

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 1 Boys 16-19 3000 Metre**

Ku Ring Gai: 9:07.49 R 2010		X Black, Chatswood High		
Name	Age	Team	Finals	
Finals				
1 Button, Samuel	18	Pennant Hills High School	9:48.7h	
2 Hogan, Ryan	18	Galston High School	10:10.4h	
3 Pearson, William	16	Pennant Hills High School	10:20.2h	
4 Dickinson, Thomas	16	Cherrybrook Tech High School	11:02.2h	
5 Cuevas, Lawrence	16	Cherrybrook Tech High School	11:15.8h	
6 Kim, Brandon	17	Carlingford High School	11:23.0h	
7 Young Li, Bour	17	Carlingford High School	11:29.0h	
8 Gardiner, Peter	17	Killara High School	11:54.0h	
--- Frykberg, Erik	17	St Ives High School	NT	
--- Hijazi, Hashem	16	Chatswood High School	NT	
--- Pigaet, Mael	17	Chatswood High School	NT	
--- Mepstead, Nathan	18	Galston High School	NT	
--- Silver, Joshua	18	Turrumurra High School	NT	
--- Premaratna, Chirath	18	Killara High School	NT	

Event 2 Boys 12-15 3000 Metre

Ku Ring Gai: 9:10.40 R 2010		T Munday, Pennant Hills		
Name	Age	Team	Finals	
Finals				
1 Nairn, Lachlan	15	Turrumurra High School	9:51.7h	
2 Leerberg, Martin	15	Killara High School	10:12.7h	
3 Dewar, Lachlan	13	Cherrybrook Tech High School	10:30.7h	
4 Adamson, Kealey	15	Killara High School	10:45.0h	
5 Lenane, Jack	15	Cherrybrook Tech High School	11:03.0h	
6 Lee, Isaac	14	Carlingford High School	11:13.0h	
7 Costello, Ethan	15	Pennant Hills High School	11:15.0h	
8 Amin, Aidan	15	Carlingford High School	11:27.0h	
9 Wu, Jonathan	13	Chatswood High School	12:01.0h	
10 Alexander, James	15	Pennant Hills High School	12:20.0h	
11 Kerr, Brenton	12	Chatswood High School	12:26.0h	
--- De Paulis, Marco	14	Ku-Ring-Gai Creative Arts High	NT	
--- Champion, James	14	St Ives High School	NT	

Event 3 Girls 15-19 3000 Metre

Ku Ring Gai: 9:52.54 R 2013		K Spencer, Turrumurra		
Name		Age	Team	Finals
Finals				
1	Frykberg, Kirsten	15	St Ives High School	12:13.3h
2	Morris, Ella	16	Cherrybrook Tech High School	13:10.7h
3	Masterton, Alexis	15	Cherrybrook Tech High School	13:32.6h
4	Dargan, Jessica	15	Pennant Hills High School	13:51.0h
5	Johns, Veronica	17	Pennant Hills High School	14:21.7h
6	Delavere, Clara	16	Killara High School	14:51.2h
7	Alam, Avril	16	Killara High School	15:14.9h
8	Vu, Jo	16	Carlingford High School	15:25.5h
9	Louey, Jen	18	Carlingford High School	15:55.4h

Event 4 Girls 12-14 3000 Metre

Ku Ring Gai: 10:30.10 R 2011		K Spencer, Turramurra		
Name	Age	Team	Finals	
Finals				
1 Khiraya, Jasmine	13	Carlingford High School	12:28.2h	

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 4 Girls 12-14 3000 Metre)**

	Name	Age	Team	Finals
2	Upton, Ashlin	14	Pennant Hills High School	12:39.0h
3	Wong, Naomi	14	Cherrybrook Tech High School	12:50.0h
4	Stalley, Courtney	14	Cherrybrook Tech High School	13:24.0h
5	Minagi, Cili	14	Carlingford High School	13:47.2h
6	Taha, Hannah	12	Turrumurra High School	13:48.1h
7	Walker, Claire	14	Pennant Hills High School	14:13.6h
8	Alaloof, Tahel	13	Killara High School	15:03.5h
9	Alaloof, Yuval	13	Killara High School	15:18.1h

Event 5 Boys 17-19 110 Metre Hurdles

Ku Ring Gai: 15.00 R 2005 G Bickford, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	15.70
2	Jones, Ryan	17	Cherrybrook Tech High School	18.53
3	De Mellow, James	17	Carlingford High School	21.26
---	Pauly, Samuel	17	Pennant Hills High School	DQ

Event 6 Boys 16 Year Olds 110 Metre Hurdles

Ku Ring Gai: 15.53 R 1998 A Mercer, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Pellow, Thomas	16	Cherrybrook Tech High School	19.25
2	Wu, Cheston	16	Carlingford High School	20.24
3	White, Eamon	16	Pennant Hills High School	20.31
4	Wong, Edison	16	Chatswood High School	23.06

Event 7 Boys 15 Year Olds 100 Metre Hurdles

Ku Ring Gai: 15.16 R 1997 A Mercer, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Pellow, Alex	15	Cherrybrook Tech High School	16.45
2	Ditchburn, Ty	15	Pennant Hills High School	17.08
3	Shen, Ting-Chang	15	Killara High School	17.13
4	Foster, Kaito	15	Carlingford High School	19.31

Event 8 Boys 14 Year Olds 100 Metre Hurdles

Ku Ring Gai: 13.00 R 2005 M Bell, Chatswood

	Name	Age	Team	Finals
Finals				
1	Cullen, Robbie	14	Galston High School	16.70
2	Kemmis, Cameron	14	Turrumurra High School	16.86
3	Fisher, Luke	14	Killara High School	17.01
4	Jaeggi, Trent	14	Pennant Hills High School	19.96
5	Hickman, Kye	14	Cherrybrook Tech High School	20.78
6	Kollipara, Nischal	14	Carlingford High School	20.91
7	Milic, David	14	Chatswood High School	21.64

Event 9 Girls 17-19 100 Metre Hurdles

Ku Ring Gai: 15.68 R 2013 J King, Turrumurra

	Name	Age	Team	Finals
Finals				
1	Kowcz Rosinke, Tamara	17	Killara High School	17.88
2	Ingram, Rachel	17	Cherrybrook Tech High School	19.19
3	Philp, Belinda	17	Galston High School	19.74

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 9 Girls 17-19 100 Metre Hurdles)**

Name	Age	Team	Finals
4 Blundy, Alison	18	Pennant Hills High School	22.87

Event 10 Girls 16 Year Olds 100 Metre Hurdles

Ku Ring Gai: 16.42 R 2012 J King, Turramurra

Name	Age	Team	Finals
Finals			
1 Finlay, Madeline	16	Turramurra High School	16.40 R
2 Ho, Rhiannon	16	Galston High School	16.92
3 Sakr, Maysa	16	Carlingford High School	21.60
4 Brown, Zoe	16	Pennant Hills High School	22.27

Event 11 Girls 15 Year Olds 90 Metre Hurdles

Ku Ring Gai: 13.72 R 1998 D Donnelly, St Ives

Name	Age	Team	Finals
Finals			
1 Maciver, Jessica	15	Turramurra High School	13.89
2 Wayne, Tarsha	15	Pennant Hills High School	17.75
3 Nelson, Sophie	15	Cherrybrook Tech High School	18.22
4 Midroni, Noa	15	Carlingford High School	19.98

Event 12 Girls 14 Year Olds 90 Metre Hurdles

Ku Ring Gai: 13.06 R 1997 D Donnelly, St Ives

Name	Age	Team	Finals
Finals			
1 Ennis, Georgia	14	Pennant Hills High School	18.65
2 Navarro, Elizabeth	14	Cherrybrook Tech High School	19.02
3 Phun, Carla	14	Carlingford High School	24.57
4 Lynch, Bridget	14	Turramurra High School	37.89

Event 13 Boys 13 Year Olds 90 Metre Hurdles

Ku Ring Gai: 13.90 R 1983 S Radi, Killara

Name	Age	Team	Finals
Finals			
1 Forster, Timothy	13	Turramurra High School	15.07
2 Morrison, Cormac	13	Chatswood High School	15.47
3 Mills, Alexander	13	Cherrybrook Tech High School	16.34
4 Weekley, Cooper	13	Pennant Hills High School	16.84
5 Fisher, Max	13	Killara High School	17.03

Event 14 Boys 12 Year Olds 80 Metre Hurdles

Ku Ring Gai: 13.57 R 1990 M Geale, Ku Ring Gai

Name	Age	Team	Finals
Finals			
1 Roughan, Charlie	12	Chatswood High School	15.26
2 Hidajat, Joseph	12	Killara High School	17.81
3 Chapagain, Ricky	12	Cherrybrook Tech High School	17.91
4 Tchetchenian, Felix	12	St Ives High School	18.33
5 Rodrigues-diaz, Gabriel	12	Pennant Hills High School	18.50
6 Hardcastle, Ben	12	Turramurra High School	19.97

Event 15 Girls 13 Year Olds 80 Metre Hurdles

Ku Ring Gai: 12.88 R 1996 D Donnelly, St Ives

Name	Age	Team	Finals
Finals			
1 Stewart, Felicity	13	Turramurra High School	17.04

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 15 Girls 13 Year Olds 80 Metre Hurdles)**

	Name	Age	Team	Finals
2	Geraghty, Saskia	13	Killara High School	17.66
3	Lozitskaya, Eva	13	Pennant Hills High School	17.80
4	Tsui, Isabella	13	Cherrybrook Tech High School	18.03
5	Gasparini, Emily	13	Carlingford High School	20.47
6	Franklin, Ella	13	Galston High School	20.57

Event 16 Girls 12 Year Olds 80 Metre Hurdles**Ku Ring Gai: 13.62 R 1988 N Sheperd, Turramurra**

	Name	Age	Team	Finals
Finals				
1	Riley, Phoebe	12	Killara High School	16.05
2	Passafaro, Sarah	12	Pennant Hills High School	17.47
3	Fong, Isabella	12	St Ives High School	18.46
4	Mills, Gemma	12	Cherrybrook Tech High School	18.90
5	Hughes, Emma	12	Carlingford High School	18.99
6	Galluzzo, Sunny	12	Galston High School	22.49

Event 17 Boys 17-19 400 Metre**Ku Ring Gai: 50.01 R 2011 B Jaworski, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Premaratna, Chirath	18	Killara High School	52.07
2	Jones, Ryan	17	Cherrybrook Tech High School	56.08
3	Tan, Daniel	18	Carlingford High School	56.45
4	Toczydlowski, Henry	17	Pennant Hills High School	1:02.94
5	Featherston, Nic	17	Galston High School	1:04.86

Event 18 Boys 16 Year Olds 400 Metre**Ku Ring Gai: 51.00 R 1984 P Radi, Killara**

	Name	Age	Team	Finals
Finals				
1	Hunter, Alexander	16	Turramurra High School	55.51
2	Tsai, Nicholas	16	St Ives High School	59.67
3	Vale, Lachlan	16	Pennant Hills High School	1:00.90
4	Fleischmann, Joel	16	Killara High School	1:01.92
5	Paton, Riley	16	Galston High School	1:02.85
6	Mooney, Gregory	16	Carlingford High School	1:04.03

Event 19 Boys 15 Year Olds 400 Metre**Ku Ring Gai: 53.27 R 2013 B Mackay, Killara**

	Name	Age	Team	Finals
Finals				
1	Durheim, Alex	15	Cherrybrook Tech High School	56.59
2	Page, Graham	15	St Ives High School	59.04
3	Keys, Jayden	15	Ku-Ring-Gai Creative Arts High	59.43
4	Pereira, Lachlan	15	Carlingford High School	1:02.49
5	Fullerton, Alistar	15	Pennant Hills High School	1:03.28
6	Al-Siddiq, Basem	15	Killara High School	1:03.48
7	Mochizuki, Tatsumi	15	Chatswood High School	1:06.27

Event 20 Boys 12-14 400 Metre**Ku Ring Gai: 52.80 R 1979 A Clay, Kuring-gai**

	Name	Age	Team	Finals
Finals				
1	De Paulis, Marco	14	Ku-Ring-Gai Creative Arts High	59.47

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 20 Boys 12-14 400 Metre)**

	Name	Age	Team	Finals
2	Freund, Marcus	14	Pennant Hills High School	1:01.30
3	Wilson, Bernard	14	Turrumurra High School	1:02.42
4	Mills, Alexander	13	Cherrybrook Tech High School	1:04.26
5	Park, Juny	14	Chatswood High School	1:06.61
6	Green, Yuval	14	Killara High School	1:08.39
7	Stanley, Jonah	14	Carlingford High School	1:11.35

Event 21 Girls 17-19 400 Metre

Ku Ring Gai: 58.94 R 2009 E Hunt, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Lidbetter, Eleanor	17	Pennant Hills High School	1:12.06
2	Zantiotis, Gemma	17	Killara High School	1:13.66
3	Carey, Alexa	17	St Ives High School	1:18.25
4	Smith, Tahlee	17	Carlingford High School	1:19.25

Event 22 Girls 16 Year Olds 400 Metre

Ku Ring Gai: 59.42 R 2010 J Blundell, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Sakr, Maysa	16	Carlingford High School	1:02.83
2	Woollett, Lara	16	Cherrybrook Tech High School	1:03.33
3	Johnston, Lily	16	Turrumurra High School	1:13.13
4	Priest, Nikita	16	St Ives High School	1:20.26
5	Galea, Erin	16	Pennant Hills High School	1:21.07

Event 23 Girls 15 Year Olds 400 Metre

Ku Ring Gai: 58.25 R 2009 J Blundell, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Chapman, Kelly	15	Cherrybrook Tech High School	1:09.48
2	Gurtata, Eva	15	Turrumurra High School	1:11.67
3	Long, Isabelle	15	Killara High School	1:13.76
4	Frykberg, Kirsten	15	St Ives High School	1:14.03
5	Arnold, Caitlin	15	Carlingford High School	1:15.64
6	Brewis, Lara	15	Chatswood High School	1:17.82
7	Wheeler, Alodie	15	Pennant Hills High School	1:24.55

Event 24 Girls 12-14 400 Metre

Ku Ring Gai: 1:00.96 R 1998 S Rhydderch, St Ives

	Name	Age	Team	Finals
Finals				
1	Visser, Milena	14	Cherrybrook Tech High School	1:07.11
2	Chamberlain, Grace	14	Killara High School	1:09.51
3	Franklin, Ella	13	Galston High School	1:14.73
4	Upton, Ashlin	14	Pennant Hills High School	1:15.55
5	Barnett, Harriet	14	St Ives High School	1:18.45
6	Devrell, Evelyn	14	Ku-Ring-Gai Creative Arts High	1:21.66
7	Riechert, Annabelle	14	Carlingford High School	1:22.41
8	Pallas, Alyssa	14	Turrumurra High School	1:23.39
9	Goodarzi, Niki	14	Chatswood High School	1:24.16

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 26 Boys 17-19 100 Metre**

Ku Ring Gai:		11.01	R	1986	T Jackson, Turramurra				
Name					Age	Team		Finals	H#
Finals									
1	de Vries, William				18	Turramurra High School		11.60	1
2	Olivier, Alexander				18	Killara High School		11.73	1
3	Selvaraju, Saktivell				18	St Ives High School		11.74	2
4	Bell, Jonathan				18	St Ives High School		11.75	1
5	Leavy, Jacob				17	Turramurra High School		11.84	2
6	Premaratna, Chirath				18	Killara High School		11.96	2
7	Mazoudier, Nathan				17	Chatswood High School		11.99	1
8	Frith, Lachlan				18	Pennant Hills High School		12.10	1
9	Johnson, Luke				18	Ku-Ring-Gai Creative Arts High		12.34	1
10	Graham, Henry				17	Carlingford High School		12.45	2
11	Growden, Michael				18	Cherrybrook Tech High School		12.69	1
12	Oh, Justin				17	Carlingford High School		12.76	1
13	Macourt, Harry				17	Pennant Hills High School		13.69	2
14	Mahmud, Daanish				17	Cherrybrook Tech High School		14.26	2

Event 27 Boys 16 Year Olds 100 Metre

Ku Ring Gai: 11.25 R 2002		S Myers, Cherrybrook		Finals	H#
Name	Age	Team			
Finals					
1	Pellow, Thomas	16	Cherrybrook Tech High School	12.03	1
2	Dorian, Sean	16	Galston High School	12.24	1
3	De Grut, Aylett	16	Carlingford High School	12.29	1
4	Cornofsky, Daniel	16	Killara High School	12.32	1
5	Hickman, Jamie	16	Turramurra High School	12.46	1
6	Razi, Zaki	16	Cherrybrook Tech High School	12.53	2
7	Cooper-Durant, William	16	Galston High School	12.61	2
8	Tsai, Nicholas	16	St Ives High School	12.62	1
9	Khallouf, Elijah	16	Turramurra High School	12.67	2
10	Achidhan, Anushan	16	Carlingford High School	12.68	2
11	Catanzariti, Nicholas	16	St Ives High School	12.70	2
12	Ellerby-Veldhuizen, Cameron	16	Pennant Hills High School	12.76	2
13	Wong, Edison	16	Chatswood High School	12.88	2
14	Johnson, Daniel	16	Chatswood High School	13.00	1
15	Willoughby, Lachlan	16	Ku-Ring-Gai Creative Arts High	13.07	1
16	Shin, Sung Yun(John)	16	Pennant Hills High School	13.32	1

Event 28 Boys 15 Year Olds 100 Metre

Ku Ring Gai: 11.07 R 2001		S Myers, Cherrybrook		Finals	H#
Name	Age	Team			
Finals					
1	Liu, Noah	15	Cherrybrook Tech High School	12.13	1
2	Slevin, Nicholas	15	Turramurra High School	12.20	1
3	Senasinghe, Devan	15	Cherrybrook Tech High School	12.46	2
4	Melore, Archie	15	Pennant Hills High School	12.48	1
5	Iikura, Taro	15	Killara High School	12.53	1
6	Comeskey, Jack	15	Killara High School	12.59	2
7	Tongbun, Natee	15	Chatswood High School	12.61	2
8	Ross Egarr, Cameron	15	Ku-Ring-Gai Creative Arts High	12.67	1
9	Nicholas, Harry	15	Turramurra High School	12.68	2
10	Chiveto, Damien	15	Carlingford High School	12.79	1
11	Peter, Tom	15	St Ives High School	13.02	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 28 Boys 15 Year Olds 100 Metre)**

	Name	Age	Team	Finals	H#
12	Parikh, Arman	15	Pennant Hills High School	13.03	2
13	Foster, Kaito	15	Carlingford High School	13.11	2
14	Kim, Minjun	15	St Ives High School	13.23	2
15	Fry, Taylor	15	Ku-Ring-Gai Creative Arts High	13.46	2
16	Dowling, Nicholas	15	Chatswood High School	13.51	1

Event 29 Boys 14 Year Olds 100 Metre

Ku Ring Gai: 11.43 R 1997 G Laurent, Pennant Hills

	Name	Age	Team	Finals	H#
Finals					
1	Doney, Sebastian	14	St Ives High School	12.19	1
2	Hunt, William	14	Turramurra High School	12.61	1
3	Altea, Kristian	14	Galston High School	12.62	2
4	O'Brien, Josh	14	Cherrybrook Tech High School	12.99	1
5	Miller, Aidan	14	Ku-Ring-Gai Creative Arts High	13.07	2
6	Jacobs, Zander	14	St Ives High School	13.13	2
6	Nikoo, Arshia	14	Pennant Hills High School	13.13	1
8	Stuart-Lynch, Edward	14	Killara High School	13.16	2
9	Wong, Ethan	14	Chatswood High School	13.17	2
10	Choi, Nicholas	14	Cherrybrook Tech High School	13.23	2
11	Shrestha, Vince	14	Turramurra High School	13.32	2
12	Maisuria, Mayur	14	Pennant Hills High School	13.52	2
13	Pahanel, Achilles	14	Carlingford High School	13.63	1
14	Fisher, Luke	14	Killara High School	13.78	1
15	Lee, Andrew	14	Carlingford High School	13.93	2
16	Kirk, William	14	Ku-Ring-Gai Creative Arts High	14.90	1

Event 30 Boys 13 Year Olds 100 Metre

Ku Ring Gai: 11.96 R 1996 G Laurent, Pennant Hills

	Name	Age	Team	Finals	H#
Finals					
1	Morrison, Cormac	13	Chatswood High School	12.70	1
2	Struve Betancourt, Javier	13	Turramurra High School	13.19	1
3	Choi, Junyoung	13	St Ives High School	13.33	1
4	Stuart, Harrison	13	Pennant Hills High School	13.51	1
5	Daniel, Jaye	13	Turramurra High School	13.53	2
6	Chan, Jesse	13	Killara High School	13.71	1
7	Akhigbe, Noah	13	Ku-Ring-Gai Creative Arts High	13.90	2
8	Zhang, Sunny	13	Carlingford High School	14.09	1
9	Leung, Bernard	13	Carlingford High School	14.14	2
10	Zanellato, Simon	13	Cherrybrook Tech High School	14.25	1
11	Sathyan, Arav	13	Chatswood High School	14.56	2
12	Wilson, Liam	13	St Ives High School	14.62	2
13	Fisher, Max	13	Killara High School	14.64	2
14	Chan Reese, Jarrah	13	Ku-Ring-Gai Creative Arts High	14.65	1
15	Ling, Mitchell	13	Pennant Hills High School	15.07	2

Event 31 Boys 12 Year Olds 100 Metre

Ku Ring Gai: 13.00 R 1971 A Paulsen, Turramurra

	Name	Age	Team	Finals	H#
Finals					
1	Ross, Corban	12	Carlingford High School	13.79	1
2	Rajasingam, Roque	12	Turramurra High School	14.21	1
2	Chapagain, Ricky	12	Cherrybrook Tech High School	14.21	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 31 Boys 12 Year Olds 100 Metre)**

	Name	Age	Team	Finals	H#
4	Hidajat, Joseph	12	Killara High School	14.65	1
5	Roughan, Charlie	12	Chatswood High School	14.69	2
6	Fraser, Lunna	12	Pennant Hills High School	14.70	1
7	MacDonald, Robert	12	Ku-Ring-Gai Creative Arts High	14.81	1
8	Joseph, Kieran	12	Cherrybrook Tech High School	14.83	2
9	White, Daniel	12	Chatswood High School	15.08	1
10	Millner, Elliot	12	Killara High School	15.29	2
11	Babington, Diesel	12	St Ives High School	15.54	1
12	Brown, Samuel	12	Turramurra High School	15.63	2
13	Rodrigues-diaz, Gabriel	12	Pennant Hills High School	15.66	2
14	Pahanel, Ashton	12	Carlingford High School	15.83	2
15	Thompson, Charlie	12	Ku-Ring-Gai Creative Arts High	16.12	2
16	Tchetchenian, Felix	12	St Ives High School	16.24	2

Event 32 Girls 17-19 100 Metre

Ku Ring Gai: 12.30 R 1976		W Smart, Turramurra			
	Name	Age	Team	Finals	H#
Finals					
1	Devitt, Katie	18	Cherrybrook Tech High School	12.78	1
2	Fontaine, Ella	18	Cherrybrook Tech High School	13.71	2
3	Kowcz Rosinke, Tamara	17	Killara High School	14.05	1
4	Gonzalez, Anna Fe	17	Killara High School	14.07	2
5	Mance, Zoe	18	Pennant Hills High School	14.12	2
6	Ferguson, Olivia	17	Turramurra High School	14.36	2
7	Bowd, Courtney	17	Galston High School	14.60	2
8	Smith, Tahlee	17	Carlingford High School	14.70	1
9	Lin, Kelly	17	Carlingford High School	14.85	2
10	Conteh, Sarafina	17	Pennant Hills High School	15.09	1
11	Komura-Cairns, Sachi	17	Chatswood High School	15.12	1
12	Andresson, Tara	17	St Ives High School	15.84	1
13	Carey, Alexa	17	St Ives High School	16.18	2

Event 33 Girls 16 Year Olds 100 Metre

Ku Ring Gai: 12.49 R 2016		Katie Devitt, CTHS			
	Name	Age	Team	Finals	H#
Finals					
1	Sakr, Maysa	16	Carlingford High School	13.18	1
2	Finlay, Madeline	16	Turramurra High School	13.25	1
3	Woollett, Lara	16	Cherrybrook Tech High School	13.66	1
4	Vosper, Ava	16	Carlingford High School	14.05	2
5	Ho, Rhiannon	16	Galston High School	14.11	1
6	Sumner, Carla	16	Ku-Ring-Gai Creative Arts High	14.35	2
7	Duong, Emily	16	Turramurra High School	14.55	2
8	Hamman, Ymke	16	St Ives High School	14.60	1
9	Spence, Rebecca	16	Ku-Ring-Gai Creative Arts High	14.63	1
10	Watman, Tahlia	16	Cherrybrook Tech High School	14.77	2
11	Wang, Audrey	16	St Ives High School	14.79	2
12	Deck, Sally	16	Killara High School	14.81	1
13	Cheesman, Daisy	16	Killara High School	15.34	2
14	Bhote, Raima	16	Cherrybrook Tech High School	16.12	2
15	McKilop, Meena	16	Pennant Hills High School	16.46	2
16	Cowley, Tia	16	Pennant Hills High School	17.19	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 34 Girls 15 Year Olds 100 Metre**

Ku Ring Gai: 12.38 R 1990		J Jamieson, St Ives			
Name	Age	Team	Finals	H#	
Finals					
1 Osifo, Danielle	15	Cherrybrook Tech High School	12.74	1	
2 Maciver, Jessica	15	Turrumurra High School	12.86	1	
3 Wayne, Tarsha	15	Pennant Hills High School	13.55	1	
4 Choat, Rhona	15	St Ives High School	14.07	2	
5 Bayford, Jasmine	15	Pennant Hills High School	14.22	2	
6 Sgorbini, Emily	15	Carlingford High School	14.26	1	
7 Forster, Jessica	15	Turrumurra High School	14.28	2	
8 Ware, Maila	15	St Ives High School	14.45	1	
9 Bird, Charlotte	15	Killara High School	14.61	1	
10 Chapman, Kelly	15	Cherrybrook Tech High School	14.76	2	
11 Coloschi, Stella	15	Carlingford High School	14.91	2	
12 Johnson, Emma	15	Galston High School	14.94	1	
13 Quan, Renee	15	Killara High School	15.30	2	
14 Cowan, Tahlia	15	Galston High School	15.65	2	
15 Brewis, Lara	15	Chatswood High School	16.07	1	
16 Nidhiry, Teresa	15	Chatswood High School	16.43	2	

Event 35 Girls 14 Year Olds 100 Metre

Ku Ring Gai: 12.80 R 1983		R Adamson, Galston			
Name	Age	Team	Finals	H#	
Finals					
1 Walker, Gemma	14	Carlingford High School	13.85	1	
2 Chamberlain, Grace	14	Killara High School	14.58	1	
3 Navarro, Elizabeth	14	Cherrybrook Tech High School	14.61	1	
3 Grant, Lucy	14	Pennant Hills High School	14.61	2	
5 Gunn, Francesca	14	Killara High School	14.84	2	
6 Robards, Danielle	14	Galston High School	14.99	2	
7 Bladen, Jenna	14	Turrumurra High School	15.11	1	
8 Frederick, Molly	14	Ku-Ring-Gai Creative Arts High	15.19	2	
9 Whiteman, Felicity	14	Galston High School	15.21	1	
10 Cross, Jacinta	14	Carlingford High School	15.23	2	
11 Power, Jennifer	14	Chatswood High School	15.25	1	
12 Byers, Holly	14	Turrumurra High School	15.42	2	
13 Ennis, Georgia	14	Pennant Hills High School	15.44	1	
14 Rodwell, Anna	14	St Ives High School	15.67	1	
14 Lin, Cecillia	14	Chatswood High School	15.67	2	

Event 36 Girls 13 Year Olds 100 Metre

Ku Ring Gai: 13.03 R 1997		A De Sousa, Pennant Hills			
Name	Age	Team	Finals	H#	
Finals					
1 Worsfold, Brianna	13	Killara High School	13.41	1	
2 Ney, Fiona	13	Cherrybrook Tech High School	14.29	1	
3 Han, Sophie	13	St Ives High School	14.32	1	
4 Runge, Claudia	13	Killara High School	14.38	2	
5 Peacock, Lauren	13	Galston High School	14.57	1	
6 Pisani, Alice	13	St Ives High School	14.77	2	
7 Bunn, Rachael	13	Pennant Hills High School	14.78	2	
8 Das, Kyna	13	Chatswood High School	14.81	1	
9 Tsui, Isabella	13	Cherrybrook Tech High School	14.86	2	
10 Welschinger, Eloise	13	Galston High School	14.88	2	

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 36 Girls 13 Year Olds 100 Metre)**

	Name	Age	Team	Finals	H#
11	Gambutu, Chiara	13	Pennant Hills High School	14.89	1
12	Westerman, Lilly	13	Ku-Ring-Gai Creative Arts High	15.06	2
13	Renouf, Paloma	13	Turrumurra High School	15.07	1
14	Samson, Anne	13	Carlingford High School	15.23	1
15	Baldwin, Kelli	13	Chatswood High School	15.30	2
16	Gharibi, Megan	13	Carlingford High School	15.71	2
17	Kelly, Jasmine	13	Ku-Ring-Gai Creative Arts High	16.01	1

Event 37 Girls 12 Year Olds 100 Metre**Ku Ring Gai: 13.47 R 14/06/2017 Brianna Worsfold, Killara**

	Name	Age	Team	Finals	H#
Finals					
1	Riley, Phoebe	12	Killara High School	14.19	1
2	Webb, Tara	12	Turrumurra High School	14.30	1
3	Passafaro, Sarah	12	Pennant Hills High School	14.71	1
4	Ozinga, Isabel	12	St Ives High School	14.83	1
5	Mills, Gemma	12	Cherrybrook Tech High School	15.12	1
6	Mya Han, Andrea	12	Carlingford High School	15.13	1
7	Lee, Hannah	12	Cherrybrook Tech High School	15.32	2
8	Wallbank, Amy	12	Chatswood High School	15.44	1
9	Newbury, Trinity	12	Galston High School	15.52	2
10	Nehdasht, Raiana	12	Pennant Hills High School	15.64	2
11	Vidot-Coleman, Teagan	12	Carlingford High School	15.66	2
12	Kalamotas, Tia	12	Killara High School	15.66	2
13	Apperley, Katie	12	Ku-Ring-Gai Creative Arts High	16.40	1
14	Gregory, Katie	12	Chatswood High School	16.62	2
14	Wade, Tabitha	12	St Ives High School	16.62	2
16	Galluzzo, Sunny	12	Galston High School	17.01	1

Event 38 Women 12-15 100 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Filer Tf20, Shana	15	Pennant Hills High School	19.02
2	Lansdowne Tf20, Hayley	13	Pennant Hills High School	19.09

Event 38 Women 16-19 100 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	15.82
2	Young Tf20, Charlotte	18	Pennant Hills High School	17.83

Event 38 Men 12-15 100 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Newton T20, Zane	13	Chatswood High School	14.64
2	Kenyon Tf20, Angus	13	Pennant Hills High School	17.34
3	Kushak T20, Alexei	13	Chatswood High School	17.84
4	Mellor Tf20, Darcy	13	Pennant Hills High School	19.20

Event 38 Men 16-19 100 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Hyde Tf20, Mark	16	Pennant Hills High School	15.40
2	Goh Tf20, Declan	16	Pennant Hills High School	15.87

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 39 Boys 17-19 1500 Metre****Ku Ring Gai: 4:06.52 R 2013****T Munday, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Button, Samuel	18	Pennant Hills High School	4:29.34
2	Frykberg, Erik	17	St Ives High School	4:33.11
3	Hogan, Ryan	18	Galston High School	4:38.73
4	Silver, Joshua	18	Turrumurra High School	4:42.57
5	Duncan, Liam	17	Pennant Hills High School	4:48.45
6	Minguillan, Dmitri	18	Carlingford High School	4:56.46
7	Gardiner, Peter	17	Killara High School	5:05.77
8	Jones, Ryan	17	Cherrybrook Tech High School	5:09.52
9	Pavlich, Daniel	17	St Ives High School	5:11.21
10	Featherston, Nic	17	Galston High School	5:33.29

Event 40 Boys 16 Year Olds 1500 Metre**Ku Ring Gai: 4:15.76 R 2011****T Munday, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Pearson, William	16	Pennant Hills High School	4:39.10
2	Fry, Jamie	16	Carlingford High School	4:39.11
3	Conway, Matthew	16	Pennant Hills High School	4:42.79
4	Tomc, Daniel	16	Carlingford High School	4:49.40
5	Klusman, Luke	16	Killara High School	5:04.15
6	Brady, Kai	16	Galston High School	5:09.87
7	Inglis, William	16	Turrumurra High School	5:13.90
8	Cuevas, Lawrence	16	Cherrybrook Tech High School	5:19.56
9	Hall, Matthew	16	St Ives High School	5:29.91

Event 41 Boys 15 Year Olds 1500 Metre**Ku Ring Gai: 4:24.25 R 2010****T Munday, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Nairn, Lachlan	15	Turrumurra High School	4:35.74
2	Leerberg, Martin	15	Killara High School	4:48.15
3	Lenane, Jack	15	Cherrybrook Tech High School	4:55.71
4	Donohoe, Benjamin	15	Killara High School	4:56.90
5	Page, Graham	15	St Ives High School	4:58.29
6	Lidbetter, Aidan	15	Pennant Hills High School	5:09.57
7	Much, Simon	15	unattached	5:10.43
8	Hooper, Robert	15	Carlingford High School	5:19.19
9	Mills, William	15	Cherrybrook Tech High School	5:23.17
10	Walker, James	15	Chatswood High School	5:38.90
11	Kumar, Rishabh	15	Carlingford High School	5:54.28
12	Izzard, Lachlan	15	Galston High School	7:14.07

Event 42 Boys 12-14 1500 Metre**Ku Ring Gai: 4:20.03 R 1986****R Wunder, Killara**

	Name	Age	Team	Finals
Finals				
1	Champion, James	14	St Ives High School	4:50.00
2	Wajzer, Dean	14	Chatswood High School	4:52.32
3	Dewar, Lachlan	13	Cherrybrook Tech High School	4:55.90
4	Riley, George	14	Killara High School	5:01.42
5	Palethorpe, William	14	Pennant Hills High School	5:03.07
6	Payard, Max	14	Chatswood High School	5:03.68

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 42 Boys 12-14 1500 Metre)**

Name	Age	Team	Finals
7 Frykberg, Ryan	13	St Ives High School	5:04.84
8 Pahanel, Achilles	14	Carlingford High School	5:06.23
9 Dewar, Corey	13	Cherrybrook Tech High School	5:09.32
10 Zimbounellis, Tyler	14	Carlingford High School	5:19.89
11 Lawler, Oliver	13	Ku-Ring-Gai Creative Arts High	5:22.01
12 FitzGerald, Thomas	13	Turrumurra High School	5:22.02
13 Meadows, Lachlan	14	Pennant Hills High School	5:27.89
14 McGregor, Ethan	13	Turrumurra High School	5:30.05
15 Cavenor, Nathan	14	Killara High School	5:48.98
16 Hayes, Jack	13	Galston High School	5:52.27
17 Davies, Jackson	13	Galston High School	6:22.46

Event 43 Girls 17-19 1500 Metre**Ku Ring Gai: 4:33.00 R 1995****T Pearce, Ku Ring Gai**

Name	Age	Team	Finals
Finals			
1 Borgese, Alisha	17	Turrumurra High School	5:49.36
2 Pernice, Rachel	18	Galston High School	6:06.16
3 Lidbetter, Eleanor	17	Pennant Hills High School	6:10.10
4 Buckingham Shum, Jasmine	17	Turrumurra High School	6:18.60
5 Johns, Veronica	17	Pennant Hills High School	6:21.96
6 Krause, Rebekka	18	Killara High School	6:23.88
7 Walker, Nadine	18	Killara High School	6:27.31
8 Chieh, Alina	17	Cherrybrook Tech High School	6:34.12
9 Hall, Ashley	18	St Ives High School	6:48.48
10 Sutherland, Mandela	17	Carlingford High School	6:56.34
11 Jin, Diana	18	Carlingford High School	7:04.17

Event 44 Girls 16 Year Olds 1500 Metre**Ku Ring Gai: 4:40.33 R 2010****J Blundell, CTHS**

Name	Age	Team	Finals
Finals			
1 Wallis, Justine	16	Turrumurra High School	5:21.58
2 Morris, Ella	16	Cherrybrook Tech High School	5:50.79
3 Johnston, Lily	16	Turrumurra High School	5:52.09
4 Sharpe, Samantha	16	Chatswood High School	6:10.91
5 Connacher, Nicole	16	St Ives High School	6:12.79
6 Ferreira, Georgina	16	St Ives High School	6:17.18
7 Hewa Kumanayaka, Disinee	16	Carlingford High School	6:29.70
8 De Stradis, Mikaela	16	Pennant Hills High School	6:43.96
9 Khor, Amelia	16	Carlingford High School	6:58.52

Event 45 Girls 15 Year Olds 1500 Metre**Ku Ring Gai: 4:42.94 R 2009****J Blundell, Cherrybrook**

Name	Age	Team	Finals
Finals			
1 Frykberg, Kirsten	15	St Ives High School	5:20.92
2 Gurtata, Eva	15	Turrumurra High School	5:49.96
3 Creusot, Gaelle	15	Cherrybrook Tech High School	5:51.59
4 Hemsworth, Lily	15	Killara High School	6:04.49
5 Masterton, Alexis	15	Cherrybrook Tech High School	6:07.42
6 Ross, Philippa	15	St Ives High School	6:11.95
7 Silver, Prudence	15	Turrumurra High School	6:19.75
8 Dargan, Jessica	15	Pennant Hills High School	6:22.58

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 45 Girls 15 Year Olds 1500 Metre)**

	Name	Age	Team	Finals
9	Callan, Charli	15	Carlingford High School	6:39.39
10	Quan, Renee	15	Killara High School	6:44.66
11	Wheeler, Alodie	15	Pennant Hills High School	6:47.07

Event 46 Girls 12-14 1500 Metre**Ku Ring Gai: 4:47.65 R 14/06/2017 Jessica Bird, Turramurra**

	Name	Age	Team	Finals
Finals				
1	Visser, Milena	14	Cherrybrook Tech High School	5:20.68
2	Parsons, Alexandra	14	Killara High School	5:49.96
3	Khiroya, Jasmine	13	Carlingford High School	5:52.93
4	Ware, Eliisa	13	St Ives High School	5:58.51
5	Upton, Ashlin	14	Pennant Hills High School	6:00.15
6	Gregory, Katie	12	Chatswood High School	6:08.12
7	Stalley, Courtney	14	Cherrybrook Tech High School	6:10.67
8	Walker, Claire	14	Pennant Hills High School	6:23.30
9	Rodwell, Anna	14	St Ives High School	6:23.95
10	Mayhew, Mia	14	Killara High School	6:31.24
11	Keen, Robyn	13	Turramurra High School	6:33.74
12	Stewart, Felicity	13	Turramurra High School	6:55.55
13	Mackenzie, Kayleigh	14	Carlingford High School	7:02.21
14	Whiteman, Felicity	14	Galston High School	7:13.19

Event 47 Boys 17-19 200 Metre**Ku Ring Gai: 22.42 R 2006 S Dijite, Killara**

	Name	Age	Team	Finals	H#
Finals					
1	Premaratna, Chirath	18	Killara High School	23.43	1
2	Bell, Jonathan	18	St Ives High School	23.77	2
3	Selvaraju, Saktivell	18	St Ives High School	24.11	1
4	Tan, Daniel	18	Carlingford High School	24.27	1
5	Olivier, Alexander	18	Killara High School	24.63	2
6	Mazoudier, Nathan	17	Chatswood High School	24.74	2
7	Frith, Lachlan	18	Pennant Hills High School	25.37	2
8	Chapman, Scott	17	Cherrybrook Tech High School	25.61	1
9	Graham, Henry	17	Carlingford High School	26.05	2
10	Clipperton, Jack	17	Ku-Ring-Gai Creative Arts High	26.23	1
11	Heaton, Callum	17	Pennant Hills High School	26.44	1
12	Jones, Ryan	17	Cherrybrook Tech High School	26.55	2

Event 48 Boys 16 Year Olds 200 Metre**Ku Ring Gai: 23.13 R 2009 B Jaworski, Cherrybrook**

	Name	Age	Team	Finals	H#
Finals					
1	Pellow, Thomas	16	Cherrybrook Tech High School	25.03	1
2	Razi, Zaki	16	Cherrybrook Tech High School	25.09	2
3	Hickman, Jamie	16	Turramurra High School	25.19	1
4	Cornofsky, Daniel	16	Killara High School	25.69	1
5	Wu, Cheston	16	Carlingford High School	25.83	1
6	Tsai, Nicholas	16	St Ives High School	26.05	2
7	Blair, Nathan	16	Pennant Hills High School	27.01	1
8	Khallouf, Elijah	16	Turramurra High School	27.16	2
9	De Grut, Aylett	16	Carlingford High School	27.34	2

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 49 Boys 15 Year Olds 200 Metre**

Ku Ring Gai: 23.17 R 2001		S Myers, Cherrybrook		Finals	H#
Name	Age	Team			
Finals					
1	Slevin, Nicholas	15	Turrumurra High School	24.39	1
2	Liu, Noah	15	Cherrybrook Tech High School	24.67	2
3	Pellow, Alex	15	Cherrybrook Tech High School	25.13	1
4	Iikura, Taro	15	Killara High School	25.43	1
5	Comeskey, Jack	15	Killara High School	25.77	2
6	Dowling, Nicholas	15	Chatswood High School	26.13	2
7	Ditchburn, Ty	15	Pennant Hills High School	26.15	1
8	Philp, Cameron	15	Galston High School	26.26	2
9	Pereira, Lachlan	15	Carlingford High School	26.42	1
10	Ross Egarr, Cameron	15	Ku-Ring-Gai Creative Arts High	26.62	2
11	Whiteoak, William	15	Turrumurra High School	26.74	2
12	Welschinger, Shawn	15	Galston High School	26.76	1
13	Lau, Ivan	15	Carlingford High School	27.42	2
14	Kan, Timothy	15	Chatswood High School	27.77	1
15	Yoo, Dylan	15	Pennant Hills High School	30.89	2

Event 50 Boys 14 Year Olds 200 Metre

Ku Ring Gai: 23.59 R 2000		S Myers, Cherrybrook		Finals	H#
Name	Age	Team			
Finals					
1	Doney, Sebastian	14	St Ives High School	24.74	1
2	Hunt, William	14	Turrumurra High School	25.72	1
3	Wallbank, Samuel	14	Chatswood High School	25.83	1
4	Hwang, Hyun Soo	14	Chatswood High School	25.96	2
5	Ridley, Marcus	14	Galston High School	26.26	1
6	Stuart-Lynch, Edward	14	Killara High School	26.64	2
7	Choi, Nicholas	14	Cherrybrook Tech High School	26.65	1
8	Kemmis, Cameron	14	Turrumurra High School	27.45	2
9	Kapadia, Arnav	14	Cherrybrook Tech High School	27.74	2
10	Nanda, Jay	14	Pennant Hills High School	27.82	1
11	Jones, Alfie	14	Killara High School	27.89	1
12	Pahanel, Achilles	14	Carlingford High School	28.06	1
13	Patchett, Oliver	14	Pennant Hills High School	28.21	2
14	Lee, Andrew	14	Carlingford High School	28.80	2

Event 51 Boys 13 Year Olds 200 Metre

Ku Ring Gai: 24.50 R 1976		G Johnstone, Turrumurra		Finals	H#
Name	Age	Team			
Finals					
1	Morrison, Cormac	13	Chatswood High School	25.95	1
2	Struve Betancourt, Javier	13	Turrumurra High School	26.98	1
3	Stuart, Harrison	13	Pennant Hills High School	27.64	2
4	Wong, Chun (Morgan)	13	Pennant Hills High School	27.87	1
5	Chan, Jesse	13	Killara High School	28.61	1
6	Reid, Riley	13	Galston High School	29.08	1
7	Weerasekara, Thimuthu	13	Cherrybrook Tech High School	29.24	1
8	Krige, Felix	13	Ku-Ring-Gai Creative Arts High	29.65	2
9	Mannie, Kalan	13	Carlingford High School	30.26	1
10	Hoogewerf, Christian	13	St Ives High School	30.30	1
11	Underwood, Tully	13	St Ives High School	30.45	2
12	Valckenborgh, Ahren	13	Ku-Ring-Gai Creative Arts High	30.57	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 51 Boys 13 Year Olds 200 Metre)**

Name	Age	Team	Finals	H#
13 Trekofski, Finn	13	Killara High School	30.74	2
14 Lim, Darcy	13	Turrumurra High School	31.45	2
15 Hayes, Jack	13	Galston High School	31.64	2
16 Chan, Jie Ying	13	Carlingford High School	32.29	2

Event 52 Boys 12 Year Olds 200 Metre

Ku Ring Gai: 26.60 R 2009 J Hu, Carlingford

Name	Age	Team	Finals	H#
Finals				
1 Ross, Corban	12	Carlingford High School	28.85	1
2 Chapagain, Ricky	12	Cherrybrook Tech High School	29.52	2
3 MacDonald, Robert	12	Ku-Ring-Gai Creative Arts High	29.56	1
4 Rajasingam, Roque	12	Turrumurra High School	29.60	1
5 Fraser, Lunna	12	Pennant Hills High School	30.56	2
6 Roughan, Charlie	12	Chatswood High School	30.82	1
7 Kerr, Brenton	12	Chatswood High School	31.21	2
8 Bear, Declan	12	Killara High School	32.10	1
9 Brown, Samuel	12	Turrumurra High School	32.45	2
10 Chew, Evan	12	St Ives High School	32.72	1
11 Ninness, Ryan	12	Pennant Hills High School	33.10	1
12 Ahmad, Moiz	12	Carlingford High School	33.31	2
13 Tchetchenian, Felix	12	St Ives High School	33.92	2
14 O'Kelly, Callam	12	Killara High School	34.42	2
15 Burton, Jesse	12	Galston High School	35.08	1
16 Roelands, Luke	12	Ku-Ring-Gai Creative Arts High	35.12	2

Event 53 Girls 17-19 200 Metre

Ku Ring Gai: 25.77 R 14/06/2017 Katie Devitt, Cherrybrook

Name	Age	Team	Finals	H#
Finals				
1 Fountaine, Ella	18	Cherrybrook Tech High School	28.45	1
2 Kowcz Rosinke, Tamara	17	Killara High School	28.63	1
3 Gonzalez, Anna Fe	17	Killara High School	28.96	2
4 Mance, Zoe	18	Pennant Hills High School	28.97	2
5 Ingram, Rachel	17	Cherrybrook Tech High School	29.47	2
6 Ferguson, Olivia	17	Turrumurra High School	30.15	2
7 Bowd, Courtney	17	Galston High School	30.41	1
8 Conteh, Sarafina	17	Pennant Hills High School	31.63	1
9 Yoo, Christina	17	Carlingford High School	31.99	2
10 Chadban, Lily	17	St Ives High School	32.23	2
11 Carey, Alexa	17	St Ives High School	32.67	1

Event 54 Girls 16 Year Olds 200 Metre

Ku Ring Gai: 25.71 R 2016 Katie Devitt, CTHS

Name	Age	Team	Finals	H#
Finals				
1 Sakr, Maysa	16	Carlingford High School	27.46	1
2 Woollett, Lara	16	Cherrybrook Tech High School	28.17	1
3 Sumner, Carla	16	Ku-Ring-Gai Creative Arts High	29.20	1
4 Wang, Audrey	16	St Ives High School	30.32	1
5 Deck, Sally	16	Killara High School	30.38	1
6 Hamman, Ymke	16	St Ives High School	30.51	2
7 Duong, Emily	16	Turrumurra High School	30.69	2
8 Kumanayaka, Disinee	16	Carlingford High School	31.94	2

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 54 Girls 16 Year Olds 200 Metre)**

	Name	Age	Team	Finals	H#
9	Cheesman, Daisy	16	Killara High School	32.67	2
10	Cullen, Victoria	16	Galston High School	33.45	2
11	Kwan, Jasmine	16	Chatswood High School	34.84	1
12	McKilop, Meena	16	Pennant Hills High School	34.87	2
13	Brown, Iris	16	Pennant Hills High School	36.90	1

Event 55 Girls 15 Year Olds 200 Metre**Ku Ring Gai: 25.76 R 2015****K Devitt, Cherrybrook**

	Name	Age	Team	Finals	H#
Finals					
1	Maciver, Jessica	15	Turrumurra High School	26.73	1
2	Osifo, Danielle	15	Cherrybrook Tech High School	26.79	1
3	Forster, Jessica	15	Turrumurra High School	29.20	2
4	Ware, Maila	15	St Ives High School	29.59	2
5	Bayford, Jasmine	15	Pennant Hills High School	29.86	2
6	Chapman, Kelly	15	Cherrybrook Tech High School	30.11	2
7	Ginwala, Zahra	15	Galston High School	30.47	1
8	Bird, Charlotte	15	Killara High School	31.11	1
9	Baker, Kayla	15	Ku-Ring-Gai Creative Arts High	31.35	2
10	Johnson, Emma	15	Galston High School	31.62	2
11	Quan, Renee	15	Killara High School	31.91	2
12	Feltham, Jessica	15	Ku-Ring-Gai Creative Arts High	31.96	1
13	Krishnamoorthy, Abbinaya	15	Pennant Hills High School	32.15	1
14	Arnold, Caitlin	15	Carlingford High School	32.65	2
15	Kim, Kathy	15	St Ives High School	33.22	1
16	Suki, Clara	15	Chatswood High School	33.37	1
17	Midroni, Noa	15	Carlingford High School	34.02	1
18	Zhao, Grace	15	Chatswood High School	34.43	2

Event 56 Girls 14 Year Olds 200 Metre**Ku Ring Gai: 26.28 R 2002****A Attenborough, Pennant Hills**

	Name	Age	Team	Finals	H#
Finals					
1	Walker, Gemma	14	Carlingford High School	28.88	1
2	Chamberlain, Grace	14	Killara High School	30.19	2
3	Park, Judy	14	Chatswood High School	30.22	1
4	Navarro, Elizabeth	14	Cherrybrook Tech High School	30.40	2
5	Grant, Lucy	14	Pennant Hills High School	30.79	1
6	Robards, Danielle	14	Galston High School	31.31	2
7	Wells, Jasmine	14	Cherrybrook Tech High School	31.37	1
8	Walker, Claire	14	Pennant Hills High School	31.65	2
9	Power, Jennifer	14	Chatswood High School	32.08	2
10	Oldham, Jade	14	Galston High School	32.52	1
11	Rodwell, Anna	14	St Ives High School	32.83	1
12	Devrell, Evelyn	14	Ku-Ring-Gai Creative Arts High	33.01	1
13	Lam, Alyssa	14	Killara High School	33.40	1
14	Balassa, Annabelle	14	St Ives High School	33.75	2
15	Minguillan, Bianca	14	Carlingford High School	36.61	2

Event 57 Girls 13 Year Olds 200 Metre**Ku Ring Gai: 27.60 R 1987****J Mayrick, St Ives**

	Name	Age	Team	Finals	H#
Finals					
1	Worsfold, Brianna	13	Killara High School	27.80	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 57 Girls 13 Year Olds 200 Metre)**

	Name	Age	Team	Finals	H#
2	Han, Sophie	13	St Ives High School	29.99	2
3	Peacock, Lauren	13	Galston High School	30.12	2
4	Das, Kyna	13	Chatswood High School	30.40	1
5	Welschinger, Eloise	13	Galston High School	30.57	1
6	Bunn, Rachael	13	Pennant Hills High School	30.59	2
7	Runge, Claudia	13	Killara High School	30.59	2
8	Singh, Eknor	13	Cherrybrook Tech High School	30.93	1
9	Pisani, Alice	13	St Ives High School	31.68	1
10	Samson, Anne	13	Carlingford High School	31.83	1
11	Bacon, Caitlyn	13	Pennant Hills High School	32.11	1
12	Dinniss, Alysha	13	Turrumurra High School	32.48	1
13	Hooper, Emma	13	Carlingford High School	32.51	2
14	Soo, Mikayla	13	Cherrybrook Tech High School	32.55	2
15	Drew, Cody	13	Ku-Ring-Gai Creative Arts High	33.05	1
16	Foster, Annalise	13	Turrumurra High School	33.12	2

Event 58 Girls 12 Year Olds 200 Metre

Ku Ring Gai: 27.69 R 14/06/2017 Brianna Worsfold, Killara

	Name	Age	Team	Finals	H#
Finals					
1	Riley, Phoebe	12	Killara High School	29.23	1
2	Webb, Tara	12	Turrumurra High School	29.41	1
3	Passafaro, Sarah	12	Pennant Hills High School	31.33	1
4	Mya Han, Andrea	12	Carlingford High School	31.69	2
5	Winckel, Mischa	12	Killara High School	31.70	2
6	Ozinga, Isabel	12	St Ives High School	32.02	2
7	Mills, Gemma	12	Cherrybrook Tech High School	32.05	1
8	Lee, Hannah	12	Cherrybrook Tech High School	32.63	2
9	Vidot-Coleman, Teagan	12	Carlingford High School	33.15	1
10	Brown, Ella	12	Turrumurra High School	33.32	2
11	Nehdasht, Raiana	12	Pennant Hills High School	33.72	2
12	Ghazal, Tala	12	St Ives High School	33.77	1
13	Newbury, Trinity	12	Galston High School	34.38	1
14	Robinson, Laura	12	Ku-Ring-Gai Creative Arts High	34.71	1
15	Calaus, Elisha	12	Chatswood High School	34.72	1
16	Gregory, Katie	12	Chatswood High School	35.26	2
17	Laing, Madi	12	Galston High School	35.66	2

Event 59 Women 12-15 200 Metre Multi Class

	Name	Age	Team	Finals	H#
Finals					
1	Filer Tf20, Shana	15	Pennant Hills High School	40.59	2
2	Lansdowne Tf20, Hayley	13	Pennant Hills High School	44.44	2

Event 59 Women 16-19 200 Metre Multi Class

	Name	Age	Team	Finals	H#
Finals					
1	Kely Tf20, Sara	17	Pennant Hills High School	35.97	2

Event 59 Men 12-15 200 Metre Multi Class

	Name	Age	Team	Finals	H#
Finals					
1	Newton T20, Zane	13	Chatswood High School	30.92	
2	Mellor Tf20, Darcy	13	Pennant Hills High School	36.17	
3	Kenyon Tf20, Angus	13	Pennant Hills High School	38.98	

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 59 Men 12-15 200 Metre Multi Class)**

Name	Age	Team	Finals
4 Marchione T20, Samuel	12	Chatswood High School	43.82

Event 59 Men 16-19 200 Metre Multi Class

Name	Age	Team	Finals
1 Hyde Tf20, Mark	16	Pennant Hills High School	32.24
2 Goh Tf20, Declan	16	Pennant Hills High School	35.15

Event 60 Boys 17-19 800 Metre

Ku Ring Gai: 1:58.71 R 1991 G Stojanovic, Pennant Hills

Name	Age	Team	Finals
1 Silver, Joshua	18	Turrumurra High School	2:12.03
2 Frykberg, Erik	17	St Ives High School	2:13.48
3 McGill, John	18	Carlingford High School	2:17.87
4 Hogan, Ryan	18	Galston High School	2:18.32
5 Waller, Gavin	17	Carlingford High School	2:19.12
6 Gardiner, Peter	17	Killara High School	2:21.30
7 Button, Samuel	18	Pennant Hills High School	2:23.52
8 Duncan, Liam	17	Pennant Hills High School	2:25.06
9 Jones, Ryan	17	Cherrybrook Tech High School	2:29.26
10 Ho, Benjamin	17	Cherrybrook Tech High School	2:34.34
11 Mepstead, Nathan	18	Galston High School	2:49.76

Event 61 Boys 16 Year Olds 800 Metre

Ku Ring Gai: 2:03.30 R 1988 R Wunder, Killara

Name	Age	Team	Finals
1 Murray, Hamish	16	Pennant Hills High School	2:15.53
2 Fry, Jamie	16	Carlingford High School	2:16.09
3 Hijazi, Hashem	16	Chatswood High School	2:16.67
4 Klusman, Luke	16	Killara High School	2:19.13
5 Pearson, William	16	Pennant Hills High School	2:20.53
6 Tomc, Daniel	16	Carlingford High School	2:20.80
7 Hall, Matthew	16	St Ives High School	2:23.33
8 Inglis, William	16	Turrumurra High School	2:28.43
9 Brady, Kai	16	Galston High School	2:34.31
10 Cuevas, Lawrence	16	Cherrybrook Tech High School	2:37.17
11 Wheeler, Angus	16	Killara High School	2:39.59
12 McIntosh, Lachlan	16	St Ives High School	2:58.04

Event 62 Boys 15 Year Olds 800 Metre

Ku Ring Gai: 2:05.40 R 1984 D Duncan, Galston

Name	Age	Team	Finals
1 Nairn, Lachlan	15	Turrumurra High School	2:09.43
2 Williamson, Brent	15	Carlingford High School	2:16.49
3 Morris, Zachary	15	Cherrybrook Tech High School	2:19.27
4 Page, Graham	15	St Ives High School	2:22.22
5 Donohoe, Benjamin	15	Killara High School	2:29.38
6 Mohabbat, Zaki	15	Killara High School	2:30.53
7 Mills, William	15	Cherrybrook Tech High School	2:33.05
8 Lidbetter, Aidan	15	Pennant Hills High School	2:34.31
9 Timon-Eliahs, Much	15	Pennant Hills High School	2:34.90
10 Foster, Kaito	15	Carlingford High School	2:36.66

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 63 Boys 14 Year Olds 800 Metre****Ku Ring Gai: 2:09.20 R 1977****A Clarke, Turramurra**

	Name	Age	Team	Finals
Finals				
1	Champion, James	14	St Ives High School	2:18.48
2	Hwang, Hyun Soo	14	Chatswood High School	2:20.38
3	De Paulis, Marco	14	Ku-Ring-Gai Creative Arts High	2:20.88
4	Marshall-Richardson, Xander	14	Galston High School	2:24.86
5	Palethorpe, William	14	Pennant Hills High School	2:25.32
6	Patchett, Oliver	14	Pennant Hills High School	2:35.08
7	Hickman, Kye	14	Cherrybrook Tech High School	2:36.03
8	Wajzer, Dean	14	Chatswood High School	2:36.57
9	D'Souza, Rohan	14	St Ives High School	2:37.63
10	Pahanel, Achilles	14	Carlingford High School	2:38.51
11	Zimbounellis, Tyler	14	Carlingford High School	2:38.95
12	Riley, George	14	Killara High School	2:39.65
13	Wilson, Bernard	14	Turramurra High School	2:41.95
14	Watson, Blair	14	Killara High School	2:43.37
15	Clissold, Henry	14	Galston High School	2:46.85
16	Ibarra, Alessandro	14	Cherrybrook Tech High School	2:56.42

Event 64 Boys 13 Year Olds 800 Metre**Ku Ring Gai: 2:13.40 R 1978****G Silver, St Ives**

	Name	Age	Team	Finals
Finals				
1	Dewar, Lachlan	13	Cherrybrook Tech High School	2:25.27
2	Dewar, Corey	13	Cherrybrook Tech High School	2:27.35
3	Frykberg, Ryan	13	St Ives High School	2:29.56
4	Fisher, Max	13	Killara High School	2:37.12
5	FitzGerald, Thomas	13	Turramurra High School	2:37.61
6	Zhang, Robin	13	Killara High School	2:37.68
7	Lawler, Oliver	13	Ku-Ring-Gai Creative Arts High	2:38.58
8	Chan, Jie Ying	13	Carlingford High School	2:46.65
9	Underwood, Tully	13	St Ives High School	2:50.55
10	Cambridge, Robert	13	Pennant Hills High School	2:51.52
11	Fox, Luke	13	Galston High School	2:55.26
12	Crothers, Liam	13	Pennant Hills High School	2:57.21
13	Reid, Riley	13	Galston High School	3:05.86

Event 65 Boys 12 Year Olds 800 Metre**Ku Ring Gai: 2:16.40 R 1980****P Johnson, Oakhill**

	Name	Age	Team	Finals
Finals				
1	Ross, Corban	12	Carlingford High School	2:40.18
2	Kerr, Brenton	12	Chatswood High School	2:44.32
3	Chew, Evan	12	St Ives High School	2:46.63
4	Ninness, Ryan	12	Pennant Hills High School	2:48.96
5	Brown, Samuel	12	Turramurra High School	2:59.31
6	Roelands, Luke	12	Ku-Ring-Gai Creative Arts High	2:59.34
7	Nematian, Borna	12	Cherrybrook Tech High School	3:00.21
8	De Vallance, Roman	12	Pennant Hills High School	3:01.87
9	Maltby, Ethan	12	Turramurra High School	3:02.94
10	Kesby, Marlon	12	St Ives High School	3:03.71
11	O'Kelly, Callam	12	Killara High School	3:05.94
12	New, Max	12	Killara High School	3:08.07

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 65 Boys 12 Year Olds 800 Metre)**

Name	Age	Team	Finals
13 Haideri, Ali	12	Cherrybrook Tech High School	3:18.82

Event 66 Girls 17-19 800 Metre**Ku Ring Gai: 2:17.20 R 1981****H Pynor, Turramurra**

Name	Age	Team	Finals
Finals			
1 Borgese, Alisha	17	Turramurra High School	2:49.05
2 Ferreria, Naomi	17	Cherrybrook Tech High School	2:52.82
3 Pernice, Rachel	18	Galston High School	2:55.75
4 Lidbetter, Eleanor	17	Pennant Hills High School	2:59.56
5 Baker, Laura	17	Cherrybrook Tech High School	3:00.57
6 Buckingham Shum, Jasmine	17	Turramurra High School	3:05.66
7 Johns, Veronica	17	Pennant Hills High School	3:12.36
8 Hall, Ashley	18	St Ives High School	3:16.55
9 Bowd, Courtney	17	Galston High School	3:47.14

Event 67 Girls 16 Year Olds 800 Metre**Ku Ring Gai: 2:17.10 R 2000****S Rhydderch, St Ives**

Name	Age	Team	Finals
Finals			
1 Wallis, Justine	16	Turramurra High School	2:32.27
2 Johnston, Lily	16	Turramurra High School	2:51.06
3 Morris, Ella	16	Cherrybrook Tech High School	2:57.49
4 Wang, Audrey	16	St Ives High School	2:59.38
5 Govender, Vyusthika	16	Cherrybrook Tech High School	3:07.04
6 Connacher, Nicole	16	St Ives High School	3:13.03
7 De Stradis, Mikaela	16	Pennant Hills High School	3:13.93
8 Sharpe, Samantha	16	Chatswood High School	3:15.05
9 Huang, Tina	16	Carlingford High School	3:15.22
10 Vu, Jo	16	Carlingford High School	3:19.40
11 Alam, Avril	16	Killara High School	3:20.93
12 Brown, Iris	16	Pennant Hills High School	3:53.96

Event 68 Girls 15 Year Olds 800 Metre**Ku Ring Gai: 2:16.77 R 2009****J Blundell, Cherrybrook**

Name	Age	Team	Finals
Finals			
1 Frykberg, Kirsten	15	St Ives High School	2:45.16
2 Davey, Madeline	15	Pennant Hills High School	2:46.64
3 Gurtata, Eva	15	Turramurra High School	2:48.60
4 Creusot, Gaelle	15	Cherrybrook Tech High School	2:51.91
5 Long, Isabelle	15	Killara High School	3:04.35
6 Hemsworth, Lily	15	Killara High School	3:05.63
7 Masterton, Alexis	15	Cherrybrook Tech High School	3:06.12
8 Brewis, Lara	15	Chatswood High School	3:06.19
9 Liu, Anita	15	Chatswood High School	3:15.21
10 Dargan, Jessica	15	Pennant Hills High School	3:19.12
11 Mason, Emilia	15	Ku-Ring-Gai Creative Arts High	3:26.55
12 Kim, Kathy	15	St Ives High School	3:38.73
13 Arnold, Caitlin	15	Carlingford High School	3:39.77
14 Grigore, Laura	15	Carlingford High School	4:09.09

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 69 Girls 14 Year Olds 800 Metre****Ku Ring Gai: 2:21.05 R 14/06/2017 Kirsten Frykberg, St Ives**

	Name	Age	Team	Finals
Finals				
1	Visser, Milena	14	Cherrybrook Tech High School	2:41.63
2	Bladen, Jenna	14	Turramurra High School	2:53.77
3	Upton, Ashlin	14	Pennant Hills High School	2:54.19
4	Wong, Naomi	14	Cherrybrook Tech High School	2:54.66
5	Chamberlain, Grace	14	Killara High School	2:55.19
6	Parsons, Alexandra	14	Killara High School	2:59.91
7	Hijazi, Jud	14	Chatswood High School	3:00.76
8	Walker, Gemma	14	Carlingford High School	3:01.98
9	Barnett, Harriet	14	St Ives High School	3:06.26
10	Walker, Claire	14	Pennant Hills High School	3:19.70
11	De Rosa, Gemma	14	Turramurra High School	3:21.83

Event 70 Girls 13 Year Olds 800 Metre**Ku Ring Gai: 2:21.05 R 14/06/2017 Jessica Bird, Turramurra**

	Name	Age	Team	Finals
Finals				
1	Khiroya, Jasmine	13	Carlingford High School	2:48.32
2	Corke, Lucy	13	Pennant Hills High School	2:48.42
3	Das, Kyna	13	Chatswood High School	2:54.52
4	Westerman, Lilly	13	Ku-Ring-Gai Creative Arts High	2:55.50
5	Kwan, Chloe	13	Killara High School	2:56.85
6	Appleyard, Scarlett	13	Turramurra High School	3:00.16
7	Chivers, Brooklyn	13	Galston High School	3:00.86
8	Bell, Tahlee	13	Pennant Hills High School	3:00.92
9	Singh, Prisha	13	St Ives High School	3:03.05
10	Hooper, Emma	13	Carlingford High School	3:03.56
11	Ware, Eliisa	13	St Ives High School	3:05.27
12	Morris, Olivia	13	Cherrybrook Tech High School	3:06.88
13	Liu, Angela	13	Cherrybrook Tech High School	3:08.01
14	Andis, Isabella	13	Ku-Ring-Gai Creative Arts High	3:08.35
15	Alaloof, Tahel	13	Killara High School	3:21.98

Event 71 Girls 12 Year Olds 800 Metre**Ku Ring Gai: 2:29.40 R 1980 R Hazel, Kuring-gai**

	Name	Age	Team	Finals
Finals				
1	Mills, Gemma	12	Cherrybrook Tech High School	3:01.69
2	Zhao, Ashley	12	Carlingford High School	3:03.79
3	Moreton, Chloe	12	St Ives High School	3:09.57
4	Taha, Hannah	12	Turramurra High School	3:11.11
5	Battiato, Emily	12	Cherrybrook Tech High School	3:15.45
6	Passafaro, Sarah	12	Pennant Hills High School	3:18.06
7	Brown, Ella	12	Turramurra High School	3:18.17
8	Kalamotas, Tia	12	Killara High School	3:19.61
9	Gregory, Katie	12	Chatswood High School	3:20.84
10	Ghazal, Tala	12	St Ives High School	3:23.59
11	Newbury, Trinity	12	Galston High School	3:23.92
12	Farrow, Lily	12	Galston High School	3:24.38
13	Colburt, Aliya	12	Pennant Hills High School	3:25.16
14	Riley, Phoebe	12	Killara High School	3:26.98
15	Bradley, Georgia	12	Ku-Ring-Gai Creative Arts High	3:27.67

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 72 Women 12-15 800 Metre Multi Class**

	Name	Age	Team	Finals
Finals				
1	Filer Tf20, Shana	15	Pennant Hills High School	3:37.77
2	Lansdowne Tf20, Hayley	13	Pennant Hills High School	5:22.40

Event 72 Women 16-19 800 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	3:45.28

Event 72 Men 12-15 800 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Newton T20, Zane	13	Chatswood High School	3:29.87
2	McEwan Tf20, Daniel	13	Pennant Hills High School	4:30.39
3	Attard Tf20, Bailey	14	Pennant Hills High School	5:53.27

Event 72 Men 16-19 800 Metre Multi Class

	Name	Age	Team	Finals
Finals				
1	Hyde Tf20, Mark	16	Pennant Hills High School	3:13.43
2	George Tf20, Cooper	17	Pennant Hills High School	3:38.19

Event 73 Boys 17-19 4x100 Metre Relay

Ku Ring Gai: 44.90 R 2011		, Cherrybrook	
Team	Relay	Finals	
Finals			
1	Turrumurra High School	47.98	
2	Killara High School	48.24	
3	St Ives High School	49.09	
4	Cherrybrook Tech High School	49.17	
5	Pennant Hills High School	49.51	
6	Carlingford High School	50.07	
7	Chatswood High School	54.98	
8	Galston High School	56.00	

Event 74 Boys 16 Year Olds 4x100 Metre Relay

Ku Ring Gai: 45.09 R 1990		, Galston	
Team	Relay	Finals	
Finals			
1	Cherrybrook Tech High School	46.94	
2	Killara High School	48.94	
3	Galston High School	49.33	
4	Carlingford High School	49.66	
5	Turrumurra High School	49.98	
6	Chatswood High School	51.98	
7	Pennant Hills High School	52.93	
8	St Ives High School	53.22	

Event 75 Boys 15 Year Olds 4x100 Metre Relay

Ku Ring Gai: 44.50 R 1979		, Chatswood	
Team	Relay	Finals	
Finals			
1	Cherrybrook Tech High School	48.89	
2	Killara High School	49.63	
3	Turrumurra High School	50.26	

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 75 Boys 15 Year Olds 4x100 Metre Relay)**

Team	Relay	Finals
4 Pennant Hills High School		50.64
5 Ku-Ring-Gai Creative Arts High		51.39
6 Carlingford High School		51.74
7 Chatswood High School		52.10
8 Galston High School		52.69
9 St Ives High School		52.89

Event 76 Boys 14 Year Olds 4x100 Metre Relay

Ku Ring Gai: 48.65 R 1994 , Turramurra

Team	Relay	Finals
Finals		
1 Galston High School		51.06
2 Chatswood High School		51.95
3 Cherrybrook Tech High School		52.06
4 St Ives High School		52.36
5 Turramurra High School		52.56
6 Pennant Hills High School		52.78
7 Killara High School		53.32
8 Carlingford High School		54.84
9 Ku-Ring-Gai Creative Arts High		57.59

Event 77 Boys 13 Year Olds 4x100 Metre Relay

Ku Ring Gai: 51.70 R 1994 , Galston

Team	Relay	Finals
Finals		
1 Turramurra High School		54.29
2 Killara High School		54.82
3 Cherrybrook Tech High School		54.97
4 St Ives High School		55.00
5 Carlingford High School		56.29
6 Chatswood High School		56.99
7 Pennant Hills High School		58.41
8 Galston High School		1:03.88

Event 78 Boys 12 Year Olds 4x100 Metre Relay

Ku Ring Gai: 54.70 R 1983 , Oakhill

Team	Relay	Finals
Finals		
1 Cherrybrook Tech High School		59.61
2 Chatswood High School		1:00.00
3 Killara High School		1:00.40
4 Carlingford High School		1:00.80
5 Turramurra High School		1:01.98
6 Pennant Hills High School		1:02.55
7 Ku-Ring-Gai Creative Arts High		1:03.34
8 St Ives High School		1:03.40

Event 79 Girls 17-19 4x100 Metre RelayKu Ring Gai: 51.50 R 14/06/2017 Cherrybrook Tech High School, Cherrybrook
K Devitt, C Cattell, A Henke, E Fountaine

Team	Relay	Finals
Finals		
1 Cherrybrook Tech High School		53.28
2 Turramurra High School		55.80
3 Killara High School		56.14

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 79 Girls 17-19 4x100 Metre Relay)**

Team	Relay	Finals
4 Pennant Hills High School		57.78
5 Galston High School		57.84
6 Carlingford High School		1:01.85
7 Chatswood High School		1:02.56
8 St Ives High School		1:03.71

Event 80 Girls 16 Year Olds 4x100 Metre Relay

Ku Ring Gai: 51.18 R 2016 Cherrybrook Technology High, CTHS

Team	Relay	Finals
Finals		
1 Carlingford High School		56.23
2 Cherrybrook Tech High School		56.56
3 Turramurra High School		59.21
4 St Ives High School		59.58
5 Killara High School		1:01.49
6 Pennant Hills High School		1:05.84

Event 81 Girls 15 Year Olds 4x100 Metre Relay

Ku Ring Gai: 52.50 R 1977 , St Ives

Team	Relay	Finals
Finals		
1 Cherrybrook Tech High School		55.52
2 Pennant Hills High School		56.01
3 St Ives High School		56.65
4 Turramurra High School		57.64
5 Carlingford High School		58.77
6 Killara High School		59.85
7 Galston High School		1:00.69
8 Ku-Ring-Gai Creative Arts High		1:01.43
9 Chatswood High School		1:01.88

Event 82 Girls 14 Year Olds 4x100 Metre Relay

Ku Ring Gai: 53.11 R 1991 , Pennant Hills

Team	Relay	Finals
Finals		
1 Killara High School		58.47
2 Carlingford High School		58.64
3 Chatswood High School		59.26
4 Galston High School		59.93
5 Ku-Ring-Gai Creative Arts High		1:00.46
6 Turramurra High School		1:00.65
7 Pennant Hills High School		1:00.92
8 St Ives High School		1:02.32
--- Cherrybrook Tech High School		DNF

Event 83 Girls 13 Year Olds 4x100 Metre Relay

Ku Ring Gai: 54.10 R 1979 , Killara

Team	Relay	Finals
Finals		
1 Killara High School		56.49
2 Cherrybrook Tech High School		57.62
3 Pennant Hills High School		58.23
4 St Ives High School		58.33
5 Carlingford High School		59.34
6 Turramurra High School		1:00.09

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 83 Girls 13 Year Olds 4x100 Metre Relay)**

Team	Relay	Finals
7 Ku-Ring-Gai Creative Arts High		1:01.95
8 Galston High School		1:02.44

Event 84 Girls 12 Year Olds 4x100 Metre Relay

Ku Ring Gai: 48.84 R 1994 , Killara

Team	Relay	Finals
Finals		
1 Turramurra High School		59.88
2 Killara High School		59.93
3 St Ives High School		1:01.99
4 Pennant Hills High School		1:02.97
5 Cherrybrook Tech High School		1:03.30
6 Chatswood High School		1:05.06
7 Galston High School		1:06.50
8 Ku-Ring-Gai Creative Arts High		1:06.58
--- Carlingford High School		DNF

Event 85 Girls 14 Year Olds Long Jump

Ku Ring Gai: 5.09m R 1995 D Calvert, Cherrybrook

Name	Age	Team	Finals
Finals			
1 Rodwell, Anna	14	St Ives High School	4.36m
2 Visser, Milena	14	Cherrybrook Tech High School	4.11m
3 Kely, Anna	14	Pennant Hills High School	4.04m
4 Gunn, Francesca	14	Killara High School	3.80m
5 Riechert, Annabelle	14	Carlingford High School	3.75m
6 Navarro, Elizabeth	14	Cherrybrook Tech High School	3.74m
7 Oldham, Jade	14	Galston High School	J3.74m
8 Ennis, Georgia	14	Pennant Hills High School	3.71m
9 Bladen, Jenna	14	Turramurra High School	3.68m
10 Barnett, Harriet	14	St Ives High School	3.58m
11 De Rosa, Gemma	14	Turramurra High School	3.57m
12 Lim, Stella	14	Chatswood High School	3.55m
13 Townsend, Ashley	14	Galston High School	2.80m
14 Gupta, Phalguni	14	Carlingford High School	2.38m
--- Sully, Anisha	14	Killara High School	FOUL

Event 86 Boys 13 Year Olds Long Jump

Ku Ring Gai: 5.63m R 1978 M Sapias, Killara

Name	Age	Team	Finals
Finals			
1 Morrison, Cormac	13	Chatswood High School	5.21m
2 Stuart, Harrison	13	Pennant Hills High School	4.89m
3 Daniel, Jaye	13	Turramurra High School	4.58m
4 Forster, Timothy	13	Turramurra High School	4.53m
5 Jiang, Dale	13	Carlingford High School	4.40m
5 Mitchell, Joshua	13	Pennant Hills High School	4.40m
7 Mills, Alexander	13	Cherrybrook Tech High School	4.30m
8 Akhigbe, Noah	13	Ku-Ring-Gai Creative Arts High	4.26m
9 Negrete Barreto, Gustavo	13	Killara High School	4.19m
9 Wilson, Liam	13	St Ives High School	4.19m
11 Underwood, Tully	13	St Ives High School	4.09m
12 Azarfar, Ariyan	13	Cherrybrook Tech High School	3.99m
13 Reid, Riley	13	Galston High School	3.84m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 86 Boys 13 Year Olds Long Jump)**

	Name	Age	Team	Finals
14	Chan, Jie Ying	13	Carlingford High School	3.79m
15	Trekofski, Finn	13	Killara High School	3.77m
16	Wu, Jonathan	13	Chatswood High School	3.45m

Event 87 Girls 16 Year Olds High Jump**Ku Ring Gai: 1.70m R 1991****J Jamieson, St Ives**

	Name	Age	Team	Finals
Finals				
1	Chandler, Anna	16	Killara High School	1.55m
2	Deck, Sally	16	Killara High School	1.45m
3	Vosper, Ava	16	Carlingford High School	J1.45m
4	Sumner, Carla	16	Ku-Ring-Gai Creative Arts High	1.40m
5	Ho, Rhiannon	16	Galston High School	1.35m
6	Scott, Millicent	16	Ku-Ring-Gai Creative Arts High	J1.35m
7	Worby-Baeten, Isabella	16	St Ives High School	J1.35m
8	Moore, Freya	16	Chatswood High School	1.30m
9	Ong, Isabella	16	Cherrybrook Tech High School	J1.30m
10	De Stradis, Mikaela	16	Pennant Hills High School	J1.30m
11	Hamman, Ymke	16	St Ives High School	J1.30m
12	Cullen, Victoria	16	Galston High School	1.25m
13	Cowley, Tia	16	Pennant Hills High School	J1.25m
14	Hartley, Natasha	16	Cherrybrook Tech High School	J1.25m

Event 88 Boys 16 Year Olds High Jump**Ku Ring Gai: 1.95m R 1997****G Wilkins, Galston**

	Name	Age	Team	Finals
Finals				
1	Jobling, Thomas	16	Killara High School	1.85m
2	Russell, Jordan	16	Galston High School	1.70m
3	Lee, Geon Ha	16	Pennant Hills High School	1.65m
4	Pellow, Thomas	16	Cherrybrook Tech High School	J1.65m
5	Christie, Liam	16	Cherrybrook Tech High School	1.50m
5	Catanzariti, Nicholas	16	St Ives High School	1.50m
7	Mooney, Gregory	16	Carlingford High School	J1.50m
8	Smith, Jordan	16	Pennant Hills High School	1.40m
---	Wu, Cheston	16	Carlingford High School	NH

Event 89 Girls 15 Year Olds Discus Throw**Ku Ring Gai: 37.42m R 1979****C Beales, Pennent Hills**

	Name	Age	Team	Finals
Finals				
1	McCormack, Kayla	15	Pennant Hills High School	24.00m
2	Maciver, Jessica	15	Turrumurra High School	23.53m
3	Forster, Jessica	15	Turrumurra High School	20.78m
4	Bird, Charlotte	15	Killara High School	20.34m
5	Kim, Kathy	15	St Ives High School	19.60m
6	Nelson, Sophie	15	Cherrybrook Tech High School	18.03m
7	Hayhurst, Mykaela	15	Galston High School	17.51m
8	Bowles, Stephanie	15	Galston High School	16.19m
9	Lamprianidis, Alyssa	15	Carlingford High School	16.04m
10	Fox, Lauren	15	Pennant Hills High School	15.90m
11	Ersahin, Nazli	15	Carlingford High School	15.58m
12	Bloem, Suane'	15	St Ives High School	15.09m
13	Edirisinghe, Devni	15	Cherrybrook Tech High School	12.42m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 90 Girls 14 Year Olds Discus Throw****Ku Ring Gai: 35.62m R 2015****K Collett, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Kely, Anna	14	Pennant Hills High School	27.70m
2	Cross, Jacinta	14	Carlingford High School	20.41m
3	Kabir, Sky	14	Turrumurra High School	18.82m
4	Lee, Jessica	14	Killara High School	16.89m
5	Murray, Jade	14	Killara High School	16.57m
6	Kustiadi, Priska	14	Carlingford High School	16.01m
7	Mulvihill, Alice	14	Pennant Hills High School	15.80m
8	Dwyer, Sofia	14	St Ives High School	15.42m
9	Taylor, Abbey	14	Cherrybrook Tech High School	14.74m
10	Townsend, Ashley	14	Galston High School	14.25m
11	Hijazi, Jud	14	Chatswood High School	14.14m
12	Mukhopadhaya, Prajusha	14	Chatswood High School	13.34m
13	Eisermann, Ineker	14	Galston High School	12.86m
14	Bate, Jessica	14	Cherrybrook Tech High School	11.33m

Event 91 Boys 17-19 Javelin Throw**Ku Ring Gai: 58.04m R 1982****M Eisermann, Galston**

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	52.30m
2	Chapman, Scott	17	Cherrybrook Tech High School	48.72m
3	Olivier, Alexander	18	Killara High School	40.05m
4	Jacobs, Jeandre	19	St Ives High School	37.63m
5	Silver, Joshua	18	Turrumurra High School	36.06m
6	Casbolt, Alexander	18	Killara High School	35.52m
7	Jones, Ryan	17	Cherrybrook Tech High School	34.92m
8	Baker, James	17	Turrumurra High School	32.96m
9	Dudding, Archie	17	Pennant Hills High School	30.29m
10	Calvert, Oliver	18	Carlingford High School	29.01m
11	Aceituno, Andrew	18	Galston High School	27.00m
12	Gosper, Michael	18	Pennant Hills High School	19.90m
13	Maroun, Nic	18	Galston High School	17.73m

Event 92 Boys 14 Year Olds Javelin Throw**Ku Ring Gai: 44.50m R 2005****J Bingham, Turrumurra**

	Name	Age	Team	Finals
Finals				
1	Cullen, Robbie	14	Galston High School	32.16m
2	Patchett, Oliver	14	Pennant Hills High School	27.01m
3	Wilson, Bernard	14	Turrumurra High School	26.53m
4	Vranesovic, Vladimir	14	Carlingford High School	26.34m
5	Barrow, Jack	14	St Ives High School	25.29m
6	Shahla, Alexander	14	Carlingford High School	24.22m
7	Miechels, Justin	14	Turrumurra High School	22.85m
8	Barclay, Zac	14	Killara High School	20.99m
9	Bissex, Lauchlan	14	St Ives High School	20.11m
10	McCaroll, Will	14	Pennant Hills High School	19.97m
11	Fisher, Luke	14	Killara High School	19.90m
12	Murdoch, William	14	Cherrybrook Tech High School	18.18m
13	Flynn, Sunny	14	Chatswood High School	17.59m
14	Wallbank, Samuel	14	Chatswood High School	16.34m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 92 Boys 14 Year Olds Javelin Throw)**

Name	Age	Team	Finals
--- Quah, Ian	14	Cherrybrook Tech High School	ND

Event 93 Boys 15 Year Olds Shot Put**Ku Ring Gai: 14.70m R 1973****P Villima, Pennant Hills**

Name	Age	Team	Finals
Finals			
1 Officer, Samuel	15	Killara High School	11.82m
2 Slevin, Nicholas	15	Turrumurra High School	10.35m
3 Weekley, Lachlan	15	Pennant Hills High School	10.02m
4 Durheim, Alex	15	Cherrybrook Tech High School	9.87m
5 Toomey, Leo	15	St Ives High School	9.71m
6 Bidwell, Jack	15	Pennant Hills High School	9.61m
7 Durheim, Luke	15	Cherrybrook Tech High School	9.49m
8 Eun, Daniel	15	Carlingford High School	9.06m
9 Ross Egarr, Cameron	15	Ku-Ring-Gai Creative Arts High	8.95m
10 Tunncliffe, Jay	15	St Ives High School	8.90m
11 Chalke, Ammon	15	Carlingford High School	8.88m
--- Lochrin, Ewan	15	Chatswood High School	ND
--- Borgese, Jaiden	15	Turrumurra High School	ND
--- Lu, Kevin	15	Chatswood High School	ND
--- Graham, Saiyan	15	Galston High School	ND
--- Poole, Benedict	15	Killara High School	ND
--- Philp, Cameron	15	Galston High School	ND

Event 94 Boys 12 Year Olds Shot Put**Ku Ring Gai: 12.99m R 1983****S Hoffman, Carlingford**

Name	Age	Team	Finals
Finals			
1 Bullivant, Charlie	12	Ku-Ring-Gai Creative Arts High	8.17m
2 Chapman, Bailey	12	Cherrybrook Tech High School	8.09m
3 Rayek, Eid (Eden)	12	Turrumurra High School	7.93m
4 White, Daniel	12	Chatswood High School	7.50m
5 Kinninmont, Thomas	12	Killara High School	7.49m
6 Kemp, Hugo	12	Pennant Hills High School	7.30m
7 Pandey, Prajesh	12	St Ives High School	7.22m
8 Gaznawi, Joseph	12	St Ives High School	6.96m
9 O'Kelly, Callam	12	Killara High School	6.49m
10 Flokstra, Olivier	12	Turrumurra High School	6.43m
11 Anthony, Aevahn	12	Cherrybrook Tech High School	6.36m
12 De Vallance, Roman	12	Pennant Hills High School	5.94m
13 MacDonald, Robert	12	Ku-Ring-Gai Creative Arts High	5.72m
14 Ahmad, Moiz	12	Carlingford High School	5.42m
15 Choi, Jeremy	12	Carlingford High School	4.78m

Event 95 Girls 17-19 Triple Jump**Ku Ring Gai: 11.04m R 2016****Emily Jones, CTHS**

Name	Age	Team	Finals
Finals			
1 Kowcz Rosinke, Tamara	17	Killara High School	10.94m
2 Lidbetter, Eleanor	17	Pennant Hills High School	8.85m
3 Sutherland, Mandela	17	Carlingford High School	J8.85m
4 Philp, Belinda	17	Galston High School	8.72m
5 Waters, Grace	17	Galston High School	8.47m
6 Rodgers, Emma	17	Pennant Hills High School	8.21m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 95 Girls 17-19 Triple Jump)**

	Name	Age	Team	Finals
7	Lamprianidis, Christina	17	Carlingford High School	7.45m
8	Ingram, Rachel	17	Cherrybrook Tech High School	7.29m
9	Black, Xanthe	17	Chatswood High School	7.25m
10	Andresson, Tara	17	St Ives High School	6.91m
---	Chadban, Lily	17	St Ives High School	FOUL

Event 96 Boys 14 Year Olds Long Jump

Ku Ring Gai: 5.88m R 1977 D McNicholl, St Ives

	Name	Age	Team	Finals
Finals				
1	Wallbank, Samuel	14	Chatswood High School	5.16m
2	Altea, Kristian	14	Galston High School	4.86m
3	Kemmis, Cameron	14	Turrumurra High School	4.69m
4	Fisher, Luke	14	Killara High School	4.68m
5	Hwang, Hyun Soo	14	Chatswood High School	4.50m
6	Wilson, Bernard	14	Turrumurra High School	4.48m
7	Jacobs, Zander	14	St Ives High School	4.47m
8	Choi, Nicholas	14	Cherrybrook Tech High School	4.41m
9	Jones, Alfie	14	Killara High School	4.40m
10	McCabe, Michael	14	Pennant Hills High School	4.34m
11	Kapadia, Arnav	14	Cherrybrook Tech High School	4.26m
12	Shiu, Konol	14	Carlingford High School	4.19m
13	Bridgewood, Tyson	14	Pennant Hills High School	3.98m

Event 97 Girls 13 Year Olds Long Jump

Ku Ring Gai: 4.97m R 1989 R Oriordan, St Ives

	Name	Age	Team	Finals
Finals				
1	Worsfold, Brianna	13	Killara High School	4.62m
2	Gingell, Aima	13	Pennant Hills High School	4.37m
3	Bunn, Rachael	13	Pennant Hills High School	4.18m
4	Su, Shirlene	13	Carlingford High School	4.07m
5	Westerman, Lilly	13	Ku-Ring-Gai Creative Arts High	4.00m
6	Welschinger, Eloise	13	Galston High School	3.97m
7	Benad, Genevieve	13	Turrumurra High School	3.95m
8	Geraghty, Saskia	13	Killara High School	3.88m
9	Ivanov, Nicole	13	St Ives High School	3.84m
10	Khiroya, Jasmine	13	Carlingford High School	3.83m
11	Appleyard, Scarlett	13	Turrumurra High School	3.76m
12	Allen, Isabell	13	Galston High School	3.56m
13	Drew, Cody	13	Ku-Ring-Gai Creative Arts High	3.43m
14	Baldwin, Kelli	13	Chatswood High School	3.41m
15	Keshavarz Shirazimos, Melina	13	Cherrybrook Tech High School	3.35m
16	Woo, Mina	13	Cherrybrook Tech High School	3.33m
17	Mendel, Maxine	13	St Ives High School	3.31m

Event 98 Girls 17-19 High Jump

Ku Ring Gai: 1.73m R 1992 J Jamieson, St Ives

	Name	Age	Team	Finals
Finals				
1	Kowcz Rosinke, Tamara	17	Killara High School	1.45m
2	Fontaine, Ella	18	Cherrybrook Tech High School	J1.45m
3	Gonzalez, Anna Fe	17	Killara High School	J1.45m
4	Baker, Laura	17	Cherrybrook Tech High School	1.35m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 98 Girls 17-19 High Jump)**

	Name	Age	Team	Finals
4	Waters, Grace	17	Galston High School	1.35m
6	Philp, Belinda	17	Galston High School	J1.35m
7	Johns, Veronica	17	Pennant Hills High School	1.25m
8	Chew, Bethany	17	Carlingford High School	J1.25m
9	Rodgers, Emma	17	Pennant Hills High School	1.20m
---	Andresson, Tara	17	St Ives High School	NH
---	Chadban, Lily	17	St Ives High School	NH

Event 99 Boys 17-19 High Jump

Ku Ring Gai: 2.03m R 1998 G Wilkins, Galston

	Name	Age	Team	Finals
Finals				
1	Hayward, Zachary	18	Pennant Hills High School	1.85m
2	Millard, Kobe	18	Turrumurra High School	1.83m
3	Wensley, Nicholas	18	Pennant Hills High School	1.80m
4	Bell, Jonathan	18	St Ives High School	1.70m
5	Dobson, Lewis	18	Killara High School	1.50m
---	Tan, Daniel	18	Carlingford High School	NH

Event 100 Girls 16 Year Olds Discus Throw

Ku Ring Gai: 38.71m R 2011 E Cepak, Killara

	Name	Age	Team	Finals
Finals				
1	McKay, Evelyn	16	Chatswood High School	27.53m
2	Cullen, Victoria	16	Galston High School	26.32m
3	Hill, Lucinda	16	St Ives High School	19.25m
4	Yip, Kaitlyn	16	Carlingford High School	18.01m
5	Sakr, Maysa	16	Carlingford High School	17.99m
6	Woollett, Lara	16	Cherrybrook Tech High School	17.71m
7	Groves, Josephine	16	St Ives High School	17.46m
8	Finlay, Madeline	16	Turrumurra High School	16.80m
9	Kemmis, Madeline	16	Turrumurra High School	15.82m
9	Moore, Freya	16	Chatswood High School	15.82m
11	Munoz, Lorena	16	Pennant Hills High School	15.81m
12	Deck, Sally	16	Killara High School	15.51m
13	Klintworth, Ella	16	Galston High School	14.87m
14	Motahari, Patricia	16	Killara High School	12.47m
15	Briske, Lauren	16	Pennant Hills High School	12.10m

Event 101 Boys 17-19 Discus Throw

Ku Ring Gai: 50.68m R 1991 B Jaaniste, Galston

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	38.92m
2	Olivier, Alexander	18	Killara High School	36.32m
3	Chapman, Scott	17	Cherrybrook Tech High School	28.73m
4	Teh, Nicholas	17	Killara High School	26.08m
5	Mazoudier, Nathan	17	Chatswood High School	25.90m
6	McGill, John	18	Carlingford High School	25.04m
7	Gosper, Michael	18	Pennant Hills High School	24.36m
8	Tanner, Kailen	17	St Ives High School	23.58m
9	Growden, Michael	18	Cherrybrook Tech High School	21.11m
10	O'Connell, James	17	Carlingford High School	20.95m
11	Aceituno, Andrew	18	Galston High School	20.13m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 101 Boys 17-19 Discus Throw)**

Name	Age	Team	Finals
12 Baker, James	17	Turrumurra High School	19.13m
13 Colley, Joshua	17	Pennant Hills High School	17.87m
14 Trethowan, Callum	18	Galston High School	17.37m
15 Porter, Alec	17	Turrumurra High School	17.29m

Event 102 Boys 15 Year Olds Javelin Throw**Ku Ring Gai: 48.25m R 1980****A Sorbello, Galston**

Name	Age	Team	Finals
Finals			
1 Pellow, Alex	15	Cherrybrook Tech High School	37.59m
2 Whiteoak, William	15	Turrumurra High School	31.41m
3 Williamson, Brent	15	Carlingford High School	29.57m
4 Chalke, Ammon	15	Carlingford High School	29.25m
5 Coleman, Ryan	15	St Ives High School	26.28m
6 Armstrong, Caleb	15	Pennant Hills High School	25.73m
7 Durheim, Alex	15	Cherrybrook Tech High School	24.26m
8 De Silver, Ryan	15	Pennant Hills High School	23.82m
9 Leerberg, Martin	15	Killara High School	22.08m
10 Waddington, Ned	15	Killara High School	18.97m

Event 103 Girls 12-13 Javelin Throw**Ku Ring Gai: 34.42m R 2004****L Yates, Pennant Hills**

Name	Age	Team	Finals
Finals			
1 Brennan, Mackenzie	13	Pennant Hills High School	24.77m
2 Stewart, Felicity	13	Turrumurra High School	23.29m
3 Worsfold, Brianna	13	Killara High School	22.82m
4 Lozitskaya, Eva	13	Pennant Hills High School	19.62m
5 Khirova, Jasmine	13	Carlingford High School	16.04m
6 Goodman, Zoe	13	Killara High School	14.97m
7 Mann, Amy	13	Turrumurra High School	14.58m
8 Orfanos, Josephine	13	Ku-Ring-Gai Creative Arts High	13.63m
9 Hong, Ariel	13	Cherrybrook Tech High School	12.78m
10 Creusot, Chloe	13	Cherrybrook Tech High School	11.14m
11 Denniss, Madison	13	Carlingford High School	10.55m
12 Bywaters, Isabella	13	St Ives High School	9.98m
13 Wartmann, Lucy	13	St Ives High School	9.89m

Event 104 Boys 16 Year Olds Shot Put**Ku Ring Gai: 15.60m R 1981****S Liggins, St Ives**

Name	Age	Team	Finals
Finals			
1 Dela Cruz, Adrian	16	Carlingford High School	12.40m
2 Shahla, Anthony	16	Carlingford High School	11.75m
3 Oates, Mason	16	Pennant Hills High School	9.92m
4 Rose, Matthew	16	Cherrybrook Tech High School	9.64m
5 Payne, Kobe	16	Killara High School	9.30m
6 Tai, Liam	16	Killara High School	9.22m
7 Beckett, Lachlan	16	Ku-Ring-Gai Creative Arts High	9.21m
8 Hall, Matthew	16	St Ives High School	8.72m
9 Thomson, Jason	16	Galston High School	8.62m
10 White, Eamon	16	Pennant Hills High School	8.30m
11 Kalimeris, Nikolas	16	Cherrybrook Tech High School	8.28m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 105 Girls 12 Year Olds Shot Put****Ku Ring Gai: 11.48m R 1981****C Sweeney, Galston**

	Name	Age	Team	Finals
Finals				
1	Riley, Phoebe	12	Killara High School	7.84m
2	Burgess, Caitlin	12	Killara High School	7.02m
3	Fong, Isabella	12	St Ives High School	6.59m
4	Passafaro, Sarah	12	Pennant Hills High School	6.37m
5	Battiato, Emily	12	Cherrybrook Tech High School	6.07m
6	Bhullar, Dinesha	12	Cherrybrook Tech High School	6.02m
7	Imeson, Isabelle	12	Pennant Hills High School	5.61m
8	Vidot-Coleman, Teagan	12	Carlingford High School	5.51m
9	Buckley, Ella	12	St Ives High School	5.02m
10	Chappell, Hannah	12	Chatswood High School	5.01m
11	Hazell, Sienna	12	Ku-Ring-Gai Creative Arts High	4.74m
12	Mya Han, Andrea	12	Carlingford High School	4.44m

Event 106 Boys 16 Year Olds Triple Jump**Ku Ring Gai: 12.90m R 2014****A Nguyen-Ha, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Rose, Matthew	16	Cherrybrook Tech High School	11.33m
2	Kalimeris, Nikolas	16	Cherrybrook Tech High School	10.85m
3	Stevenson, Joel	16	Pennant Hills High School	10.72m
4	White, Eamon	16	Pennant Hills High School	10.47m
5	Krause, Aaron	16	Killara High School	10.12m
6	Wu, Cheston	16	Carlingford High School	9.90m
7	Achidhan, Anushan	16	Carlingford High School	9.70m

Event 107 Girls 15 Year Olds Long Jump**Ku Ring Gai: 5.32m R 2014****C Cattell, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Maciver, Jessica	15	Turrumurra High School	5.18m
2	Wayne, Tarsha	15	Pennant Hills High School	5.12m
3	Osifo, Danielle	15	Cherrybrook Tech High School	4.80m
4	Bayford, Jasmine	15	Pennant Hills High School	4.05m
5	Giudice, Jaden	15	Galston High School	4.03m
6	Bird, Charlotte	15	Killara High School	3.93m
7	Creusot, Gaelle	15	Cherrybrook Tech High School	3.88m
8	Ersahin, Nazli	15	Carlingford High School	3.79m
9	Coxon, Chloe	15	Galston High School	3.77m
10	Dang, Thuy	15	Chatswood High School	3.73m
11	Long, Isabelle	15	Killara High School	3.70m
12	Murphy, Helena	15	Turrumurra High School	3.64m
13	Coloschi, Stella	15	Carlingford High School	3.48m
14	Ross, Philippa	15	St Ives High School	3.40m
15	Kim, Kathy	15	St Ives High School	3.36m

Event 108 Girls 12 Year Olds Long Jump**Ku Ring Gai: 4.78m R 1988****R Oriordan, St Ives**

	Name	Age	Team	Finals
Finals				
1	Webb, Tara	12	Turrumurra High School	4.44m
2	Riley, Phoebe	12	Killara High School	4.36m
3	Ozinga, Isabel	12	St Ives High School	4.00m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 108 Girls 12 Year Olds Long Jump)**

	Name	Age	Team	Finals
4	Mills, Gemma	12	Cherrybrook Tech High School	3.94m
5	Wallbank, Amy	12	Chatswood High School	3.92m
6	Burgess, Caitlin	12	Killara High School	3.82m
7	Passafaro, Sarah	12	Pennant Hills High School	3.77m
8	Colburt, Aliya	12	Pennant Hills High School	3.62m
9	Fong, Isabella	12	St Ives High School	3.59m
10	Mya Han, Andrea	12	Carlingford High School	3.53m
11	Taha, Hannah	12	Turramurra High School	3.46m
12	Bhullar, Dinesha	12	Cherrybrook Tech High School	3.31m
13	Gregory, Katie	12	Chatswood High School	3.25m
14	Zhao, Ashley	12	Carlingford High School	3.17m
15	Newbury, Trinity	12	Galston High School	3.08m
16	Farrow, Lily	12	Galston High School	2.91m

Event 109 Boys 12 Year Olds High Jump**Ku Ring Gai: 1.56m R 1984****A Spurs, Turramurra**

	Name	Age	Team	Finals
Finals				
1	Palaspagar, Ayudh	12	Cherrybrook Tech High School	1.31m
2	Malhotra, Ryan	12	Pennant Hills High School	1.29m
3	Ravishankar, Sandeep	12	Cherrybrook Tech High School	J1.29m
4	Rajasingam, Roque	12	Turramurra High School	J1.29m
5	New, Max	12	Killara High School	1.25m
6	Brown, Samuel	12	Turramurra High School	1.20m
7	Chew, Evan	12	St Ives High School	J1.20m
8	Bear, Declan	12	Killara High School	J1.20m
9	Roughan, Charlie	12	Chatswood High School	J1.20m
10	De Vallance, Roman	12	Pennant Hills High School	1.10m
10	Weng, Harvey	12	Carlingford High School	1.10m
12	Upadhyay, Dhruv	12	Carlingford High School	J1.10m
12	Saunders, Caerwyn	12	St Ives High School	J1.10m
12	Perlowski, Max	12	Galston High School	J1.10m
15	Steel, Matthew	12	Turramurra High School	J1.10m
---	Jun, Lucas	12	Chatswood High School	NH

Event 110 Boys 15 Year Olds High Jump**Ku Ring Gai: 1.95m R 2013****D Plum, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Thom, Patrick	15	Galston High School	1.65m
2	Waddington, Ned	15	Killara High School	J1.65m
3	Slevin, Nicholas	15	Turramurra High School	1.60m
4	Coleman, Ryan	15	St Ives High School	J1.60m
5	Chalke, Ammon	15	Carlingford High School	J1.60m
6	Thomas, Daniel	15	Pennant Hills High School	J1.60m
7	McKenzie, Liam	15	Galston High School	1.55m
8	Whiteoak, William	15	Turramurra High School	J1.55m
9	Durheim, Alex	15	Cherrybrook Tech High School	J1.55m
10	Petronio, Reid	15	Killara High School	1.50m
11	Foster, Kaito	15	Carlingford High School	J1.50m
12	Kan, Timothy	15	Chatswood High School	1.40m
12	Marine, Daniel	15	Pennant Hills High School	1.40m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 111 Girls 17-19 Discus Throw****Ku Ring Gai: 37.24m R 2013****E Cepak, Killara**

	Name	Age	Team	Finals
Finals				
1	Collett, Kate	17	Cherrybrook Tech High School	28.89m
2	Kowcz Rosinke, Tamara	17	Killara High School	27.13m
3	Lidbetter, Eleanor	17	Pennant Hills High School	26.53m
4	Rodgers, Emma	17	Pennant Hills High School	20.34m
5	Philp, Belinda	17	Galston High School	19.94m
6	Shen, Margaret	17	Carlingford High School	19.35m
7	Smith, Tahlee	17	Carlingford High School	18.97m
8	Trumper, Courtney	17	Cherrybrook Tech High School	18.90m
9	Black, Xanthe	17	Chatswood High School	17.84m
10	Hall, Ashley	18	St Ives High School	16.86m
11	Zantiotis, Gemma	17	Killara High School	15.70m
12	Anderson, Sophie	17	St Ives High School	15.25m

Event 112 Boys 13 Year Olds Discus Throw**Ku Ring Gai: 36.17m R 2011****C Anstee, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	De Sacadura, Daniel	13	Cherrybrook Tech High School	37.19m R
2	Daniel, Jaye	13	Turrumurra High School	25.77m
3	Shahla, George	13	Carlingford High School	25.60m
4	Morrison, Cormac	13	Chatswood High School	23.35m
5	Dewar, Corey	13	Cherrybrook Tech High School	22.09m
6	Mitchell, Joshua	13	Pennant Hills High School	21.55m
7	Koinusis, Nicholas	13	Carlingford High School	19.68m
8	Weekley, Cooper	13	Pennant Hills High School	19.58m
9	Forster, Timothy	13	Turrumurra High School	18.96m
10	Bohm, Joshua	13	Killara High School	17.97m
11	Hill, Mackenzie	13	St Ives High School	16.62m
12	De Simone, Jethro	13	Killara High School	16.29m
13	Underwood, Tully	13	St Ives High School	14.65m
---	Aylward, Thomas	13	Galston High School	ND
---	Harkins, Jordan	13	Galston High School	ND
---	Lum, Alex	13	Chatswood High School	ND

Event 113 Boys 16 Year Olds Javelin Throw**Ku Ring Gai: 53.86m R 1981****S Liggins, St Ives**

	Name	Age	Team	Finals
Finals				
1	Klusman, Luke	16	Killara High School	35.13m
2	Hall, Matthew	16	St Ives High School	28.67m
3	Rose, Matthew	16	Cherrybrook Tech High School	27.20m
4	Smith, Brendan	16	Carlingford High School	26.94m
5	Blair, Nathan	16	Pennant Hills High School	25.88m
6	Dela Cruz, Adrian	16	Carlingford High School	25.59m
7	White, Eamon	16	Pennant Hills High School	25.42m
8	Cooke, Harrison	16	Cherrybrook Tech High School	23.15m
9	Krause, Aaron	16	Killara High School	22.82m
10	Hickman, Jamie	16	Turrumurra High School	21.84m
---	Hackett, Barnabas	16	Turrumurra High School	ND

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 114 Girls 14 Year Olds Javelin Throw****Ku Ring Gai: 29.50m R 2005****L Mitchell, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Kely, Anna	14	Pennant Hills High School	31.15m R
2	Rodwell, Anna	14	St Ives High School	15.00m
3	Mulvihill, Alice	14	Pennant Hills High School	14.26m
4	McPartlin, Katie	14	Turrumurra High School	13.59m
5	Eisermann, Ineker	14	Galston High School	13.50m
6	Ling, Charlena	14	Cherrybrook Tech High School	12.68m
7	Reyes, Keisha	14	Carlingford High School	11.55m
8	Murray, Jade	14	Killara High School	11.37m
9	Durheim, Zoe	14	Cherrybrook Tech High School	10.66m
10	Minguillan, Bianca	14	Carlingford High School	10.37m
11	Moyes, Alice	14	Killara High School	10.29m
12	Kobayashi, Sena	14	Chatswood High School	9.19m
---	Kabir, Sky	14	Turrumurra High School	ND
---	Taylor, Zoe	14	St Ives High School	ND
---	Whiteman, Felicity	14	Galston High School	ND

Event 115 Girls 16 Year Olds Shot Put**Ku Ring Gai: 12.39m R 1988****K Jaaniste, Galston**

	Name	Age	Team	Finals
Finals				
1	Hill, Lucinda	16	St Ives High School	10.48m
2	Groves, Josephine	16	St Ives High School	9.47m
3	McKay, Evelyn	16	Chatswood High School	9.03m
4	Cullen, Victoria	16	Galston High School	8.81m
5	Sakr, Maysa	16	Carlingford High School	8.70m
6	Ho, Rhiannon	16	Galston High School	8.62m
7	Finlay, Madeline	16	Turrumurra High School	8.32m
8	Woollett, Lara	16	Cherrybrook Tech High School	7.58m
9	Watman, Tahlia	16	Cherrybrook Tech High School	7.45m
10	Briske, Lauren	16	Pennant Hills High School	7.20m
11	Darabi, Aila	16	Killara High School	7.14m
12	Kinsey, Rachel	16	Turrumurra High School	6.90m
13	Delavere, Clara	16	Killara High School	6.67m
14	Munoz, Lorena	16	Pennant Hills High School	6.65m
15	Sallaway, Ebony	16	Ku-Ring-Gai Creative Arts High	6.26m
16	Knight, Georgia	16	Chatswood High School	5.23m

Event 116 Boys 14 Year Olds Shot Put**Ku Ring Gai: 15.71m R 1985****F Hoffman, Carlingford**

	Name	Age	Team	Finals
Finals				
1	Shahla, Alexander	14	Carlingford High School	14.67m
2	Wilson, Bernard	14	Turrumurra High School	11.26m
3	Nikoo, Arshia	14	Pennant Hills High School	10.69m
4	Cullen, Robbie	14	Galston High School	9.69m
5	Zheng, Jason	14	Killara High School	9.53m
6	Woog, Harry	14	Killara High School	9.52m
7	Aroney, Samuel	14	Pennant Hills High School	9.36m
8	Bissex, Lauchlan	14	St Ives High School	9.31m
9	Miechels, Justin	14	Turrumurra High School	9.12m
10	Asprey, James	14	Ku-Ring-Gai Creative Arts High	8.52m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 116 Boys 14 Year Olds Shot Put)**

	Name	Age	Team	Finals
11	Mao, Merrick	14	Cherrybrook Tech High School	8.47m
12	Roh, Jongho	14	Cherrybrook Tech High School	8.11m
13	Kollipara, Nischal	14	Carlingford High School	7.97m
---	Doney, Sebastian	14	St Ives High School	FOUL
---	Herbert, Ben	14	Galston High School	FOUL

Event 117 Boys 17-19 Triple Jump**Ku Ring Gai: 14.23m R 1971****I Adair, Kuring-gai**

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	12.29m
2	Jones, Ryan	17	Cherrybrook Tech High School	11.77m
3	Mahmud, Daanish	17	Cherrybrook Tech High School	11.38m
4	Dobson, Lewis	18	Killara High School	10.50m
5	Hayward, Zachary	18	Pennant Hills High School	9.73m
6	O'Connell, James	17	Carlingford High School	9.45m
7	Nolan, Clyde	17	Pennant Hills High School	9.32m

Event 118 Boys 15 Year Olds Long Jump**Ku Ring Gai: 6.01m R 1991****V Verisan, Carlingford**

	Name	Age	Team	Finals
Finals				
1	Zhou, Yu	15	Killara High School	5.58m
2	Senasinghe, Devan	15	Cherrybrook Tech High School	5.38m
3	Melore, Archie	15	Pennant Hills High School	5.22m
4	Coleman, Ryan	15	St Ives High School	5.20m
5	Slevin, Nicholas	15	Turrumurra High School	5.14m
6	Pellow, Alex	15	Cherrybrook Tech High School	5.02m
7	Chiveto, Damien	15	Carlingford High School	4.99m
8	Peter, Tom	15	St Ives High School	4.97m
9	Bellert, Jack	15	Pennant Hills High School	4.86m
10	Beard, Bailey	15	Galston High School	4.81m
11	Ross Egarr, Cameron	15	Ku-Ring-Gai Creative Arts High	4.68m
12	Strauss, Corbin	15	Carlingford High School	4.62m
13	Keys, Jayden	15	Ku-Ring-Gai Creative Arts High	4.51m
14	Waddington, Ned	15	Killara High School	4.49m
15	Philp, Cameron	15	Galston High School	4.16m

Event 119 Boys 17-19 Long Jump**Ku Ring Gai: 6.83m R 2012****E Clothier, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	5.80m
2	Mazoudier, Nathan	17	Chatswood High School	5.47m
3	Jacobs, Jeandre	19	St Ives High School	5.39m
4	Graham, Henry	17	Carlingford High School	5.31m
5	Hayward, Zachary	18	Pennant Hills High School	5.29m
6	Mahmud, Daanish	17	Cherrybrook Tech High School	5.24m
7	Olivier, Alexander	18	Killara High School	5.14m
8	Chapman, Scott	17	Cherrybrook Tech High School	5.06m
9	Clipperton, Jack	17	Ku-Ring-Gai Creative Arts High	4.88m
10	Maroun, Nic	18	Galston High School	4.48m
11	Dudding, Archie	17	Pennant Hills High School	4.46m
12	Woodgate, Nic	17	Galston High School	4.12m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 119 Boys 17-19 Long Jump)**

Name	Age	Team	Finals
--- de Vries, William	18	Turrumurra High School	ND
--- Leavy, Jacob	17	Turrumurra High School	ND
--- Gleeson, Harry	17	Killara High School	ND
--- Hasegawa, Ron	18	Ku-Ring-Gai Creative Arts High	ND
--- Vaz, Jeremy	17	Chatswood High School	ND
--- Tan, Daniel	18	Carlingford High School	ND

Event 120 Girls 15 Year Olds High Jump**Ku Ring Gai: 1.70m R 1990 J Jamieson, St Ives**

Name	Age	Team	Finals
Finals			
1 Wayne, Tarsha	15	Pennant Hills High School	1.45m
2 Chapman, Kelly	15	Cherrybrook Tech High School	1.40m
3 Choat, Rhona	15	St Ives High School	1.35m
4 Coxon, Chloe	15	Galston High School	J1.35m
5 Nelson, Sophie	15	Cherrybrook Tech High School	J1.35m
6 Maciver, Jessica	15	Turrumurra High School	1.30m
7 Long, Isabelle	15	Killara High School	J1.30m
7 Murphy, Helena	15	Turrumurra High School	J1.30m
9 Bird, Charlotte	15	Killara High School	1.25m
10 Arnold, Caitlin	15	Carlingford High School	1.20m
11 Coloschi, Stella	15	Carlingford High School	1.15m
11 Giudice, Jaden	15	Galston High School	1.15m
13 Wensley, Sonia	15	Pennant Hills High School	J1.15m

Event 121 Boys 14 Year Olds High Jump**Ku Ring Gai: 1.80m R 2004 R North, Pennant Hills**

Name	Age	Team	Finals
Finals			
1 Gardiner, Michael	14	Killara High School	1.71m
2 Cullen, Robbie	14	Galston High School	1.69m
3 Bolek, Kentaro	14	Killara High School	1.57m
4 Aroney, Samuel	14	Pennant Hills High School	1.55m
5 Cameron, Darcy	14	St Ives High School	1.50m
5 Wallbank, Samuel	14	Chatswood High School	1.50m
7 Cox, James	14	Turrumurra High School	1.40m
7 Glastonbury, Ryan	14	Turrumurra High School	1.40m
9 Macfadden, William	14	Pennant Hills High School	J1.40m
9 Kapadia, Arnav	14	Cherrybrook Tech High School	J1.40m
11 Kollipara, Nischal	14	Carlingford High School	1.30m
11 Hickman, Kye	14	Cherrybrook Tech High School	1.30m
11 Lee, Harry	14	Carlingford High School	1.30m
11 Els, Joshua	14	Ku-Ring-Gai Creative Arts High	1.30m
15 Flynn, Sunny	14	Chatswood High School	J1.30m

Event 122 Boys 14 Year Olds Discus Throw**Ku Ring Gai: 48.85m R 2000 C Tuatara, Turrumurra**

Name	Age	Team	Finals
Finals			
1 Shahla, Alexander	14	Carlingford High School	38.21m
2 Cullen, Robbie	14	Galston High School	36.51m
3 Miechels, Justin	14	Turrumurra High School	27.62m
4 Shen, Davian	14	Cherrybrook Tech High School	26.69m
5 Gardiner, Michael	14	Killara High School	25.94m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 122 Boys 14 Year Olds Discus Throw)**

	Name	Age	Team	Finals
6	Kollipara, Nischal	14	Carlingford High School	23.27m
7	Robertson, Bailey	14	Killara High School	21.37m
8	Patchett, Oliver	14	Pennant Hills High School	18.83m
9	Andry, Chris	14	Chatswood High School	16.54m
10	Barrow, Jack	14	St Ives High School	15.44m
11	Nikoo, Arshia	14	Pennant Hills High School	10.02m
---	Choi, Alvin	14	Cherrybrook Tech High School	ND
---	Wallbank, Samuel	14	Chatswood High School	ND
---	Wojtowicz, Bartlomiej	14	St Ives High School	ND

Event 123 Boys 12 Year Olds Discus Throw**Ku Ring Gai: 40.56m R 2016****Nosa Obaseki, SIHS**

	Name	Age	Team	Finals
Finals				
1	Condon, Jake	12	Cherrybrook Tech High School	21.88m
2	Rayek, Eid (Eden)	12	Turrumurra High School	20.15m
3	Chapman, Bailey	12	Cherrybrook Tech High School	20.06m
4	O'Kelly, Callam	12	Killara High School	19.83m
5	Roughan, Charlie	12	Chatswood High School	18.54m
6	Kinninmont, Thomas	12	Killara High School	17.50m
7	Flokstra, Olivier	12	Turrumurra High School	16.69m
8	Kemp, Hugo	12	Pennant Hills High School	15.11m
9	Wang, Jerry	12	Carlingford High School	14.53m
10	Chen, Nathan	12	St Ives High School	13.90m
11	Kerr, Brenton	12	Chatswood High School	13.05m
12	Gluskie, Benjamin	12	St Ives High School	11.77m
13	Upadhyay, Dhruv	12	Carlingford High School	4.51m

Event 124 Girls 16 Year Olds Javelin Throw**Ku Ring Gai: 37.38m R 1973****M Wilvas, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Finlay, Madeline	16	Turrumurra High School	31.30m
2	Cullen, Victoria	16	Galston High School	30.40m
3	McKay, Evelyn	16	Chatswood High School	21.14m
4	Connacher, Nicole	16	St Ives High School	19.90m
5	Ross, Natasha	16	Turrumurra High School	19.19m
6	Hartley, Natasha	16	Cherrybrook Tech High School	19.01m
7	Michalos, Rania	16	Carlingford High School	18.50m
8	Chau, Bonita	16	Carlingford High School	18.37m
9	Priest, Nikita	16	St Ives High School	17.92m
10	Spence, Rebecca	16	Ku-Ring-Gai Creative Arts High	16.69m
11	Sumner, Carla	16	Ku-Ring-Gai Creative Arts High	14.96m
12	Ong, Isabella	16	Cherrybrook Tech High School	11.73m
13	Djordjevic, Luka	16	Killara High School	11.67m
14	Galea, Erin	16	Pennant Hills High School	11.10m

Event 125 Girls 17-19 Javelin Throw**Ku Ring Gai: 39.71m R 1993****J Jamieson, St Ives**

	Name	Age	Team	Finals
Finals				
1	Kowcz Rosinke, Tamara	17	Killara High School	28.86m
2	Lidbetter, Eleanor	17	Pennant Hills High School	25.30m
3	Collett, Kate	17	Cherrybrook Tech High School	24.21m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 125 Girls 17-19 Javelin Throw)**

	Name	Age	Team	Finals
4	Blundy, Alison	18	Pennant Hills High School	24.00m
5	Black, Xanthe	17	Chatswood High School	22.34m
6	Anderson, Sophie	17	St Ives High School	19.19m
7	Bowd, Courtney	17	Galston High School	18.15m
8	Lamprianidis, Christina	17	Carlingford High School	13.45m
9	Sutherland, Mandela	17	Carlingford High School	12.77m
10	Krause, Rebekka	18	Killara High School	10.70m

Event 126 Boys 13 Year Olds Shot Put**Ku Ring Gai: 14.88m R 14/06/2017 Alexander Shahla, Carlingford**

	Name	Age	Team	Finals
Finals				
1	Shahla, George	13	Carlingford High School	11.54m
2	De Sacadura, Daniel	13	Cherrybrook Tech High School	11.09m
3	Morrison, Cormac	13	Chatswood High School	10.21m
4	Chan Reese, Jarrah	13	Ku-Ring-Gai Creative Arts High	9.62m
5	Hill, Mackenzie	13	St Ives High School	9.47m
6	Akhigbe, Noah	13	Ku-Ring-Gai Creative Arts High	8.92m
7	Neville, Brodie	13	Turramurra High School	8.84m
8	Mathie, Blake	13	Galston High School	8.82m
9	Blandford, Zachary	13	St Ives High School	8.32m
10	Liyanage, Eran	13	Killara High School	8.21m
11	Reid, Riley	13	Galston High School	7.81m
12	Mitchell, Joshua	13	Pennant Hills High School	7.63m
13	Fox, Lachlan	13	Pennant Hills High School	7.53m
14	Wu, Raymond	13	Carlingford High School	6.38m

Event 127 Girls 14 Year Olds Shot Put**Ku Ring Gai: 13.40m R 1983 C Sweeney, Galston**

	Name	Age	Team	Finals
Finals				
1	Kely, Anna	14	Pennant Hills High School	9.95m
2	Hijazi, Jud	14	Chatswood High School	8.14m
3	Meliska, Amy	14	Pennant Hills High School	7.74m
4	Devaney, Brianna	14	Galston High School	7.62m
5	Cross, Jacinta	14	Carlingford High School	7.45m
6	McPartlin, Katie	14	Turramurra High School	7.42m
7	Shamsabadi, Donya	14	Turramurra High School	7.38m
8	Mukhopadhaya, Prajusha	14	Chatswood High School	7.32m
9	Dwyer, Sofia	14	St Ives High School	7.22m
10	Lee, Jessica	14	Killara High School	7.18m
11	Visser, Milena	14	Cherrybrook Tech High School	7.01m
12	Rodwell, Anna	14	St Ives High School	6.42m
13	Khor, Amber	14	Carlingford High School	6.39m
14	Taylor, Abbey	14	Cherrybrook Tech High School	6.25m
---	Dalton, India	14	Galston High School	ND
---	Frederick, Molly	14	Ku-Ring-Gai Creative Arts High	ND
---	Elliott, Lilah	14	Killara High School	ND

Event 128 Girls 12-15 Triple Jump**Ku Ring Gai: 11.16m R 1998 D Donnelly, St Ives**

	Name	Age	Team	Finals
Finals				
1	Osifo, Danielle	15	Cherrybrook Tech High School	10.86m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 128 Girls 12-15 Triple Jump)**

	Name	Age	Team	Finals
2	Wayne, Tarsha	15	Pennant Hills High School	10.40m
3	Webb, Tara	12	Turrumurra High School	8.81m
4	Silver, Prudence	15	Turrumurra High School	8.19m
5	Khiroya, Jasmine	13	Carlingford High School	8.14m
6	Whiteman, Felicity	14	Galston High School	7.93m
7	Lim, Stella	14	Chatswood High School	7.50m
8	Hayhurst, Mykaela	15	Galston High School	7.48m
9	Ware, Eliisa	13	St Ives High School	7.25m
10	Wensley, Sonia	15	Pennant Hills High School	7.16m
11	Kobayashi, Sena	14	Chatswood High School	7.15m
12	Rodwell, Anna	14	St Ives High School	7.00m
13	Stewart, Felicity	13	Turrumurra High School	6.45m
---	Wallbank, Amy	12	Chatswood High School	ND
---	Gunn, Francesca	14	Killara High School	ND
---	Buiter, Alicia	13	Killara High School	ND
---	Brennan, Mackenzie	13	Pennant Hills High School	ND
---	Vidot-Coleman, Teagan	12	Carlingford High School	ND
---	Mills, Gemma	12	Cherrybrook Tech High School	FOUL
---	Das, Kyna	13	Chatswood High School	FOUL

Event 129 Girls 16 Year Olds Long Jump**Ku Ring Gai: 5.40m R 1974****B Down, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Woollett, Lara	16	Cherrybrook Tech High School	4.70m
2	Vosper, Ava	16	Carlingford High School	4.41m
3	Watman, Tahlia	16	Cherrybrook Tech High School	4.25m
4	Sakr, Maysa	16	Carlingford High School	4.24m
5	Finlay, Madeline	16	Turrumurra High School	4.18m
6	Sumner, Carla	16	Ku-Ring-Gai Creative Arts High	4.17m
7	Deck, Sally	16	Killara High School	3.68m
8	Westaway, Elise Patricia	16	Pennant Hills High School	3.62m
9	Connacher, Nicole	16	St Ives High School	3.59m
10	Cullen, Victoria	16	Galston High School	3.53m
11	Pereira, Abigail	16	St Ives High School	3.43m
12	Scott, Millicent	16	Ku-Ring-Gai Creative Arts High	3.37m
13	Moore, Freya	16	Chatswood High School	3.31m
13	Bartaula, Brianna	16	Chatswood High School	3.31m
15	Brown, Eliza	16	Pennant Hills High School	3.25m
---	Duong, Emily	16	Turrumurra High School	ND
---	Aikin, Imogen	16	Killara High School	ND
---	Priest, Nikita	16	St Ives High School	ND
---	Ho, Rhiannon	16	Galston High School	ND

Event 130 Boys 12 Year Olds Long Jump**Ku Ring Gai: 5.01m R 1977****S James, Killara**

	Name	Age	Team	Finals
Finals				
1	Ross, Corban	12	Carlingford High School	4.38m
2	MacDonald, Robert	12	Ku-Ring-Gai Creative Arts High	4.27m
3	Rajasingam, Roque	12	Turrumurra High School	3.91m
4	Fullerton, Luke	12	Pennant Hills High School	3.89m
5	Chapman, Bailey	12	Cherrybrook Tech High School	3.88m
6	Ninness, Ryan	12	Pennant Hills High School	3.84m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 130 Boys 12 Year Olds Long Jump)**

	Name	Age	Team	Finals
7	Roughan, Charlie	12	Chatswood High School	3.80m
8	Brown, Samuel	12	Turramurra High School	3.64m
9	Chew, Evan	12	St Ives High School	3.55m
10	Chun, Ryan	12	Carlingford High School	3.46m
11	Charlton, Billy	12	Ku-Ring-Gai Creative Arts High	3.29m
12	Williamson, Evan	12	St Ives High School	3.28m
13	Loneragan, Ben	12	Killara High School	3.00m
14	Palaspagar, Ayudh	12	Cherrybrook Tech High School	2.51m

Event 131 Girls 12 Year Olds High Jump

Ku Ring Gai: 1.58m R 1988 R Oriordan, St Ives

	Name	Age	Team	Finals
Finals				
1	Webb, Tara	12	Turramurra High School	1.25m
2	Wallbank, Amy	12	Chatswood High School	J1.25m
3	Buckley, Ella	12	St Ives High School	1.20m
3	Burgess, Caitlin	12	Killara High School	1.20m
5	Colburt, Aliya	12	Pennant Hills High School	J1.20m
5	Newbury, Trinity	12	Galston High School	J1.20m
7	Vidot-Coleman, Teagan	12	Carlingford High School	J1.20m
8	Farrow, Lily	12	Galston High School	J1.20m
8	Lazic, Eva	12	Cherrybrook Tech High School	J1.20m
10	Imeson, Isabelle	12	Pennant Hills High School	1.15m
11	Hochart, Emma	12	Killara High School	J1.15m
12	Blackman, Audrey	12	Carlingford High School	1.10m
13	Wade, Tabitha	12	St Ives High School	J1.10m
14	Hazell, Sienna	12	Ku-Ring-Gai Creative Arts High	1.05m

Event 132 Boys 13 Year Olds High Jump

Ku Ring Gai: 1.67m R 2013 M Baker, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Adamson, Lewis	13	Killara High School	1.47m
2	Morrison, Cormac	13	Chatswood High School	1.41m
3	Scrivener, Jack	13	Pennant Hills High School	1.25m
3	Fisher, Max	13	Killara High School	1.25m
3	Boland, Thomas	13	Turramurra High School	1.25m
3	Daniel, Jaye	13	Turramurra High School	1.25m
7	Ashley, Riley	13	Ku-Ring-Gai Creative Arts High	J1.25m
7	Smits, Finneyan	13	Chatswood High School	J1.25m
7	Abbas, Qasim	13	Cherrybrook Tech High School	J1.25m
7	Leung, Bernard	13	Carlingford High School	J1.25m
---	Underwood, Tully	13	St Ives High School	NH
---	Stuart, Harrison	13	Pennant Hills High School	NH
---	Kim, Minchan	13	St Ives High School	NH
---	Bailey, Dylan	13	Ku-Ring-Gai Creative Arts High	NH
---	Cashman, Zari	13	Galston High School	NH

Event 133 Boys 16 Year Olds Discus Throw

Ku Ring Gai: 45.09m R 2005 E Steanes, Chatswood

	Name	Age	Team	Finals
Finals				
1	Shahla, Anthony	16	Carlingford High School	40.52m
2	Dela Cruz, Adrian	16	Carlingford High School	29.97m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 133 Boys 16 Year Olds Discus Throw)**

	Name	Age	Team	Finals
3	Hall, Matthew	16	St Ives High School	27.87m
4	Jobling, Thomas	16	Killara High School	27.08m
5	Klusman, Luke	16	Killara High School	24.08m
6	Stoddart, Aidan	16	Cherrybrook Tech High School	22.56m
7	Shin, Sung Yun(John)	16	Pennant Hills High School	21.95m
8	Thomson, Jason	16	Galston High School	19.10m
9	Bish, Dylan	16	Cherrybrook Tech High School	18.19m
10	White, Eamon	16	Pennant Hills High School	15.59m

Event 134 Girls 13 Year Olds Discus Throw

Ku Ring Gai: 29.49m R 2014 K Collett, Cherrybrook

	Name	Age	Team	Finals
Finals				
1	Worsfold, Brianna	13	Killara High School	28.35m
2	Stewart, Felicity	13	Turrumurra High School	23.86m
3	Gibbins, Ella	13	Ku-Ring-Gai Creative Arts High	23.50m
4	McKay, Ellie	13	Chatswood High School	22.24m
5	Edler, Emily	13	Killara High School	19.25m
6	Small, Beatrix	13	Turrumurra High School	17.56m
7	Hayes, Emily	13	St Ives High School	17.50m
8	Brennan, Mackenzie	13	Pennant Hills High School	15.61m
9	Awad-Fortune-Hiriaki, Michayla	13	Galston High School	15.27m
10	Griffin, Hayley	13	St Ives High School	15.15m
11	Bacon, Caitlyn	13	Pennant Hills High School	14.64m
12	Henry, Alexandra	13	Chatswood High School	14.58m
13	Tjoputra, Calista	13	Carlingford High School	14.17m
14	Donnelly, Imogen	13	Cherrybrook Tech High School	13.64m
15	Okada, May	13	Carlingford High School	13.61m
16	McKeon, Katie	13	Cherrybrook Tech High School	13.52m

Event 135 Girls 15 Year Olds Javelin Throw

Ku Ring Gai: 35.72m R 1990 J Jamieson, St Ives

	Name	Age	Team	Finals
Finals				
1	Wayne, Tarsha	15	Pennant Hills High School	31.06m
2	Forster, Jessica	15	Turrumurra High School	26.38m
3	Fox, Lauren	15	Pennant Hills High School	20.65m
4	Silver, Prudence	15	Turrumurra High School	18.84m
5	Chapman, Kelly	15	Cherrybrook Tech High School	17.90m
6	Nelson, Sophie	15	Cherrybrook Tech High School	16.71m
7	Hayhurst, Mykaela	15	Galston High School	15.40m
7	Kim, Kathy	15	St Ives High School	15.40m
9	Du Pre Le Roux, Kathryn	15	Killara High School	14.99m
10	Moyes, Matilda	15	Killara High School	13.27m
11	Lamprianidis, Alyssa	15	Carlingford High School	11.99m
12	Johnson, Emma	15	Galston High School	11.94m
13	Yildirim, Talia	15	Carlingford High School	11.90m
14	Ware, Maila	15	St Ives High School	9.88m

Event 136 Girls 17-19 Shot Put

Ku Ring Gai: 12.29m R 1989 K Jaaniste, Galston

	Name	Age	Team	Finals
Finals				
1	Collett, Kate	17	Cherrybrook Tech High School	11.31m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 136 Girls 17-19 Shot Put)**

	Name	Age	Team	Finals
2	Smith, Tahlee	17	Carlingford High School	9.78m
3	Kowcz Rosinke, Tamara	17	Killara High School	9.76m
4	Slevin, Gabrielle	18	Turrumurra High School	9.71m
5	Lidbetter, Eleanor	17	Pennant Hills High School	9.03m
6	Mackay, Hannah	17	Killara High School	8.81m
7	Philp, Belinda	17	Galston High School	8.71m
8	Jun, Chaery	18	Carlingford High School	8.58m
9	Waters, Grace	17	Galston High School	8.27m
10	Hall, Ashley	18	St Ives High School	7.66m
11	Trumper, Courtney	17	Cherrybrook Tech High School	7.39m
12	Black, Xanthe	17	Chatswood High School	7.22m
13	Anderson, Sophie	17	St Ives High School	7.05m
14	Pinar, Ella	17	Pennant Hills High School	6.49m

Event 137 Boys 17-19 Shot Put**Ku Ring Gai: 16.10m R 2001****G Care, Carlingford**

	Name	Age	Team	Finals
Finals				
1	Bell, Jonathan	18	St Ives High School	12.55m
2	Chapman, Scott	17	Cherrybrook Tech High School	12.40m
3	Olivier, Alexander	18	Killara High School	11.74m
4	Christy, Joshua	17	Turrumurra High School	10.50m
5	Tanner, Kailen	17	St Ives High School	9.96m
6	Aceituno, Andrew	18	Galston High School	9.90m
7	McGill, John	18	Carlingford High School	9.80m
8	Tan, Daniel	18	Carlingford High School	9.68m
9	Gosper, Michael	18	Pennant Hills High School	9.63m
10	Toczydlowski, Henry	17	Pennant Hills High School	8.71m
11	Teh, Nicholas	17	Killara High School	8.56m
12	Maroun, Nic	18	Galston High School	8.28m

Event 138 Boys 12-15 Triple Jump**Ku Ring Gai: 12.51m R 1982****G Wright, Killara**

	Name	Age	Team	Finals
Finals				
1	Senasinghe, Devan	15	Cherrybrook Tech High School	12.39m
2	Coleman, Ryan	15	St Ives High School	12.07m
3	Peter, Tom	15	St Ives High School	10.95m
4	Durheim, Luke	15	Cherrybrook Tech High School	10.52m
5	Forster, Timothy	13	Turrumurra High School	10.23m
6	Ditchburn, Ty	15	Pennant Hills High School	10.20m
7	Kemmis, Cameron	14	Turrumurra High School	10.19m
8	Giddons, Jack	15	Pennant Hills High School	10.10m
9	Foster, Kaito	15	Carlingford High School	10.02m
10	Fisher, Luke	14	Killara High School	10.01m
11	Cullen, Robbie	14	Galston High School	10.00m
12	Kollipara, Nischal	14	Carlingford High School	9.52m
13	Zhou, Yu	15	Killara High School	9.50m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 139 Girls 17-19 Long Jump****Ku Ring Gai: 5.56m R 1993****J Jamieson, St Ives****Equal: 5.56m E 1997****J Dawson, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	Kowcz Rosinke, Tamara	17	Killara High School	4.80m
2	Zantiotis, Gemma	17	Killara High School	4.33m
3	Baker, Laura	17	Cherrybrook Tech High School	4.24m
4	Philp, Belinda	17	Galston High School	4.20m
5	Lin, Kelly	17	Carlingford High School	4.15m
6	Slevin, Gabrielle	18	Turramurra High School	4.06m
7	Conteh, Sarafina	17	Pennant Hills High School	3.97m
8	Chadban, Lily	17	St Ives High School	3.96m
9	Ferreria, Naomi	17	Cherrybrook Tech High School	3.73m
10	Sutherland, Mandela	17	Carlingford High School	3.67m
11	Andresson, Tara	17	St Ives High School	3.49m
12	Komura-Cairns, Sachi	17	Chatswood High School	3.31m
13	Black, Xanthe	17	Chatswood High School	3.13m
---	Pernice, Rachel	18	Galston High School	ND
---	Dwyer, Hannah	18	Turramurra High School	ND
---	Blundy, Alison	18	Pennant Hills High School	ND

Event 140 Boys 16 Year Olds Long Jump**Ku Ring Gai: 6.34m R 1984****A Krilov, Oakhill**

	Name	Age	Team	Finals
Finals				
1	Pellow, Thomas	16	Cherrybrook Tech High School	5.49m
2	Russell, Jordan	16	Galston High School	5.22m
3	Fleischmann, Joel	16	Killara High School	5.16m
4	Wearn, Jai	16	Galston High School	5.11m
5	Achidhan, Anushan	16	Carlingford High School	5.00m
6	Rose, Matthew	16	Cherrybrook Tech High School	4.99m
7	Jennis, Kallan	16	Pennant Hills High School	4.85m
8	Wu, Cheston	16	Carlingford High School	4.81m
9	Wong, Edison	16	Chatswood High School	4.72m
10	Krause, Aaron	16	Killara High School	4.65m
11	Lee, Geon Ha	16	Pennant Hills High School	4.62m
12	Tsai, Nicholas	16	St Ives High School	4.47m
---	Bazzana, Travis	16	Turramurra High School	FOUL
---	Catanzariti, Nicholas	16	St Ives High School	FOUL
---	Daniels, Tim	16	Ku-Ring-Gai Creative Arts High	FOUL
---	Martin, Bradley	16	Turramurra High School	FOUL

Event 141 Girls 13 Year Olds High Jump**Ku Ring Gai: 1.62m R 1988****J Jamieson, St Ives**

	Name	Age	Team	Finals
Finals				
1	Manojlovic, Maya	13	Killara High School	1.45m
2	Tallam, Tanvi	13	Cherrybrook Tech High School	1.35m
3	Franklin, Ella	13	Galston High School	1.30m
4	Wartmann, Lucy	13	St Ives High School	1.25m
4	Gambuti, Chiara	13	Pennant Hills High School	1.25m
6	Ivanov, Nicole	13	St Ives High School	J1.25m
7	Allen, Isabell	13	Galston High School	J1.25m
8	Small, Beatrix	13	Turramurra High School	J1.25m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 141 Girls 13 Year Olds High Jump)**

	Name	Age	Team	Finals
8	Baldwin, Kelli	13	Chatswood High School	J1.25m
10	Waters, Amy	13	Carlingford High School	J1.25m
11	Orfanos, Josephine	13	Ku-Ring-Gai Creative Arts High	1.20m
11	Geraghty, Saskia	13	Killara High School	1.20m
11	Leasuas, Ella	13	Pennant Hills High School	1.20m
14	Anand, Niki	13	Cherrybrook Tech High School	J1.20m
15	Lim, Naomi	13	Carlingford High School	J1.20m
16	Christy, Ella	13	Turrumurra High School	1.10m

Event 142 Girls 14 Year Olds High Jump

Ku Ring Gai: 1.60m R 1989 J Jamieson, St Ives

	Name	Age	Team	Finals
Finals				
1	Mulvihill, Alice	14	Pennant Hills High School	1.43m
2	Watkins, Bronte	14	Pennant Hills High School	1.30m
3	Gunn, Francesca	14	Killara High School	J1.30m
4	Phun, Carla	14	Carlingford High School	J1.30m
5	Riechert, Annabelle	14	Carlingford High School	1.25m
5	Lin, Cecillia	14	Chatswood High School	1.25m
5	Grubisic, Anastasia	14	Cherrybrook Tech High School	1.25m
8	Okukawa, Anri	14	St Ives High School	J1.25m
8	Park, Judy	14	Chatswood High School	J1.25m
10	Lavarack, Natalie	14	Ku-Ring-Gai Creative Arts High	J1.25m
11	Hood, Lucy	14	Turrumurra High School	1.20m
---	Visser, Milena	14	Cherrybrook Tech High School	NH

Event 143 Girls 12 Year Olds Discus Throw

Ku Ring Gai: 37.20m R 14/06/2017 Brianna Worsfold, Killara

	Name	Age	Team	Finals
Finals				
1	Taha, Hannah	12	Turrumurra High School	17.30m
2	Burgess, Caitlin	12	Killara High School	16.30m
3	Wallbank, Amy	12	Chatswood High School	15.00m
4	De Gioia, Sofia	12	Carlingford High School	14.26m
5	Lee, Hannah	12	Cherrybrook Tech High School	14.22m
6	Chappell, Hannah	12	Chatswood High School	13.86m
7	Allbon, Maya	12	Galston High School	12.35m
8	Imeson, Isabelle	12	Pennant Hills High School	11.82m
9	Mahony, Olivia	12	Killara High School	11.37m
10	Colburt, Aliya	12	Pennant Hills High School	11.22m
11	Newbury, Trinity	12	Galston High School	10.89m
12	Vidot-Coleman, Teagan	12	Carlingford High School	10.71m

Event 144 Boys 15 Year Olds Discus Throw

Ku Ring Gai: 61.15m R 2005 A Fiegert, St Ives

	Name	Age	Team	Finals
Finals				
1	Petronio, Reid	15	Killara High School	25.24m
2	Williamson, Brent	15	Carlingford High School	23.70m
3	Yoo, Dylan	15	Pennant Hills High School	22.62m
4	Chalke, Ammon	15	Carlingford High School	22.36m
5	Holton, James	15	Cherrybrook Tech High School	22.05m
6	Waddington, Ned	15	Killara High School	21.62m
7	Weekley, Lachlan	15	Pennant Hills High School	21.16m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 144 Boys 15 Year Olds Discus Throw)**

	Name	Age	Team	Finals
8	Lu, Kevin	15	Chatswood High School	21.00m
9	Lee, Jeffery	15	Chatswood High School	19.09m
10	Chapman, Joshua	15	Galston High School	15.87m

Event 145 Boys 12-13 Javelin Throw**Ku Ring Gai: 36.59m R 1983****W Smith, Pennant Hills**

	Name	Age	Team	Finals
Finals				
1	De Sacadura, Daniel	13	Cherrybrook Tech High School	30.37m
2	Mitchell, Joshua	13	Pennant Hills High School	28.41m
3	Shahla, George	13	Carlingford High School	20.97m
4	Luduen, Mateo	13	Killara High School	20.75m
5	Roughan, Charlie	12	Chatswood High School	20.11m
6	McDonald, Hugh	13	St Ives High School	19.89m
7	Maciver, Max	13	Turrumurra High School	19.84m
8	Rusbourne, Luke	13	Killara High School	19.74m
9	Dewar, Corey	13	Cherrybrook Tech High School	19.14m
10	Hill, Mackenzie	13	St Ives High School	18.11m
11	Bui, James	13	Carlingford High School	17.57m
12	Harcourt-Horsfield, Jett	13	Turrumurra High School	16.89m
13	Stuart, Harrison	13	Pennant Hills High School	15.67m
14	Morrison, Cormac	13	Chatswood High School	13.19m

Event 146 Girls 15 Year Olds Shot Put**Ku Ring Gai: 12.35m R 1984****C Sweeney, Galston**

	Name	Age	Team	Finals
Finals				
1	Maciver, Jessica	15	Turrumurra High School	10.79m
2	Wayne, Tarsha	15	Pennant Hills High School	10.54m
3	Forster, Jessica	15	Turrumurra High School	8.92m
4	Chapman, Kelly	15	Cherrybrook Tech High School	8.28m
5	McCormack, Kayla	15	Pennant Hills High School	8.15m
6	Nelson, Sophie	15	Cherrybrook Tech High School	8.12m
7	Bowles, Stephanie	15	Galston High School	7.73m
8	Lamprianidis, Alyssa	15	Carlingford High School	7.67m
9	Ersahin, Nazli	15	Carlingford High School	7.21m
10	Kim, Kathy	15	St Ives High School	6.80m
11	Brooks, Rosie	15	St Ives High School	6.40m
12	Dang, Thuy	15	Chatswood High School	5.90m
---	Brewis, Lara	15	Chatswood High School	ND
---	Niu, Iliana	15	Killara High School	ND
---	Long, Isabelle	15	Killara High School	ND
---	Giudice, Jaden	15	Galston High School	ND

Event 147 Girls 13 Year Olds Shot Put**Ku Ring Gai: 13.26m R 1988****J Janieson, St Ives**

	Name	Age	Team	Finals
Finals				
1	Worsfold, Brianna	13	Killara High School	12.04m
2	Leasuas, Ella	13	Pennant Hills High School	9.49m
3	Stewart, Felicity	13	Turrumurra High School	8.57m
4	Gibbins, Ella	13	Ku-Ring-Gai Creative Arts High	8.54m
5	Lozitskaya, Eva	13	Pennant Hills High School	8.16m
6	McKay, Ellie	13	Chatswood High School	7.89m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Finals ... (Event 147 Girls 13 Year Olds Shot Put)**

	Name	Age	Team	Finals
7	Griffin, Hayley	13	St Ives High School	7.77m
8	Edler, Emily	13	Killara High School	7.65m
9	Henry, Alexandra	13	Chatswood High School	6.69m
10	Ala, Vake	13	St Ives High School	6.59m
11	Gasparini, Emily	13	Carlingford High School	6.55m
12	Ney, Fiona	13	Cherrybrook Tech High School	6.42m
13	Tjoputra, Calista	13	Carlingford High School	6.33m
14	Orfanos, Josephine	13	Ku-Ring-Gai Creative Arts High	6.07m
15	McKeon, Katie	13	Cherrybrook Tech High School	5.83m

Event 148 Girls 16 Year Olds Triple Jump**Ku Ring Gai: 10.91m R 2015 C Cattell, Cherrybrook**

	Name	Age	Team	Finals
Finals				
1	Sakr, Maysa	16	Carlingford High School	10.01m
2	Ho, Rhiannon	16	Galston High School	9.82m
3	Finlay, Madeline	16	Turrumurra High School	9.58m
4	Deck, Sally	16	Killara High School	8.59m
5	Hartley, Natasha	16	Cherrybrook Tech High School	8.58m
6	Ong, Isabella	16	Cherrybrook Tech High School	8.29m
7	Cullen, Victoria	16	Galston High School	8.18m
8	Cowley, Tia	16	Pennant Hills High School	8.17m
9	Connacher, Nicole	16	St Ives High School	7.85m
10	Djordjevic, Luka	16	Killara High School	7.33m
11	Brown, Eliza	16	Pennant Hills High School	7.30m
12	Priest, Nikita	16	St Ives High School	7.20m
---	Denier, Megan	16	St Ives High School	FOUL

Event 149 Women 12-15 Long Jump Multi Class

	Name	Age	Team	Finals
Finals				
1	Filer Tf20, Shana	15	Pennant Hills High School	1.96m
2	Schofield T20, Angeline	14	Pennant Hills High School	1.12m
3	Lansdowne Tf20, Hayley	13	Pennant Hills High School	0.68m

Event 149 Women 16-19 Long Jump Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	3.89m

Event 149 Men 12-15 Long Jump Multi Class

	Name	Age	Team	Finals
Finals				
1	Mellor Tf20, Darcy	13	Pennant Hills High School	2.98m
2	Rayworth T20, Lachlan	12	Chatswood High School	2.77m
3	Alexarkis Tf20, Chris	13	Pennant Hills High School	1.93m
4	Marchione T20, Samuel	12	Chatswood High School	1.48m

Event 149 Men 16-19 Long Jump Multi Class

	Name	Age	Team	Finals
Finals				
1	Hyde Tf20, Mark	16	Pennant Hills High School	3.52m
2	Goh Tf20, Declan	16	Pennant Hills High School	2.39m
3	George Tf20, Cooper	17	Pennant Hills High School	2.10m
4	Ghaffar Tf20, Zuhair	16	Pennant Hills High School	2.04m

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 150 Women 12-15 Discus Throw Multi Class**

	Name	Age	Team	Finals
Finals				
1	Pogue Tf20, Jennifer	13	Pennant Hills High School	5.73m
---	Filer Tf20, Shana	15	Pennant Hills High School	ND
---	Schofield T20, Angeline	14	Pennant Hills High School	FOUL

Event 150 Women 16-19 Discus Throw Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	17.76m
2	Perugini Tf20, Isabella	17	Pennant Hills High School	7.52m

Event 150 Men 12-15 Discus Throw Multi Class

	Name	Age	Team	Finals
Finals				
1	Kenyon Tf20, Angus	13	Pennant Hills High School	13.21m
2	Kashak T20, Alexei	13	Chatswood High School	12.98m
3	McEwan Tf20, Daniel	13	Pennant Hills High School	9.01m
4	Mellor Tf20, Darcy	13	Pennant Hills High School	8.81m
5	Marchione T20, Samuel	12	Chatswood High School	6.53m
6	Nath T20, Raniya	14	Pennant Hills High School	5.86m
---	Hopkins Tf20, Dylan	13	Pennant Hills High School	ND

Event 150 Men 16-19 Discus Throw Multi Class

	Name	Age	Team	Finals
Finals				
1	Hyde Tf20, Mark	16	Pennant Hills High School	13.49m
2	Ghaffar Tf20, Zuhair	16	Pennant Hills High School	7.79m
3	Yen Tf20, James	17	Pennant Hills High School	7.27m
---	Jung T20, Frederick	16	Pennant Hills High School	ND

Event 151 Women 12-15 Javelin Throw Multi Class

	Name	Age	Team	Finals
Finals				
1	Filer Tf20, Shana	15	Pennant Hills High School	8.47m
---	Pogue Tf20, Jennifer	13	Pennant Hills High School	ND

Event 151 Women 16-19 Javelin Throw Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	9.67m
2	Young Tf20, Charlotte	18	Pennant Hills High School	7.94m
3	Perugini Tf20, Isabella	17	Pennant Hills High School	3.98m

Event 151 Men 12-15 Javelin Throw Multi Class

	Name	Age	Team	Finals	
Finals					
1	Kenyon Tf20, Angus	13	Pennant Hills High School	14.84m	1
2	McEwan Tf20, Daniel	13	Pennant Hills High School	14.82m	1
3	Rayworth T20, Lachlan	12	Chatswood High School	11.92m	1
4	Kushak T20, Alexei	13	Chatswood High School	10.57m	1
5	Attard Tf20, Bailey	14	Pennant Hills High School	6.43m	2
6	Alexarkis Tf20, Chris	13	Pennant Hills High School	6.33m	1
7	Nath T20, Raniya	14	Pennant Hills High School	2.81m	1

Ku Ring gai Zone 2018 - 13/06/2018**SOPAC****Results****Event 151 Men 16-19 Javelin Throw Multi Class**

	Name	Age	Team	Finals	
Finals					
1	Goh Tf20, Declan	16	Pennant Hills High School	7.00m	2
2	Ghaffar Tf20, Zuhair	16	Pennant Hills High School	6.31m	2
3	George Tf20, Cooper	17	Pennant Hills High School	5.87m	1
4	Yen Tf20, James	17	Pennant Hills High School	5.61m	1
---	Hyde Tf20, Mark	16	Pennant Hills High School	ND	1

Event 152 Women 12-15 Shot Put Multi Class

	Name	Age	Team	Finals
Finals				
1	Schofield T20, Angeline	14	Pennant Hills High School	5.47m
2	Pogue Tf20, Jennifer	13	Pennant Hills High School	4.35m

Event 152 Women 16-19 Shot Put Multi Class

	Name	Age	Team	Finals
Finals				
1	Kely Tf20, Sara	17	Pennant Hills High School	6.23m
2	Young Tf20, Charlotte	18	Pennant Hills High School	5.06m

Event 152 Men 12-15 Shot Put Multi Class

	Name	Age	Team	Finals
Finals				
1	Kenyon Tf20, Angus	13	Pennant Hills High School	6.15m
2	Kashak T20, Alexei	13	Chatswood High School	5.47m
3	Marchione T20, Samuel	12	Chatswood High School	4.91m
4	McEwan Tf20, Daniel	13	Pennant Hills High School	4.69m
5	Mellor Tf20, Darcy	13	Pennant Hills High School	4.33m
6	Nath T20, Raniya	14	Pennant Hills High School	2.36m

Event 152 Men 16-19 Shot Put Multi Class

	Name	Age	Team	Finals
Finals				
1	Hyde Tf20, Mark	16	Pennant Hills High School	5.01m
2	George Tf20, Cooper	17	Pennant Hills High School	4.79m
3	Yen Tf20, James	17	Pennant Hills High School	3.78m