partner Scholarships including Student Leaderships, Co-op Bookshop and U@MQ Scholarships.
- Federal Government "Start-up" Scholarships valued at \$2254 are available to all students who receive income support.
- Federal Government Relocation Scholarships valued at \$4000 are available to university students receiving income support who have to relocate to one of Charles Sturt University's regional campuses. For further information on the above two scholarships visit http://www.deewr.gov.au/Higher Education/Programs.
- University of Sydney Merit and Entry Scholarships. Deadline 30th September.

- **Julius Media** for courses in Music and Event Management, Music Technical Production and Theatre and Events. Deadline 25th September.
- University of New England Undergraduate Scholarships deadline 25th September.
- Teacher Education Scholarship Program which offers teacher education scholarships in the secondary key learning areas of Mathematics, Science, English and Special Education for employment as teachers in Western and South Western Sydney and non-coastal rural NSW. Closing date is 2nd October.
- University of Tasmania Scholarships— apply online at www.scholarships.utas.edu.au. Closing date is 31st October.
- Australian Veterans' Children's Assistance Trust Scholarships for students who are the children or grandchildren of Defence Force personnel. These scholarships are means-tested and close on 31st October. To receive an application form telephone 1800 620 361.
- **Sir William Yeo Scholarship** is aimed at students wishing to study at a tertiary level in the fields of rural education and development. It is open to metropolitan and country students. Deadline is 29th March 2010. Applications should be addressed to Mr Chris Perrin, State Secretary, RSL of Australia, (NSW Branch), ANZAC House, 245 Castlereagh Street, Sydney, 2000.
- **Sir Colin Hines Scholarships** are available to assist children of Vietnam veterans with their education and are aimed at helping them purchase essential equipment, textbooks and study materials. Applications for the awards should be made in writing to Mr Chris Perrin at the above address by 29th March 2010.
- University of Queensland is offering three types of academic scholarships: Vice Chancellor, UQ Excellence and Merit Scholarships. For further information contact the careers office.
- UTS 1T Bachelor of Information Technology Co-operative Education Scholarship valued at \$43,000 over three years. Applications are available from the careers office and close on 31st October.
- Australian Robertson Scholars Program which provides for two students to complete a four-year undergraduate degree in two of the USA's leading academic institutions: Duke University and the University of North Carolina. To apply visit: www.scholarships.unsw.edu.au/robertson.

Applications close on 30th November.

• Raffles College of Design and Commerce is offering scholarships in three degrees: Bachelor of Commerce, Bachelor of Design and Bachelor of Arts (Visual Communication). Applications close on 30th September.

• **Think: Education Group** has scholarships in the fields of business and communications, design and hospitality and tourism. Deadline is 18th September.

Information on Ritsumeikan Asia Pacific University – Japan's International University

This is an ideal opportunity for students interested in studying in Japan at a tertiary level. Academic scholarships are available. Information and application forms are available from the careers office.

Exchange Program Information

- There are still places available in many of Lattitude's 2010 projects. For further information email Carla Baker on cbaker@lattitude.org.au
- EF High School Year Overseas is open to students aged between14 and 18 who want to spend a year, semester or the summer holidays abroad. Successful candidates will live with a host family and attend a local high school. Visit www.ef.com.for further information.
- Young Endeavour Youth Scheme in partnership with the Royal Australian Navy provides dynamic training voyages on board the tall ship STS Young Endeavour for young people aged between 16 and 23. This experience inspires teamwork, communication, leadership and a strong sense of community responsibility. For more information contact Amy Osborne on 1800 020 444. Deadline for applications is 31st August.

Healthwise

These free events, which will showcase careers in health, are ideal for students interested in pursuing areas like medicine, radiography, nursing, allied health, medical reception and pathology. They will be held on 16th September and 23rd September respectively at the Royal North Shore Hospital and Hunters Hill Hospital. To register email Daniela.anderson@northwestben.com.au

Tertiary Private Provider Open Days

- JMC Academy which offers courses in Audio Engineering and Sound Production, Digital Television Production, Digital Media and 3D Animation, Popular Music and Performance and Entertainment Business Management will hold its open day at 41 Holt Street, Surry Hills on 19th September. Register at www.jmcacademy.edu.au
- Julius Media which offers courses in Music ands Events Management, Music Technical Production and Theatre and Events will holds its open day on 19th September at 10 Bridge St, Rydalmere.
- Raffles College of Design and Commerce which offers courses in design, visual communication and commerce will hold its open day on 5th September. For further information visit www.raffles.edu.au

- **Kenvale College** which offers courses in Hospitality and Event Management will holds its open day on 5th September at 38 High Street, Randwick.
- Australian Institute of Music which offers courses in contemporary music, audio technology, arts management, music theatre, classical music, composition and music production will have its open day on 22nd August.

University of New England Early Entry Scheme

This program allocates a place at the University of New England based on a student's school recommendation rather than his/her final marks. Applications for are available from the careers office. Deadline for submission is 25th September.

University of Wollongong Early Entry Program

Early entry applicants are assessed based on their past academic record (from the School Certificate onwards), including Trial HSC results and other criteria such as an interview and/or portfolio. An application guide is available from the careers office. For further information email sarcher@uow.edu.au Applications for students applying to do a law degree close on 28 August. Applications for non-law courses close on 18th September.

UNSW 2010 Minerals Summer School

This 4-day residential school, hosted by the UNSW School of Mining Engineering from 11th to 14th January 2010, is ideal for students wanting to find out more about Science and Engineering. To be eligible students, should be studying or planning to study one or more of the following subjects: chemistry, physics, mathematics, geology or biology. Cost is \$220. Application forms are available from the careers office. Deadline for submission is 25th September.

University of Canberra 2010 Principal's Recommendation Scheme

This scheme provides current Year 12 students interested in attending the University of Canberra with an opportunity to secure an early course offer based on the strength of supporting information provided by the student's school. For more information email Christopher.Young@canberra.edu.au Deadline is 30th September.

Available Apprenticeships

MTA Apprenticeships Plus, a not-for-profit group training company, currently has numerous vacancies in the fields of motor mechanics, panel beating, parts interpreting and vehicle detailing. For further information contact Alex Vergis on 98916900.

Energy Australia Year 12 Cadetships and Traineeships

These programs combine paid work with study in a supportive and secure environment. In summary the following pathways are on offer:

- Para-professional Traineeships in Electrical Engineering. Students will graduate with an Advanced Diploma in Electrical Engineering from TAFE.
- Professional Electrical Engineering Cadetships which lead to a degree in Electrical Engineering.

For further information contact the careers office. Closing date is 30^{th} September.

Bluescope 2010 Steel Cadetship Scheme

This is ideal for students interested combining practical, paid work experience with formal academic studies in the fields of Mechanical, Electrical, Computer, Mechatronics, Materials and Chemical Engineering as well as Chemistry. Detailed information is available at www.bluescope.com/cadets. Deadline is 31st August.

Trivett 2010 Automotive Apprentice Recruitment Program

This organisation is seeking to recruit apprentices to commence in January 2010 in the following fields:

- Automotive mechanical (light vehicle)
- Automotive mechanical (motorcycle)
- Automotive Parts Interpretation

Application forms can be accessed at www.trivett.com.au/apprencticehsips. Deadline is 18th September.

For further information on any of the above please contact the careers office

Colleen Clarke and Gemma Veriga Careers Advisers

Ku-ring-gai Council Helping Learner Drivers become Safer Drivers

FREE workshops for parents and supervising drivers

To help you with practical advice about:

- New laws for L and P licence holders.
- · Supervising learner drivers.
- Completing the Learner Driver Log Book.
- The benefits of supervised on-road driving experience.

The next workshop will be held on Thursday 10th September 2009 - 6:30pm to 8:30pm

Venue: Ku-ring-gai Council

Level 3, 818 Pacific Highway, Gordon

Bookings essential. Contact: Diane 9424 0798

TAFE NSW - Northern Sydney Institute

DIY Website

Short course

A practical opportunity for women in micro, homebased, and small business

Would you like to:

- · Learn how to build your own website for free
- Include features to maximise your exposure on the web
- Network with other women in small business

Then this 2 x 1/2 day DIY Website program is for you!

Tuesdays 25th August and 1st September 9.00 to 1.00pm

Northern Sydney Institute, Crows Nest College 149 West St, Crows Nest - Room 1.42

\$150 (USB device included)

Robyn Woolley - Ph: 9448 4429; Fax: 9448 4451; Robyn.Woolley@tafensw.edu.au; www.digigirls.com.au

Self Defence Workshop for Women

A Self Defence Workshop for Women of all ages led by Penny Gulliver, a highly experienced instructor of self defence. Learn some practical defence strategies in a relaxed and supportive environment.

Saturday 29th August, 10am - 4pm at the Queen Elizabeth the Queen Mother Centenary Centre, 180 Longueville Road, Lane Cove.

Wear loose comfortable clothing. Cost \$35 full rate, \$25 concession, \$20 students (Light lunch included) Bookings and payment by Monday 24 August. Contact WAIG on 9428 3317 or waig@waig.org.au. Jointly run by The Lane Cove Women's Action and Information Group (WAIG) and Lane Cove Council. www.waig.org.au

INFORMATION FORUMS

Is there someone in your family with a mental illness or do you have a friend with a mental illness? Do you want to know more about mental illness?

Bradfield Park Wellbeing Centre provides activities, information forums, referrals and support to carers or people who support someone with a mental illness. The service invites the service providers and the community to information forums about mental illness and respite.

Free Public forums

Wed 26th August: Prof. Gin Malhi:

Head of Discipline Psychological Medicine, Northern Clinical School, Sydney Uni. Professor Malhi has a longstanding interest in mood disorders in particular bipolar disorder and depression.

Wed 23rd September: Petrea King

CEO and Founding Director Quest for Life Foundation. The Quest for Life Foundations, seminars and residential programs educate, inspire and encourage people to make meaning of their circumstances and actively create an environment for physical, emotional and spiritual healing.

Time: 7-9pm

Venue: Bradfield Park Wellbeing Centre

41 Alfred Street, Milsons Point NSW 2061

RSVP for all events essential Ruth Jacka or Paul Oglesby 8920 0675, Email wrap1@kncsydney.org