

Cross Country Carnival 2017

Wednesday, 22 March 2017

Dear Parents and Caregivers,

The Killara High School annual Cross Country Carnival will be held on Tuesday 4 April 2017 (Term 1, Week 11). The event will be compulsory for students in Years 7 and 8. The details are as follows:

- Venue:** Koola Park
Koola Ave, East Killara.
- Travel:** Students will meet in the quad after homegroup. They will be walked to and from the venue by supervising teachers. Students will return to school for Period 3.
- Dress:** Students have been given permission to wear their PE uniform all day. Students are required to wear their sports shoes.
- Race Schedule (times are approximate):**
9:30am- 12 and 13 Years Boys (3km)
9:50am- 12 and 13 Years Girls (3 km)
10:10am- 14 Years Boys (4km)
10:30am- 14 Years Girls (3km)

Information for students to remember:

- Year 7 and 8 students will meet in the quad after homegroup.
- Periods 3 and 4 will be as normal so pack correct equipment for those lessons.
- Students need to ensure they are adequately hydrated before the event and have a bottle of water with them during and after they have completed the event.
- Some shade will be available as will sunscreen, however, students are advised to bring a hat and apply sunscreen prior to the event.
- There will be no canteen at the venue so students need to bring their own food and drinks to sustain them until Recess B.
- Students who have asthma will need to bring their medication on the day and carry it on them during the run.

Parents are welcome to volunteer as an official or to be spectators on the day. Please contact the PDHPE staff at the school on 9498 3722 or duncan.john.smith@det.nsw.edu.au should you wish to volunteer.

Yours Sincerely,



Mr D. Smith
Head Teacher PDHPE



Ms C. Marchesin
Deputy Principal

THE HISTORY OF THE UNITED STATES

OF THE UNITED STATES OF AMERICA

FROM 1776 TO 1876

BY

W. H. CHAPMAN

NEW YORK

1876

THE HISTORY OF THE UNITED STATES

OF THE UNITED STATES OF AMERICA

FROM 1776 TO 1876

BY

W. H. CHAPMAN

NEW YORK

1876

THE HISTORY OF THE UNITED STATES

OF THE UNITED STATES OF AMERICA

FROM 1776 TO 1876