



THE ACAP CLINIC

A not-for-profit training clinic staffed by supervised final year psychology, psychotherapy, counselling, and social work students.

We celebrate, value, and include people of all backgrounds, genders, sexualities, cultures, language groups, bodies, and abilities for all ages.



Art for Happiness

Mindfulness Group

International Student Wellbeing Drop-In Group

Psychometric Testing

Building Self-Compassion Group

Social Anxiety Group

Compassionate Mind Training



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Services available via Zoom or face-to-face in Sydney, Melbourne, Brisbane, Perth and Adelaide.